



Parish Messenger

Unitarian Universalist Church of Brunswick

July 2019

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Our Mission is

To be a spiritual community

To welcome all

To nurture one another

To work for justice

And to care for the earth

Unitarian Universalist Church of Brunswick

STAFF

Rev. Sylvia Stocker, Minister

Rev. J. Bradbury Mitchell,
Minister Emeritus

Stephanie Bernier,
Music Coordinator

Heidi Neufeld, Choir Director

Derek Herzer, Choir Accompanist

Shirley Bernier, Office Administrator

Tony Sulkoski, Sexton

Sunday Worship Services at 10:00

July 7 Sing When Your Heart Needs Mending Grace Lewis-McLaren
And whose doesn't? Turn away from those sunset clouds for just a few seconds and the color is gone. Here we are, a community facing losses, changes, some painful shifts. Let's attempt to gather up our frayed edges with songs and stories. Grace Lewis-McLaren provides the music and leadership with her "Songs of Grace".

July 14 Why Go to the Doctor When You're Not Sick? Anita Ruff
Otherwise Known as Who Needs Teeth Anyway? Anita Ruff will talk about growing up in Appalachia where few people, including her family, had access to basic health and dental care and how this eventually led her to Brunswick's Oasis Free Clinics, where she is the executive director. Music by Carter Ruff.

July 21 The Power of Silence in a Noisy World Lynn Deeves
Maine musician and meditation practitioner Lynn Deeves will lead the service offering music, meditation, and practical ways to tune into ourselves and create greater calm/quiet in the midst of our sometimes busy and noisy lives.

July 28 Say "Yes" to Life Sue Michaud
Sue shares some of the life lessons she has learned while working with the elderly. She also reflects on the state of eldercare today and provides tips on how we can all be better caretakers. Music by Sue Michaud, Stephanie Bernier and Louise Gephart, accompanied by Nancy Whatley.

FROM THE BOARD CHAIR

Acting Director of RE

Once again, the stars aligned, and we have a new Acting Director of Religious Education. An interesting and exiting opportunity appeared when the current (part-time) Director of Religious Education at First Parish in Portland expressed an interest in also working at UUCB. Sylvia and Christina Sillari, minister at First Parish strongly supported the idea, so we moved ahead with the hiring process.

The interview team was very enthusiastic in recommending that we hire Toben Cooney-Callnan. He has accepted our offer of employment and will join us as of August 1. The two ministers have already started working out a schedule for sharing his time. You'll hear more about Toben and our plans for the year in the September Parish Messenger.

Legacy Giving

At our June meeting, the Board voted to move ahead with establishing a Legacy Giving Program. The Legacy Giving Task Force has done a great deal of excellent work in developing a plan for implementation. As indicated in their statement of purpose: "A Legacy Giving Program offers church members and friends the opportunity to consider a way to protect and fund the church mission beyond their lifetime." The work will continue under the auspices of the Financial Sustainability Committee, and you will be hearing more as the program gets underway.



Black Lives UU

In November of 2017 the UUCB Board voted to support the UUA's The Promise and the Practice of Our Faith for Black Lives UU program at the average of \$10/member, pledged by June 2018 and paid by June 2019. I'm happy to report that the total contributed by individual members of the congregation came very close to that goal (just \$88 short), and funds from the Working for Justice Steering Group budget brought us over the line. We have thus heeded the call to invest collectively and significantly in the leadership and organizing of Black Unitarian Universalists.

Michael Heath Award

Two "Long-Haul People" were honored at our Annual Meeting this year. The Michael Heath Award for Extraordinary Service was presented to Cathey Cyrus and Cindy Parker in recognition of their long and varied contributions to the life of UUCB.

— Glenn Williams



CONGREGATIONAL HEART BEAT

Joys, Sorrows and Concerns

The following joys, sorrows, and concerns were recorded in our congregational notebook, which is available to write in every Sunday before the church service.

Joys:

Vicki Simpson is celebrating the joy she's had working as an occupational therapist for the last 30 years at Woolwich Central School. Hopefully retirement will be as much fun.

Pat Moore is happy that her daughter visited from Australia.

Sorrows and Concerns:

There were no Sorrows or Concerns expressed in the notebook since the last Parish Messenger.

ED. NOTE: While Rev. Stocker is away, the Pastoral Care Associates will continue the practice of sharing Joys and Sorrows of the congregation in this space. If you would like your news reported (and you haven't left a message in the book on Sunday), please contact the church office.

CONGREGATION NOTES



Aprons from tablecloths

If anyone has any table cloths that they would otherwise be getting rid of or donating it's my hope to receive donations as an elderly neighbor and I are joining our talents and making aprons from vintage, repurposed tablecloths. Our Etsy store is called Bath Aprons and More. We will hopefully be in local made in Maine boutiques.

I'm earning to fund training as an End-of-life Doula, and to help support my son and myself until training is completed. End-of-life Doulas (EOLDs) are caregivers who offer non-medical, holistic support and comfort to dying people and their families. Services are varied to meet individual needs and requirements, and may include education and guidance, as well as emotional, spiritual or practical care. I'm training in July (Boston) and throughout the fall (volunteer hospice).

For questions, inquiries, and donation pick up email or call; JeriKemple@gmail.com or 515-865-0091. Thank in advance for any help with apron donations.

Kindly, Jeri Kemple

This is a reminder NOT to wear fragrances to church. Many people have trouble breathing when in the presence of fragrances.



– Sylvia

MEMBERSHIP

New Members

Four new members were welcomed to UUCB in June. Please join the Membership Committee in welcoming them!



Steve Bowman is a retired Navy Air crewman and GE Engineer who lives in Brunswick



Aileen Tomkin lives in Bowdoinham. She is a bird lover and has two cockatiels



The Fente family: **Ellen** is a realtor. **Robert** is a catering manager at Bowdoin. They live in Brunswick with Olivia and Rafael.

Upcoming Circle Suppers

REMINDER: The next Circle Suppers will take place on Saturday, July 13. These suppers provide a great opportunity for both long-time and new members to get better acquainted in a comfortable small group setting. Suppers are informal, "pot-luck" style with the host providing the main course and others bringing appetizers, sides and desserts. Beverages may be provided by both the hosts and guests. We are hoping that there will be interest in hosting a supper that includes families with children. Family friendly suppers are a wonderful way for all ages to become better acquainted.

We'll be looking for both hosts and participants. Sign-up sheets will be available in Fellowship Hall. The contact person for questions is: Leigh Peranteau, 207-725-4874 or leigh763@yahoo.com.

New Church Directory

The new Church Directory will go to print in late July or early August. If anyone would still like to submit a photo, take a horizontal photo with a plain neutral background and email it to Betsy Roper, betsgar@aol.com.



HOW TO REACH US

The Unitarian Universalist Church of Brunswick

PO Box 129, Brunswick ME 04011

(207) 729-8515 UUBruns@gwi.net

Summer Office Hours at 1 Middle Street are
Tues. through Thursday from 10-4

Shirley Bernier, Office Administrator

Rev. Sylvia Stocker, Minister — will be away until August 12.
The Board can reach her if there is an emergency, contact the office. For routine church business, please call Shirley at the church.

CONCERTS FOR A CAUSE



Concerts for a Cause held their last concert of the 2018-2019 fiscal year on Saturday, June 15th. Cindy Kallet and Grey Larsen shared their beautiful music with a good crowd of loyal followers. Thanks to all who attended, provided food, or helped with the concert. It's been a great year! Without your time and efforts, it wouldn't be possible. For the entire season, we earned approximately \$1,750 for each of our charities and another \$1,750 for UUCB. We sold 876 tickets, introducing many new people to our beautiful and active church.

CONCERTS FOR A CAUSE 2019-2020

This coming year's charities: Tedford Housing and Oasis Free Clinics



GARNET ROGERS

September 14, 2019

With his smooth, dark baritone, Canadian Singer-songwriter Garnet Rogers sings extraordinary songs about ordinary people and of the small victories of the everyday. As memorable as his songs, his over-the-top humor moves his audience from tears to laughter and back again.

SLAID CLEAVES

October 5, 2019

Maine-raised, Texas-based singer-songwriter and guitarist Slaid Cleaves combines his passion for folk songs, blues, and traditional country music. He has achieved national success with his 14 albums and full touring schedule.



SUEDE

October 26, 2019

Pop/Jazz/Blues phenom Suede hails from New York and plays piano, guitar and trumpet. Voice is her first instrument, and entertaining is clearly her first love... a cross between Adele, Diana Krall and Bette Midler.



TRICKY BRITCHES

January 11, 2020

This popular high-energy string band hailing from Portland, plays a fusion of original material, classic bluegrass, country, and folk rock. A bluegrass festival favorite!



HEATHER MASSE & JED WILSON

March 14, 2020

Maine native Heather Masse is well-known as a regular on Public Radio's "A Prairie Home Companion," both as a solo performer and as a member of the Billboard-charting folk trio, The Waylin' Jennys. Heather's background is steeped in the jazz tradition, which informs her distinct approach to singing folk, pop and bluegrass.



DIRTY CELLO

April 4, 2020

Dirty Cello comes all the way from San Francisco to introduce you to cello like you've never heard before. Rebecca Roudman, a genre-bending player who doubles as a cellist in the Santa Rosa Symphony, plays a high energy and unique spin on blues and bluegrass, with a rock 'n roll sensibility.



DON CAMPBELL BAND

May 9, 2020

Maine Native Don Campbell is a singer-songwriter and multi-instrumentalist who does solo performances as well as with his adult contemporary/country and American rock band.

They play a mix of Don's original

songs, as well as family-friendly cover songs, specializing in Dan Fogelberg.



DAVID WILCOX

June 6, 2020

Cleveland-born David Wilcox is a singer-songwriter with insightful lyrics, a smooth baritone voice, virtuosic guitar chops, and creative open tunings, giving him a range and tenderness rare in folk music. Wilcox has recorded 20 albums and has a wildly loyal fan following.



WORKING FOR JUSTICE



Pride Parade

Jim Michaud (center - holding UUCB banner) at the Pride Parade in Portland June 15. With other UUs gathered together through MUUSAN.

Wear Orange

Members of UUCB in attendance at annual Wear Orange event on June 8th in Brunswick. Supporting education and action for gun violence awareness.



CHARITY WITH SOUL

July Charity with Soul

The Gathering Place

The Gathering Place is the only drop-in day center that welcomes the homeless, isolated and deeply poor of the greater Brunswick area. Here we provide many of the basic life necessities that many of us take for granted when we have a home of our own: access to bathrooms, toiletries and clean clothing; phone and mail service; assistance obtaining photo identification; and referral to needed community resources such as mental health services, substance abuse treatment, and transitional or permanent supportive housing if requested. Every day at the Gathering Place we provide hot drinks, snacks, games, puzzles, computer terminals for job and apartment searches, and weekly enrichment programs.

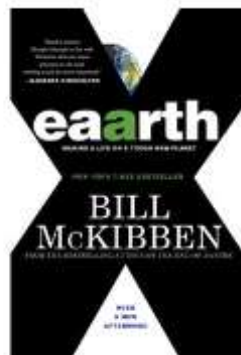
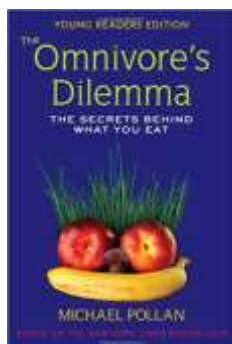
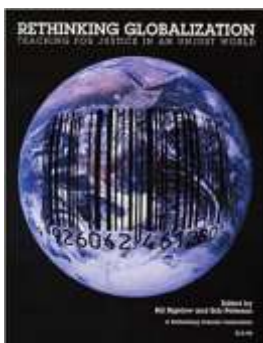
We opened our new facility in September of 2016 and have seen a 40% increase in our daily attendance. 85-100 men, women and children who visit us each day now have a warm and inviting place where they are greeted with a hot cup of coffee and a welcoming smile. We have 65 active volunteers; six volunteers and two supervisors on duty each day collectively working over 100 hours per week. We are open Monday-Saturday. Because The Gathering Place is a low-demand drop-in center, we succeed in drawing in all who need support and companionship. Building trust with our guests through small but positive interactions results in their willingness to accept social connections as well as access additional needed services toward helping regain stability.

The Gathering Place works every day to support its mission of providing hospitality, support and respect to all who pass

"Our mission is to provide a safe, welcoming and comfortable space for people to gather in downtown Brunswick, offering our guests respect, encouragement, companionship and hope."

through our doors. We are an example of what happens when a community opens its heart to offer its most vulnerable neighbors the idea of home. If someone is alone, volunteers sit with them and after initiating a conversation, they listen intently. We don't give advice or try to fix our guests. Nor do we judge them. Just by listening to their story we acknowledge them as an equal. Where love exists, it is a reflection of the divine and this is evident at The Gathering Place. The guidance and love reflected in the simple acts of kindness exchanged between our volunteers and guests has created a real community.

The Gathering Place is open Mon-Fri. 8:30am-3:00pm and 8:30am-11:30am on Saturday. We are located at 5 Tenney Way (off Union Street). Want to help? Come volunteer! Come by or give us a call and find out more at 729-0288 or visit our website at brunswickgatheringplace.org.



UUCB Library Update

Thanks to a donation the UUCB Library has added 20 additional books to the shelves. All are on the Environment and titles include: *The Omnivore's Dilemma* by Michael Pollan, *Eaarth: Making a Life on a Tough, New Planet* by Bill McKibben, *Animal, Vegetable, Miracle* by Barbara Kingsolver, and *Rethinking Globalization: Teaching for Justice in an Unjust World* - edited by Bill Bigelow and Bob Peterson

All books are available for borrowing, just sign them out!

UUCB—JULY 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Office Closed	2 Office Closed 4 Membership 7 Worship Com	3 Office Closed	4 Independence Day Office Closed	5 Office Closed Tedford Shelter Meal	6 9:30 AA
7 10 Church Service 11:30 Newcomers Chat	8 Office Closed	9 10:30 Church Angels 3 Finance Com 7 Pastoral Care 7 RE Com	10	11	12 Office Closed	13 9:30 AA Circle Suppers
14 10 Church Service	15 Office Closed	16 6:30 Board of Trustees	17	18	19 Office Closed	20 9:30 AA
21 10 Church Service	22 Office Closed	23	24	25 9 Gallery Com 10:30 Building & Grounds 5 Midcoast Indige- nous Awareness Group 5:15 Maine All- Care	26 Office Closed 5 Parish Messen- ger Deadline	27 9:30 AA 1 Memorial Service: Nancy Juhlin
28 10 Church Service	29 Office Closed	30 9 New Mainer Steering Group	31 12 Men's Lunch- eon, location TBA		Office Closed	9:30 AA 12 Memorial Service: Ruby Wilde

DEADLINE

FOR THE MAY PARISH MESSENGER - July 26

If you want an announcement or article to appear in the monthly Parish Messenger send it to mheath@gwi.net on or before Friday, July 26. The July Issue will be distributed on July 30.

SUMMER OFFICE HOURS

Tuesday — Thursday 10:00 — 4:00
Closed Friday-Monday

Shirley is on vacation June 28-July 8