

# Parish Messenger

Unitarian Universalist Church of Brunswick



## March, 2018

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*Our Mission is  
To be a spiritual community  
To welcome all  
To nurture one another  
To work for justice  
And to care for the earth.*

### The Unitarian Universalist Church of Brunswick

Rev. Sylvia Stocker, Minister  
Rev. J. Bradbury Mitchell,  
Minister Emeritus  
Nicole Boutilier,  
Director of Religious Education  
Stephanie Bernier, Music Coordinator  
Heidi Neufeld, Choir Director  
Derek Herzer, Choir Accompanist  
Shirley Bernier, Office Administrator  
Tony Sulkoski, Sexton  
Claire Curole, Ministerial Intern  
Dan Ellis, Webmaster



### SUNDAY SERVICES AT 10AM

#### Mar 04 "Peace Be With You"

Rev. Sylvia Stocker

In March, our children begin to study our sixth principle, which is about building a fair and peaceful world. At this service, Rev. Stocker takes up the challenge of imagining such a world and some of the ways we might go about creating it. Guest at Your Table contributions will be collected. Music by Derek Herzer. *Stay after church to hear a noon concert by Derek.*

#### Mar 11 "The Impossible May Take a Bit Longer"

Claire Curole

There is an old saying that the difference between what is difficult and what is impossible is that doing the impossible takes a little while longer. Join us for this service about hope in the long haul. Music by the choir, directed by Heidi Neufeld and accompanied by Derek Herzer

#### Mar 18 "Life on the Fulcrum"

Intergenerational Equinox Celebration. The Equinox is all about balance, a spiritual pursuit if ever there was one. But who has a balanced life these days? How do you create one? Why does it matter? Nicole Boutilier, Claire Curole, and Rev. Stocker team up to guide all our ages and stages in reflecting on this conundrum. Our intergenerational services are lots of fun and meaningful for all ages. Pile the family into the car and come on down! Music TBA.

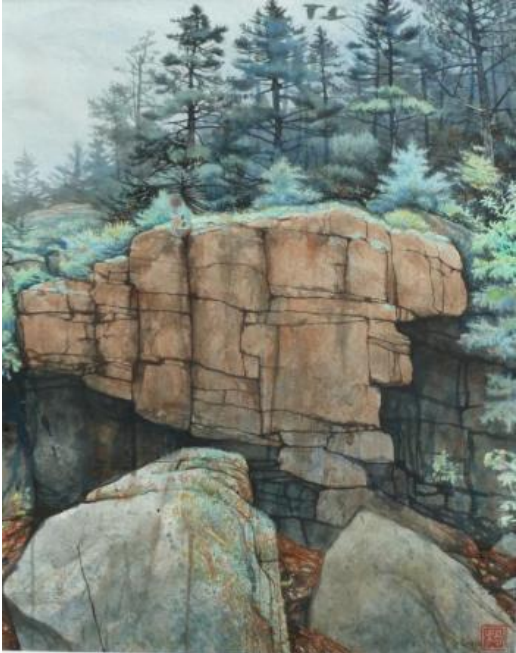
#### Mar 25 "A Shared Wilderness - of Politics and Spirit"

Guest minister Rev. Hnottavange-Telleen, worship leader (See Bio on pg 15). Music by Derek Herzer.

#### Mar 29 at 6:30pm Maundy Thursday Communion Service

Commemorating the Last Supper, the term "Maundy" comes from the Latin word "mandatum," which means "commandment." Biblical stories tell how Jesus gave the Great (or Summary) Commandments to his disciples at the Last Supper: (Love God with all your heart, soul, and mind... And love your neighbor as yourself. Matt 22:37-38.) Tonight our ministers join together to bring you this annual mystical celebration of community and connection, with particular emphasis on loving and serving. Come if you are a UU Christian, come if you're just curious, come to join and celebrate in connection and relationship. Consider it an act of resistance against a polarized and isolating world!

## NEWS FROM THE UUCB GALLERY



Watercolor artist **Jon Luoma** of Alna is currently exhibiting "Landscapes from Maine, Newfoundland and the Galapagos," from Feb. 16 to March 13. The paintings use traditional watercolor techniques, but also reflect influences from Chinese ink painting. Luoma finds that the natural world, wild lands, and their plant and animal inhabitants provide continuous and inexhaustible inspiration in all four seasons.

### HOW TO REACH US

**The Unitarian Universalist Church of Brunswick**  
**PO Box 129, Brunswick ME 04011**

**Office Hours** at 1 Middle Street are  
Tues through Friday from 10-4  
 The office administrator is Shirley Bernier.

**The Minister**, Rev. Sylvia Stocker works from home and her church office. Her regular office hours are on Tuesdays and Thursdays from 1-4 pm. She is also available by appointment. To guarantee an appointment, it's always best to call and schedule a meeting.

In an emergency, do not hesitate to call her anywhere or any time. (Consult the church directory for her home number.) For routine church business, please call her at the church.

**The Director of Religious Education**, Nicole Boutilier, is available by appointment. You can call her at the church office or email her at [uubrunswickdre@gmail.com](mailto:uubrunswickdre@gmail.com).

Monday is the Sabbath for church staff.

**Telephone/Fax: 207 729-8515**  
**E-mail: [uubruns@gwi](mailto:uubruns@gwi)**

### 7 Principles of Unitarian Universalism

#### Affirm & Promote:

The inherent worth and dignity of every person;

Justice, equity and compassion in human relations;

Acceptance of one another and encouragement to spiritual growth in our congregations;

A free and responsible search for truth and meaning;

The right of conscience and the use of the democratic process within our congregations and in society at large;

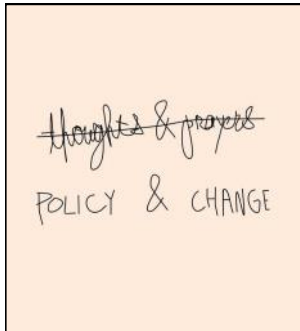
The goal of world community with peace, liberty, and justice for all;

Respect for the interdependent web of all existence of which we are a part.

## MINISTER'S MUSINGS

Dear beloved congregation,

Today, February 17, I am at the tail end of my vacation. I hadn't planned to write a column for this month's newsletter. But, like you, I am reeling (again!) from the horrific and tragic school shooting in Florida on February 14. (Ironically, many of our Sunday morning helpers had participated in a safety training at the Brunswick Police Department *that very morning.*)



As I said at our annual remembrance of the Newtown massacre in December, I don't have words anymore. There are no words to communicate adequately my dismay, anger, and disgust. Now our young people in Florida and all across the nation rightfully ask what their elders are doing to

prevent future occurrences. Rightfully they demand our attention and action. No more "prayers" from Washington, but change. Real change. One definition of insanity is to keep "fixing" a problem with the exact same "solutions" that haven't worked so far and are destined never to work.

We must change.

I don't have the answers any more than the next person does. But I do believe most American voters support gun safety. Even though the NRA has fist-fulls and more of money to throw at candidates and campaign ads, ultimately we have the votes. Let's take back our power and put it to good use!



In hope and love, *Sylvia*

## 2018-19 PLEDGE DRIVE

### "LET'S JUST DO IT"

"Let's Just Do It" launches in March and will end in celebration of UUCB on **SUPER SUNDAY!**



In early March, you will each receive a letter outlining our financial needs for 2018-2019 and providing different ways to pledge for next year. PLEASE DON'T THROW IT AWAY, as to save on costs, it is the only mailing you will receive. We would love it if you submitted your pledge information earlier than SUPER SUNDAY, but on that day, we will be asking that each member to make a pledge. We are all counting on you to give what you are able to give, in both money and time to our church.

We have listened to the congregation, and to the grumblings year after year when we announce our annual pledge drive. Members don't seem to want or even read long articles about finances at UUCB; they don't really want to attend special events about pledging; no one volunteered to work on the pledge drive after multiple pleas; people don't want to have long talks about why they should support our wonderful church; and only a few people are happy with a home visit to secure a pledge. You all know that costs to keep UUCB going increase each year, so we hope our pledges do too. Each year, for planning, a bare-bones budget is prepared, and we ask everyone to support it. So, modeling after MPBN's single day campaign, the board is changing things up this year for **a one day drive – SUPER SUNDAY – on April 15!**

Of course, any church member may ask any board member for a detailed projected budget, and we are happy to discuss any of this with you. The final budget will be voted on in our June Annual Meeting. We just don't want to bombard our membership with details that are not wanted. The largest part of our budget is used for supporting our wonderful staff, and keeping our beautiful building running well. The major income to support this budget is through congregational pledges which we rely on to help us meet our financial obligations to staff, programming, and outreach, all to nurture our inclusive church community.

"Let's Just Do It!"

*Mary Larson* for the Board of Trustees



## RELIGIOUS EDUCATION

### UU PRINCIPLE #6 AND JOHN HAYNES HOLMES

During the month of March, the Religious Education program will be exploring our 6<sup>th</sup> Unitarian Universalist Principle: **“The goal of world community with peace, liberty, and justice for all.”** In simpler language this might read as “Build a fair and peaceful world.” Sometimes when I see this principle I think it’s an impossible goal. I peruse the news online and see all that is happening in the world- war, genocide, school shootings, political divisiveness, the impacts of climate change, etc.- and I begin to wonder if it is even worth bothering to try to reach this ideal. But then I stop and think what the world would look like if no one was trying, if no one was working to bring injustices to light, to promote peace, to bridge divides. Oftentimes this type of news doesn’t get the same coverage for a variety of reasons, so you may have to look harder to find it. But when I take the time to look into the positive happenings in our community or in the world, I am inspired to join in on the seemingly impossible task of making this world more peaceful and just.



One person who lived a life centered around working toward the ideal of the 6<sup>th</sup> Principle (though it was long before the creation and adoption of the UU 7 Principles), is our UU of the month for March- John Haynes Holmes. Holmes was a Unitarian minister and social activist. He advocated the work of Gandhi and introduced Unitarians to

ideas from other religions. Holmes was a pacifist and believed that war was unjustifiable in any circumstance. He was part of a group of people who founded the NAACP and part of another group who founded the Unitarian Fellowship for Social Justice. Holmes was a controversial figure in that he was opposed to World War II and he eventually withdrew from Unitarian

ministry at least in part due to the divisiveness this caused within the Unitarian denomination. I thought this last bit of information was interesting and it got me thinking about my stance on war. I’m wondering what your stance on war is. With family and friends, or even just on your own, consider your views on war and peace. What do you think- Is there ever a justifiable reason for war? Why or why not? If not, what might be some possible alternatives to war? If you think there are, what would those reasons be? What small actions could you take this month to make the world a more peaceful place?

### SABBATICAL NOTES

I did many things on Sabbatical, but one area of focus that I’d like to share with you this month was that I decided to spend some time in consideration of race. When our church held meetings and decided to hang a “Black Lives Matter” banner last spring it prompted me to start thinking more about race and the experience of African Americans. My primary intention was just to start to gain an awareness what race means and how it impacts everyday life for African Americans. I grew up in a community that was not racially diverse and as an adult live in the same type of community. Although Portland and other areas of Maine are now becoming more racially diverse, I still mostly spend my time in places where everyone else looks like me. I haven’t often enough thought about race and what it might mean to live in this world with a different color skin. I read a few books during my time away that I definitely recommend: *Small Great Things* by Jodi Piccolt, *Between the World and Me* and *We Were Eight Years in Power* by Ta-Nehisi Coates, and *The Immortal Life of Henrietta Lacks* by Rebecca Skloot. I also took a public health class at USM during my sabbatical and one area that came up repeatedly throughout the class was the impact of race on health. I learned that African Americans have poorer health outcomes all around than white Americans, even when adjusted for income (people of low socioeconomic status have poorer health outcomes as well). According to *When the Bough Breaks* (from the *Unnatural Causes* PBS series that examines the impact of place, socioeconomic status, race, and other factors on public health; <https://www.unnaturalcauses.org>), the infant death rate is twice as high for African Americans even when adjusted for status and wealth. The video showed evidence that the cultural impact of racism in our society causes enough ongoing stress that it has significant health impacts.

#### Important RE Announcements & Dates

- Mar 04:** RE Classes, Youth Group, Coming of Age
- Mar 11:** RE Classes, Youth Group
- Mar 18:** Intergenerational Equinox Celebration
- Mar 25:** RE Classes, Coming of Age

# RELIGIOUS EDUCATION

## SABBATICAL NOTES (CONTINUED)

I came away from my readings and what I learned in my class with the disturbing thought that the reality is, skin color does matter. It's only because of the privilege that my own skin color has given me that I don't have to spend a lot of time considering race. The truth is that I don't think about race frequently because I don't have to bear the burden of worrying about what my skin color might mean for things such as being approved for a loan, welcomed in a neighborhood with good public schools, followed around a store, pulled over by police, or the cultural impact of racism on my health, just to name a few examples. So I am left with the question- What do I do with this information? This will be a question that I continue to explore and hopefully begin to find answers



Nicole on sabbatical: Finish Line of the Kismet Cliff Foundation "Beast of the East" trail race, White Mountain National Forest/Echo Lake State Park, NH

to. I think it's a question that we are all being asked as our church explores this topic through our "Black Lives Matter" initiative.

*nicole*

## SPRING FLOWERS FOR EASTER



Help us festoon the chancel with lovely spring flowers on Easter Sunday, and have a lovely plant to take with you after the service. Complete the order form and leave in the basket provided after the service, or contact the church office to make your order from the choices below. Orders and money must be received by **March 14**.

Name \_\_\_\_\_

	Price/ each plant	Indicate number of each choice			Total
Tulips	\$8.99	_____ Red	_____ Yellow	_____ Purple	\$
Daffodils	\$9.99	_____ Yellow	_____ White with Orange Center		\$
Tete' a Tete' (miniature daffodil)	\$7.99				\$
<b>Grand Total</b>					\$

Flowers in honor/memory of: \_\_\_\_\_

\_\_\_\_\_ Please donate my flowers to a facility or individual

## WORKING FOR JUSTICE

### MARCH CHARITY WITH SOUL OASIS FREE CLINICS

Oasis is the only medical and dental clinic whose sole purpose is to provide free care to uninsured adults in greater-Brunswick. Services are provided by our network of 95 volunteer medical, dental, and mental health providers, as well as administrative volunteers. This includes eight medical providers, six nurses, 21 dentists, seven hygienists and assistants, four mental health providers, and 34 administrative and Board volunteers. Bowdoin College students regularly volunteer to provide administrative support, including extracting data from medical records, data entry, and social media support.

**The Oasis Medical Clinic:** The Medical Clinic treats a wide range of medical issues - from Hepatitis C to diabetes to orthopedic issues. We offer comprehensive primary care services to In 2017, the Oasis Health Clinic served 357 patients who came to Oasis for 1,410 visits. In 2017, our volunteers donated 2,442 hours of free care.

**The Oasis Dental Clinic:** In 2016, Oasis co-located the dental clinic with the medical clinic, offering access to high quality medical and dental care in one location. With this co-location, we have increased access to dental services from three evening hours every other week to twelve daytime hours each week in addition to the three evening hours every other week.

Dental hygiene clinics, specifically for preventative care, are provided three times per month. In just one year since the expansion, Oasis has increased the amount of free dental care provided five-fold. In 2017 FY17, The Dental Clinic served 182 patients for 719 visits, providing \$315,307 in free dental services. We increased the number of clinics from 25 clinics in the year prior to opening our new dental clinic to having 102. Dental volunteers donated 692 hours of service to our patients. Currently, access to dental services is limited to Oasis medical patients, but we hope to open to non-Oasis medical patients in the future to meet the overwhelming need.

**Community Prescription Assistance Program (CPAP):** Since 2006, Oasis has provided assistance to uninsured and underinsured members of our community in obtaining free medications through pharmaceutical patient assistance programs. You do not have to be an Oasis patient to use this service. In 2017, we helped over 320 people obtain 747 prescriptions. These prescriptions were valued at \$918,572.



## MULTICULTURAL POT LUCK

### A CELEBRATION WITH LOCALLY SETTLED NEW MAINERS



**Sunday, April 8, 4-6:30 pm**  
Bath Senior Center, 45 Floral Street, Bath

Midcoast New Mainers Support Group (MNMSG) is organizing an early evening pot luck of wonderful food and conversation. This event will be an opportunity for UUCB (and other congregations supporting MNMSG) to meet the families from Burkina-Faso recently arrived in Bath as well as other new Mainers now living in Topsham and Brunswick and known to MNMSG. Think

about which favorite family food you might bring to share from your own (edible!) culture, and watch for further information to be posted soon. The event planning committee is still working on details. Speak with Cathey Cyrus if you would like to help in some way.



## WORKING FOR JUSTICE

### GUEST AT YOUR TABLE

FEBRUARY 11 TO MARCH 4



**REMINDER!** *Guest at Your Table contributions will be collected on March 4.*

Every year our church joins other UU churches in Maine and around the country to raise money in a Guest At Your Table (GAYT) fund drive to support the work of the Unitarian Universalist Service Committee (UUSC). On February 11, the Sunday service called attention to the work of the UUSC; information and *Stories of Hope* booklets have been available (and still are) at the Interests and Concerns table across from the kitchen. We have been asked to read and discuss these stories as well as other stories we know about people whose efforts, no matter how small, have effected meaningful change in their communities. At each meal we have been encouraged to put our contributions to UUSC into a designated jar or other container. **Just before March 4 we will count the money we have collected and write a check to UUSC with GAYT in the memo line. The checks will be collected on Sunday, March 4 during the church service.** (If you cannot be there on the 4<sup>th</sup>, you can bring or mail your contribution to the church office to be turned in as part of the UUCB GAYT contribution to UUSC.)

**In case you have forgotten...**

UUSC is a 501©3 nonprofit associate member organization of the Unitarian Universalist Association that advances human rights by supporting more than 75 grassroots organizations in over 25 countries around the world including the United States. Grounded in UU values, UUSC works to advance human rights in three intersecting areas: Rights at Risk, Environmental Justice and Climate Action and Economic Justice. (For more information about UUSC, go to: <http://www.uusc.org>.)

**...and**

**GAYT** is an annual, denomination-wide fundraising and education program that supports the human rights work of the UUSC. Using the metaphor of the guest, we are encouraged to “invite” the people and programs that are making a difference into our homes, to our tables and into our conversations. These people and their work become our “guests” as we share their stories and offer them support through the UUSC.

*A contribution of \$40 or more earns you UUSC membership benefits; a contribution of \$125 or more will be matched by the UU Congregation at Shelter Rock in Manhasset NY.*

### SAVE THE DATE!

A Weekend Workshop in Nonviolent Communication hosted by UUCB's Working for Justice Steering Group.

### COMMUNICATION WHERE EVERYONE MATTERS

With Leah Boyd, certified NVC trainer

**Friday, May 4, 6:30-8:30pm and  
Saturday, May 5, 9am – 4pm  
here at UUCB**

*Many of us struggle with how to listen to and talk with people with whom we disagree – perhaps now more than ever. Leah brings us her skills in nonviolent communication to help us change the dynamics within our families, with our neighbors, with everyone.*


Information on registration and more details about the workshop will be available soon, but put the date in your calendar now!



## BLACK LIVES MATTER: CHALLENGING OUR WHITE SUPREMACY

### THE PROMISE AND THE PRACTICE OF OUR FAITH FOR BLACK LIVES OF UNITARIAN UNIVERSALISM

Our campaign to join with other Unitarian Universalists who are raising funds to support ministry to black-identified Unitarian Universalists was kicked off at the church service on January 28<sup>th</sup>. The goal is to collect an average of \$10 per UUCB member (membership is currently at 214), with any amount appreciated. Special envelopes have been created for this purpose and are available in the church office:



Enclosed is my contribution in support of "THE PROMISE AND THE PRACTICE OF OUR FAITH," a Unitarian Universalist Association of Congregations (UUA) campaign to fund the Board of Trustees' October 2016 financial commitment to Black Lives of Unitarian Universalism (BLUU).

Name (optional): \_\_\_\_\_ Amount: \_\_\_\_\_

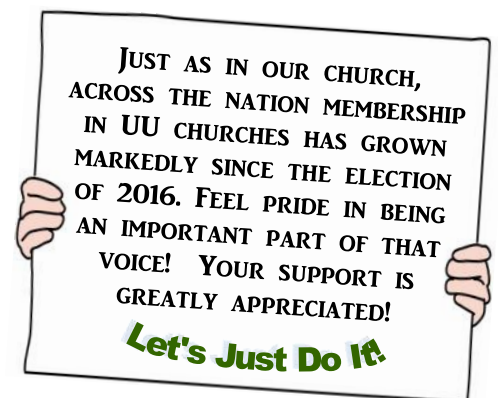
Cash

Check payable to UUCB, with BLUU in the memo line.

If you have not already done so, please join in contributing. The Office Administrator has a special account for this purpose and can collect either cash or checks (as indicated above).

### COMMUNITY SHARE

Each week in the Order of Service we are printing brief reflections written by members of the congregation describing their experience in exploring issues of racial injustice. If you would like to share, send your comments to Betsy Williams ([bwilliams120@gmail.com](mailto:bwilliams120@gmail.com)).



### SAVE THE DATES

**I'm a Good Person! Isn't That Enough?**  
**Monday, May 14<sup>th</sup> from 7:00 to 9:00 pm**

We are excited to announce that **Debby Irving**, author of *Waking Up White*, will be coming to UUCB for a presentation and discussion entitled *I'm a Good Person! Isn't That Enough?* Using historical and media images, Debby examines how she used her white-skewed belief system to interpret the world around her. Socialized on a narrow worldview, Debby explores how she spent decades silently reaffirming harmful, archaic racial patterns instead of questioning the racial disparities and tensions she could see and feel.

This workshop is designed to support white people in making the paradigm shift from "fixing" and "helping" those believed to be inferior, to focusing on internalized white superiority and its role in perpetuating racism at the individual, interpersonal, institutional, and cultural levels.

### **Intergroup Dialogue at Bowdoin** **Friday, March 23<sup>rd</sup> at 4:00 pm**

The Center for Multicultural Life at Bowdoin College invites UUCB members to participate in an Intergroup Dialogue, a facilitated conversation about race. Each group of 12-15 participants will be led by two facilitators, one who is a person of color and one who is white. Facilitators will guide participants through activities designed to help us discuss our own experiences with race. More information to come.



## WORKING FOR JUSTICE

### MUUSAN (Maine Unitarian Universalist State Advocacy Network)



Notes from the January meeting of MUUSAN on January 27th:

- Voters have approved Medicaid Expansion (Question 2) and now the advocacy work begins to see that our legislators fund the work that the people have asked them to do. MUUSAN heard from staffers at Maine Equal Justice Partners about the timeline for implementing the Medicaid expansion over the rest of this legislative session.
- An upcoming opportunity for training and networking:

**MAINE INTERFAITH ADVOCACY DAYS**  
**March 19-20, 2018 (all-day workshops)**  
**South Parish UCC, Augusta, and the State House**

Mark your calendars for this wonderful two-day interactive training event designed to bring people of all faiths together in our state capital to worship, learn, and advocate effectively with Maine's legislators on five social issues of urgent importance. Choose two workshops from: Expanding Access to Healthcare, Childhood Poverty, The Opioid Crisis, Race and Immigration, and Caring for the Environment, led by policy experts and theologians in those fields.

Day 1: Worship. Keynote by powerful social justice advocate Rev. Jim Gertmenian. Panel Discussion: "Mobilizing Faith Voices and Faith Votes." Two workshops of your choice.

Day 2: At the State House in Augusta, we will speak directly with legislators about pending legislation. Grounded in our shared traditions of justice, peace and the integrity of creation, we will strengthen our voices of faith and mobilize for action.

Only \$20 for two days of training including lunches! Scholarships available.

Registration link: [https://episcopalmaine.formstack.com/forms/maine\\_interfaith\\_advocay\\_days\\_2018](https://episcopalmaine.formstack.com/forms/maine_interfaith_advocay_days_2018)

If you attended this training last year, you will find plenty of new material and new help this year, so please return!

Sponsored by the Maine Council of Churches, Preble St., Maine Episcopal Network for Justice, and MUUSAN (Maine Unitarian Universalist State Advocacy Network).

- Ongoing opportunities for legislative advocacy (and other actions) are shared on MUUSAN's mailing list. Please contact [admin@muusan.org](mailto:admin@muusan.org) to be on that list, or visit their website <https://www.muusan.org> or their facebook page for additional information.
- MUUSAN's currently active issue groups are Democracy in Action, Health Care for All, Climate Change, and Racial Justice. MUUSAN would love to have more participation from UUCB and I encourage anyone interested to sign up for the mailing list and consider attending a meeting or two, to make connections with the wider Maine UU community and engage in meaningful justice work.

If you have never attended a MUUSAN meeting you might consider doing so. The meetings are full of energy and people attending from other UU churches in Maine are friendly and happy to have new faces with possible interest in the work of the several interest groups or the current focus of the whole group.

*Sue Kennedy*

- The next meeting is **Saturday March 10th (10am-12pm)** at UUCB, 69 Winthrop Street, Augusta.

-- *Claire Curole*, Student Minister

## MEMBERSHIP

### MEET SOME OF OUR NEWEST MEMBERS:

#### JUDY AND MARK SMITH

Judy and Mark retired to Maine in 2003 and moved to Brunswick in 2013. They became UUs in 1963 and have belonged to UU churches in 6 states as they moved around a lot during their working years. Mark was an educator, teacher, school superintendent. Judy was an elementary teacher, stay at home Mom and then had a long career as a Social Worker, mostly in a hospital and in Hospice.

Judy and Mark like to travel abroad and love the wonderful Maine towns and mountains of NH. Here they are involved in MidCoast Senior College as students and Mark as President for 4 years. Judy does literacy work with young children and has volunteered at Hunger Project. They both continue to work for justice and equality.

#### LILY AND HARLEY LAING



Lily and Harley moved to 2 Brickyard Court, Brunswick in May of 2016. The Laings moved to Maine from Beaufort, South Carolina, where they attended the Unitarian Universalist churches in Beaufort and in Savannah Georgia. Harley previously attended the U.U. church in Milton Massachusetts for many years. They are both retired lawyers. Lily did a variety of private sector law and Harley worked in law enforcement and in other areas at the Environmental Protection Agency. After retiring from the law, Lily worked as a computer systems engineer. Lily is a tennis player while Harley likes to sail and has recently started woodworking as a winter activity.

#### SHANNON GILMORE



In 2010 Sharon and her husband Nathan Alsobrook moved back to the town where they had lived as Bowdoin students. Sharon previously attended United Methodist churches.

Mostly, she is a mom of three lovely children: Fin (10) Charlotte (7) and Annelise (4) pictured here. She also enjoys biking, dance, running, and cross-country skiing. She's interested in using creative arts, communication, local history, and problem solving to foster community. She serves as a trustee on the board of the Pejepscot Historical Society, chairs the

Learning Land Nursery School Board, and works at Apogee Adventures. Above all, she never takes herself too seriously.



## MEMBERSHIP

### UPCOMING EVENTS

#### CIRCLE SUPPERS SATURDAY, MARCH 17

The next round of Circle Suppers will be held on Saturday night, **March 17<sup>th</sup>**. These small group dinners in the home of UUCB members and friends is a great opportunity for people to get to know each other through longer and deeper conversation than coffee hour allows. We especially encourage newcomers to attend a supper. Look for the Circle Supper sign up table after church.

*Calling all families!* We would love to have a family supper offering this spring. We have a couple new families who might greatly appreciate a chance to get together with some “old timers” for a casual family-style supper.

If you would like to host or attend a supper on March 17<sup>th</sup>, please email or call Leigh Peranteau at 207-725-4874 or [leigh763@yahoo.com](mailto:leigh763@yahoo.com)



#### YOU AND UU CLASS SATURDAY, APRIL 14

Our next You and UU class will be held April 14<sup>th</sup> from 9:00 am to 12:00pm. This Saturday class, led by Membership Committee members and Rev. Stocker is designed to introduce newcomers to Unitarian Universalism and UUCB. It is strongly recommended for anyone considering official membership. If interested in attending, or learning more about this class, please call the church office at 729-8515, or stop by the Visitor's Table on Sunday.

## FOOD AND FELLOWSHIP IN MARCH

#### PLANT-POWERED POTLUCK GROUP Sunday, March 18



You don't need to be vegan to join us for the Plant-Powered Potluck on Sunday, March 18, at 12 noon in the Fellowship Hall. Come and enjoy a delicious plant-based meal, the camaraderie of friends, and to explore a plant-based diet as a pathway to better health for our bodies and our planet. Everyone is welcome, whether you are an omnivore or vegetarian. The only requirement is to bring a whole-food plant-based dish free of meat, fish, dairy and eggs. Sorry, no drop-ins, but if you plan to come, RSVP to coordinator Esther Mechler at [brunswick64@gmail.com](mailto:brunswick64@gmail.com) or 798-7955 by Thursday, March 15. If you are new to plant-based eating and would like to know more about its benefits and suggestions for recipes, go to [www.forksoverknives.com](http://www.forksoverknives.com) or ask the coordinator for ideas.

#### MEN'S LUNCHEON Wed, March 28

These monthly fellowship luncheons, which are held on the last Wednesday of each month with the exception of holidays. All men of the church are welcome. For details, contact Brad Mitchell, [bmitch10@gmail.com](mailto:bmitch10@gmail.com), or Jim Michaud at [michaudjim33@gmail.com](mailto:michaudjim33@gmail.com).


**And don't forget the Circle Suppers on March 17** (see Membership section above)  
**And the Multi-cultural Potluck on April 8** (see Working for Justice: page 6)



## CONCERTS FOR A CAUSE

# Heather Masse and Jed Wilson

Saturday, March 31  
7:30 pm



Heather's background is steeped in the jazz tradition, which informs her distinct approach to singing folk, pop and bluegrass.

Maine native Heather Masse is well-known to audiences as a regular solo guest on the NPR radio show “A Prairie Home Companion” and as a member of the Billboard-charting folk trio, The Waylin’ Jennys. On the show, Heather has collaborated with artists such as Elvis Costello, Wynton Marsalis, Sheryl Crow, Renee Fleming, and Emmylou Harris. She has also performed in many venues and with other popular groups such as the bluegrass band *The Wayfaring Strangers* on NPR’s *World Cafe*, and with the *Boston Pops*.

For this concert, Heather joins forces with jazz pianist Jed Wilson. Heather and Jed met as jazz students at the New England Conservatory of Music and have been performing together for more than 10 years. In 2008, Ms. Masse released *Many Moons*, an EP of jazz-inspired folk duets with Jed. He also played on Heather’s first full-length solo album *Bird Song*. The title track “*Bird Song*” won her 1st prize at the International Acoustic Music Awards, and in 2012 she also won a prestigious Juno Award for “*Bright Morning Stars*,” her latest recording with The Wailin’ Jennys.



## TICKETS

\$15 in advance, \$18 at the door, \$8 Students/Children  
Available after church or in the church office,  
Gulf of Maine Books, or online at  
<http://heather.brownpapertickets.com/>

## CONCERTS FOR A CAUSE

And the very next weekend!

### Bill Staines

Sat, April 7 at 7:30 pm

One of the best-known and beloved singer-songwriters from the American folk music scene.

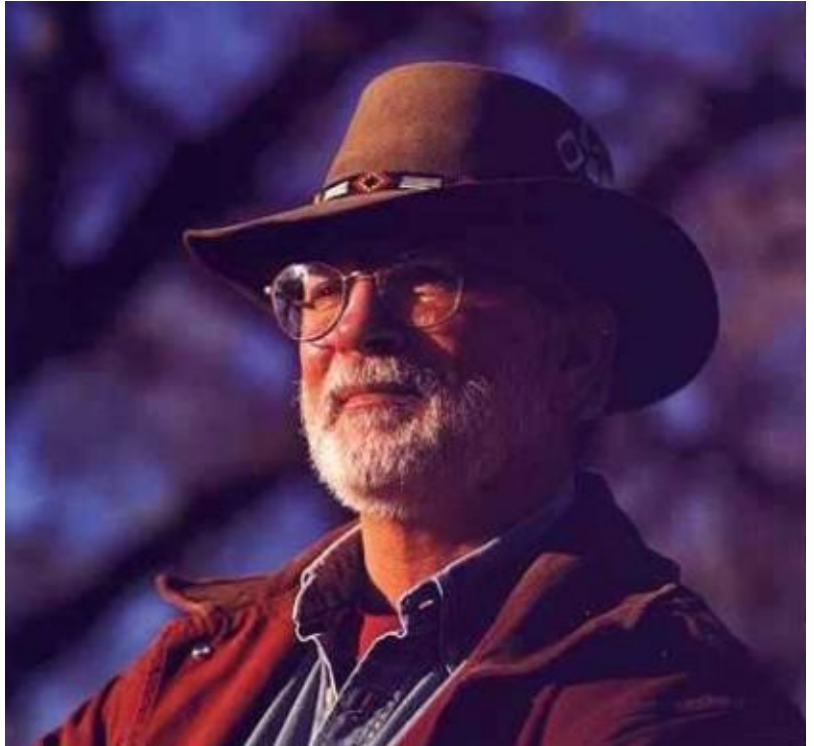
Bill Staines has spent 5 decades on the road singing his songs and entertaining audiences, starting with the Boston folk scene in the early 1960s. With his heartfelt songs, his warm, smooth baritone, his prowess on guitar, his charm and gentle humor, he is one of the most popular singers on the folk music circuit today.

Staines, whose music is described as “a slice of Americana,” has appeared on Public Radio’s Prairie Home Companion and Mountain Stage and puts on nearly 200 shows a year around the country. In what has to be the ultimate tribute for a songwriter, many of his songs have been recorded by everybody from Peter, Paul and Mary and Nanci Griffith to Glenn Yarbrough and the Irish folk duo, Tommy Makem and Liam Clancy.

Staines has recorded 26 solo albums, including two children’s recordings. More than 80 of his tunes have been published in songbooks. Staines has also made his mark yodeling. He won the National Yodeling Championship in Kerrville, Texas, in 1975 and has become a perennial instructor of yodeling workshops. If that’s not enough, Bill is left-handed and plays a right-handed guitar upside-down, with the bass strings on the bottom!

Staines writes songs with instantly memorable sing-along choruses. His now classic, melodically charming, enviably clear, lyrical songs, like “The Roseville Fair,” “A Place in the Choir” and “River,” are graced with home-spun wisdom on life, love and memories, and are decorated with beautiful, melodic threads and flowing, pristine lyrics.

On stage, Staines is an intimate, compelling performer, mixing in traditional tunes with his own contemporary folk ballads. His humorous tales of life on the road and observations of everyday people provide an entertaining blend of story and song.



#### *Child of Mine* by Bill Staines

Child of mine, you are the wildest wind and the dearest dream  
I will ever know.  
Love's lasting light shines out from deep within this father's heart  
As I watch you grow.

Child of mine, you are the break of dawn and the brightest star  
I will ever know  
Love's lasting light comes shining on and on from this mother's heart  
As I watch you grow

There is a road, and that road is all your own  
But we are here, you need not walk alone.  
To face, not fear each coming new unknown  
Is the way to lift your wings

Child of mine, you are the sweetest song and the greatest gift  
I will ever know.

Child of mine, where spirits fly above there is but one  
that belongs to you.  
So let it grow and it will thrive on love  
For it is love that sees us through

You have the hands that will open up the doors  
You have the hopes this world is waiting for  
You are my own, but you are so much more  
You are tomorrow on the wing,

Child of mine.

#### TICKETS

\$15 in advance, \$18 at the door, \$8 Students/Children  
Available after church or in the church office,  
Gulf of Maine Books, or online at  
<http://bstaines.brownpapertickets.com/>



# MORE MUSIC



THIRD FRIDAY OF THE MONTH  
 UNITARIAN UNIVERSALIST CHURCH OF BRUNSWICK  
 1 MIDDLE STREET  
 OPEN MIKE SIGNUP - 6:45 PM  
 OPEN MIKE START - 7:00 PM  
 FEATURED PERFORMER - 8:30 PM  
 SUGGESTED DONATION: \$8

# cilantro

THE DUO

Pristine harmonies,  
 fantastic originals  
 and magical classics.  
 Margot and Earl have  
 shared the stage and  
 engaged audiences  
 for 12 years.

They bring their  
 passion for the  
 music to every  
 performance and  
 continue to share  
 the joy!



Earl Bigelow & Margot Frost

# Friday Evening March 16

***Feature set preceded by the Open Mike***

The Side Door Coffeehouse has been a fundraiser for the  
 Unitarian Universalist Church of Brunswick since 1993.  
 It is entirely volunteer run.



## MORE MUSIC



### Derek Herzer, PIANO Sunday, March 4 12-12:45pm

Chopin Nocturnes  
York Bowen  
*Sonata-Ballade* by Nikolai Medtner

Have you ever wanted the chance to hear our own Derek Herzer in concert, other than his usual Sunday morning preludes and accompaniment? Here's your chance!

**Invite all your friends!**

## BOARD REPORT

What a month!! With all that is going on nationally and internationally one's head spins. And this morning we decided the weather had thrown us one more curve. One too many, so we cancelled services rather than have anyone put in harm's way.

Our planning for the pledge drive, "Let's Just Do It!", is going well and we are only waiting for some final numbers to fill out our budget for next year. More on this issue elsewhere in this Messenger and we will keep you all updated as we progress.

We are still interested in any input parishioners might have on the alcoholic beverages policy either to change the policy or to leave the policy as it is.  
*Charlie Evans, Board Chair*

### REV. MARY HNOTTAVANGE-TELLEEN MARCH 25TH WORSHIP LEADER

Rev. Mary Hnottavange-Telleen is an Accredited Interim Minister who has served thirteen Unitarian Universalist congregations across the United States and in Canada, since 1990. Her professional focus within the UUA has been primarily dedicated to working with congregations in varied forms of intentional transition within a time bound frame.. She currently resides in Maine, and participates in the Still Point program in Interfaith Spiritual Direction in NM.

She is married to Ken, a geologist and hydro-geologist, who has works in the field of risk assessment as it relates to carbon storage. A blended family since 1998, they have two grown daughters who live in Chicago and Washington DC.



UUCB IS A SAFE PLACE FOR FREE-THINKING WHERE IMPORTANT QUESTIONS CAN BE ASKED, AND NO PAT ANSWERS ARE GIVEN. INSTEAD, WE JOIN WITH OTHERS IN COMMUNITY TO

**Let's Just Do It!**

# MARCH 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>SAN = Sanctuary                      FEL = Fellowship Hall                      WBR = Wendall Berry Room                      MSR = May Sarton Room                      MBR = Merrymeeting Bay Room</p> <p>PEN = All RE Space                      HIL = Hildebrant Room                      CAR = Carson Room                      MAN= Mandela Room                      CL= Curtis Library</p> <h2>Let's Just Do It!</h2>				<p><b>1</b></p> <p>9:30 Memoir Writing: WBR                      10 Rental Com: MSR                      12 Noon Deadline: "This Week" &amp; OOW                      1 New Mainers: MSR                      5 WFJ : MBR                      6:45 RE Comm: MBR                      7 Choir: SAN</p>	<p><b>2</b></p> <p>Teford Shelter Meal</p>	<p><b>3</b></p> <p>10 AA Rental: MBR</p> <p>Office Closed</p>
<p><b>4</b></p> <p>10 Church Service                      10 Youth Group &amp; COA                      10:15 RE Classes</p> <p>Turn in Guest At Your Table Money</p> <p>11:30 Build Your Theology: MSR                      Newcomers Group: WBR                      12 Deriek Herzer Concert</p>	<p><b>5</b></p> <p>1 Chalice Circle: WBR</p> <p>Office Closed</p>	<p><b>6</b></p> <p>10 New Mainer's: MSR</p> <p>5 Staff: WBR</p> <p>7 Worship: MSR</p>	<p><b>7</b></p> <p>10:30 Rental                      SRF Meditation: WBR</p> <p>4 Membership: MSR</p>	<p><b>8</b></p> <p>12 Noon Deadline: "This Week" &amp; OOW</p> <p>7 Choir: SAN</p>	<p><b>9</b></p>	<p><b>10</b></p> <p>10 AA Rental: MBR</p> <p>10-12 MUUSAN : Augusta UU Church</p> <p>Office Closed</p>
<p><b>11</b></p> <p>10 Church Service                      10 Youth Group                      10:15 RE Classes</p> <p>11:30 Intern Committee: WBR</p> <p>Office Closed</p>	<p><b>12</b></p>	<p><b>13</b></p> <p>2 Chalice Circle: WBR</p> <p>4:30 Finance: MSR</p> <p>6:30 Stories: WBR</p> <p>7:30 Pastoral Care: MSR</p>	<p><b>14</b></p>	<p><b>15</b></p> <p>12 Noon Deadline: "This Week" &amp; OOW</p> <p>1 Wabanaki REACH: WBR</p> <p>6:30 New Mainer's Support Group: MBR</p> <p>7 Choir: SAN</p>	<p><b>16</b></p> <p>6:30 Side Door Coffeehouse: SAN (cilantro)</p>	<p><b>17</b></p> <p>10 AA Rental: MBR</p>  <p>Circle Suppers: TBA</p>
<p><b>18</b></p> <p>10 Intergen Church Service</p> <p>12 Plant Powered Potluck : FEL</p> <p>Build Your Own Theology Makeup Class</p>	<p><b>19</b></p> <p>Maine Interfaith Advocacy Workshops: Augusta</p>	<p><b>20</b></p>  <p>6:30 Board: MSR</p>	<p><b>21</b></p> <p>10:30 Rental                      SRF Meditation: WBR</p> <p>2 Chalice Circle</p> <p>3 Poetry with Barclay &amp; Maryli: MSR</p> <p>6:45 UUCB Council: MSR</p>	<p><b>22</b></p> <p>9 Gallery at UUCB: MSR</p> <p>10:30 Building &amp; Grounds: MSR</p> <p>7 Choir: SAN</p>	<p><b>23</b></p> <p>4 Intergroup Dialogue about Race: Bowdoin</p> <p>5 Parish Messenger Deadline</p>	<p><b>24</b></p> <p>10 AA Rental: MBR</p> <p>Office Closed</p>
<p><b>25</b></p> <p>10 Church Service                      10 Coming of Age                      10:15 RE Classes</p> <p>3 Daponte Concert</p> <p>Office Closed</p>	<p><b>26</b></p>	<p><b>27</b></p> <p>6:30 Concert Committee: MSR</p> <p>6:30 Stories: WBR</p>	<p><b>28</b></p> <p>12 Men's Luncheon: TBA</p>	<p><b>29</b></p> <p>12 Noon Deadline: "This Week" &amp; OOW</p> <p>5:15 Maine All Care: MBR</p> <p>7 Choir: SAN</p>	<p><b>30</b></p>	<p><b>31</b></p> <p>10 AA Rental: MBR</p> <p>7:30 Heather Masse Conert</p> <p>Office Closed</p>

### ANNOUNCEMENT SUBMISSIONS/DEADLINES

If you have items to be placed in the "This Week" email, Announcement Insert (The green sheet) or the Order of Worship, please submit it to Shirley Bernier by Thursday at noon.

If you want an announcement or article to appear in the monthly Parish Messenger, send it to the newsletter editor, Sue Michaud (michaud\_susan@comcast.net) on or before the **3rd Friday of each month (usually)**. However, this month, you will have extra time. The deadline for the April Parish Messenger is **Friday, March 23rd**.