

# Parish Messenger

Unitarian Universalist Church  
of Brunswick



## July, 2016

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### SUNDAY SERVICES AT 10 A.M.

#### July 3 **"The Unbearable Lightness of Being"**

**Gar Roper**

Human beings have an ingrained need to complicate life and to create burdens for themselves. Religious seers have tried to give guidance on how to find the secret to accepting the gift of being alive and finding joy in simply "being and becoming." Music by Larry Lemmel.

After the service the congregation is invited to hear David Christopher offer remarks about his book *The Holy Universe*. (See page 2)

#### July 10 **"None of your Busyness"**

**Sienna Dode**

A free spirit shares some thoughts on multi-tasking. Music by Lisa Redfern.

#### July 17 **"Hidden in Plain Sight"**

**Larry Lemmel**

Privilege is a loaded word in this age of identity politics. We all struggle to accept the privileges we do identify with and to discover those we don't know about. Privilege's close cousins, talent and luck, can confuse the issues even further. As a man, musician, father and spouse Larry has been fascinated by these three and their impact on spiritual life. Music by Grace Lewis-McLaren.

#### July 24

**The Rev. Chick Carroll**

Rev. Carroll is a deacon on the staff of St. Paul's Episcopal Church. He has been instrumental in establishing The Gathering Place and serves as President of the Board of Directors. Music by Derek Herzer.

#### July 31 **"Animals and our Spiritual Lives"**

**Karen Angeline**

The connection between humans and animals can be profound. From therapy horses to hawks who heal, our relationship with animals can lead us to spiritual depth and new insights. Our Unitarian Universalist principle of the interconnected web of all creation naturally supports this journey. And did you know that there is also a Unitarian Universalist Animal Ministry? Let's consider the many ways that animals are, to borrow a phrase from one of Sylvia's sermons, seeds of compassion in our lives.

Karen Angeline is a student of the horse-and human-training system called Parelli Natural Horsemanship. Karen, her 2 daughters, and their horse moved to Brunswick from Maryland last year. She teaches persuasive writing online for the University of Maryland and spends as much time with her horse, dog, cat and chickens as possible. Music by Saheli (a women's vocal group).

*Our Mission is  
To be a spiritual community  
To welcome all  
To nurture one another  
To work for justice  
And to care for the earth.*

### **The Unitarian Universalist Church of Brunswick**

Rev. Sylvia Stocker, Minister

Rev. J. Bradbury Mitchell,  
Minister Emeritus

Nicole Shanks,  
Director of Religious Education

Stephanie Bernier, Music Coordinator

Heidi Neufeld, Choir Director

Derek Herzer, Choir Accompanist

Shirley Bernier, Office Administrator

Tony Sulkoski, Sexton

## SUMMER OFFICE HOURS AND DEADLINES

### SUMMER OFFICE HOURS: Tuesday –Thursdays 10:00am—4:00pm Closed on Friday (July and August)

Please submit items for the This Week Email, Order of Worship materials, or Sunday Green Sheet Announcements, by **Wednesday at 12pm**. Please submit article via email so materials can be cut and pasted into the appropriate location and reduce errors when retyping.

Email to [uubruns@gwi.net](mailto:uubruns@gwi.net)

Thank You, *Shirley Bernier*

### OFFICE ADMINISTRATOR ON VACATION FROM FRIDAY, JULY 1 TO MONDAY, JULY 11

Please submit items for **Sunday, July 3 AND Sunday July 10** Order of Worship materials, or Green Sheet Announcements, by **Wednesday June 29 at 12pm**. The office will need time to produce two (2) orders of service before leaving for vacation.



## Summer

Summer is the stuff of dreams. When adults sit at their desks, and children sit in school, they dream of summer. Summer is the time of infinite fun. The day seems to last forever, and the fun never stops. It is a time of romance, excitement and an enhanced enjoyment of life. Somehow summer never seems to last long enough. It is always over before we get a chance to fully experience its power. This is true of all things wonderful.

They always seem too short.

### HOW TO REACH US

**The Unitarian Universalist Church  
of Brunswick  
PO Box 129, Brunswick ME 04011**

**Office Hours at 1 Middle Street are  
Tuesday through Friday from 10-4.**  
The office administrator is Shirley Bernier.

As of April 15th, **the Minister,**  
Rev. Sylvia Stocker is on sabbatical and  
will resume office hours in mid August.

For information on how to reach  
a **Pastoral Care Associate**, call  
207-729-8515

**The Director of Religious Education**, Nicole  
Shanks, is available by appointment. You can call  
her at the church office or email her  
at [uubrunswickdre@gmail.com](mailto:uubrunswickdre@gmail.com).

Monday is the Sabbath for church staff.

**Telephone/Fax: 207 729-8515**  
**E-mail:** [uubruns@gwi.net](mailto:uubruns@gwi.net)  
**Website:** <http://www.uubrunswick.org>

### AUTHOR TALK

After the service on July 3rd the congregation is invited to hear David Christopher offer remarks about his book *The Holy Universe*.

Author David Christopher left behind corporate and aviation careers to pursue his passion for helping to bring forth a new story for our challenging times.

**ABOUT THE BOOK:** In answer to the Seeker's question "What am I supposed to do with my life, especially in light of the ecological and social crises in the world?", the Sage starts with a powerful new narrative of the story of creation—one that transforms the modern scientific facts of the Universe into a story that is reminiscent of humanity's stories of the ages.

The Sage shows how this evolutionary story can guide the Seeker on his life's path—and why the challenges we collectively face might be the best thing to happen to humanity.

## FROM THE BOARD CHAIR

Our summer services started last week with a beautiful service by Grace Lewis-McLaren. Between now and August 21 when Sylvia returns, we will have a wonderful variety of services. Although attendance isn't as high, the services actually feel closer and more intimate. In addition, we have had a number of new visitors attend - some who have recently moved to the area, and some travelers or vacationers who return annually as they stay in the area. We know our warm welcome will make all feel comfortable. Thank you!

Thanks also to all of you who attended the Annual Meeting. It is so important that we be able to communicate with you about the financial health of our church, hear your concerns, and have you elect our officers and trustees. We also express extra appreciation to several people who sent in checks recently to address our anticipated deficit for next year's operating budget. The gap is getting smaller and smaller.

Although you are all aware that our operating budget is very tight, the board was able to fund the repainting of the quote signs on the outside of the church, thanks to a recent bequest. Members approved this expenditure at the Annual Meeting. The lettering will be made same color we now have the church name and will

finally be easier to read. In addition, we were able to approve the proposal from the Security Task Force to update the security system in our church to make it safer for our staff and all others, keep our possessions safer, and hopefully prevent intruders. We anticipate this will happen in early August, but details and training will be forthcoming to make our church accessible. Thank you to those who have included our church in their wills.

Hopefully, by the time you read this, we will have closed on the Gurnet Road property, scheduled for June 28. We will be seeking your input as to the disposition of this money. You will hear more on this next month.

The board has asked that I communicate with you that we want our wonderful building to be as welcoming as possible. However, there are specific guidelines for the church use that we must adhere to, scheduling concerns, and rental guidelines. We are continually processing the interpretation of these guidelines, and hope we can find ways to communicate those to you. Please consult us with any questions. Thank you.

Enjoy this beautiful summer in one of the most beautiful areas of our country!

## PLANT-POWERED POTLUCK

The UUCB Plant-Powered Potluck (formerly Vegan Sunday) will be held after church on Sunday, July 17, at 12 noon in Fellowship Hall. Come share delicious plant-based food and camaraderie with us and explore a plant-based diet as a pathway to better health for our bodies and our planet. Sorry, no drop-ins, but if you are planning to come, please RSVP to Faith Woodman at [fewoodman@gmail.com](mailto:fewoodman@gmail.com) or 891-0218 by Thursday, July 14. If you are new to plant-based eating and would like to know more about its benefits and suggestions for recipes, a good site to check out is <http://www.forksoverknives.com>.



## MEN'S LUNCHEON

Wed, July 27

These monthly fellowship luncheons, which are held on the last Wednesday of each month with the exception of holidays. All men of the church are welcome. For details, contact Brad Mitchell, [bmitch10@gmail.com](mailto:bmitch10@gmail.com), or Jim Michaud at [michaudjim33@gmail.com](mailto:michaudjim33@gmail.com).



## HABITAT FOR HUMANITY

### SPRING WALK

Many thanks to everyone who sponsored our walkers or Team UUCB for the Habitat for Humanity Spring Walk. We raised **\$5572**, far exceeding our goal of \$3300. Of the 23 churches involved in the Walk, only one church was ahead of us, St. Charles/All Saints. This was such a great team effort and a special thanks goes to the following walkers:

Ed McCarten, Joel and Irene Austin, Gretchen Kamilewicz, Betsy Williams, Anne Spencer, Cuffy Chase, and Caroline Evans.



### HOPE LANE BUILD

On Saturday, June 18<sup>th</sup>, seven UUCB volunteers worked on the third Habitat home on Hope Lane. Special thanks to Carol Briggs, Dexter Kamilewicz, Heidi and Curt Neufeld, Cuffy Chase, Caroline Evans, and Daniel Moore.

### VOLUNTEER OPPORTUNITIES

Habitat is looking for volunteers to work 4-hour shifts one day a week at the ReStore; training will be provided. If interested, please call Michele Ober at 504-9335 or email her at: [michele@habitat7rivers.org](mailto:michele@habitat7rivers.org).

There are also some openings for working at the Build on Route 123 across from the Bowdoin College playing fields: July 14 and 15 and July 28<sup>th</sup>. UUCB will **not** be organizing for one of these dates, but you can go as an individual. Again, contact Michele.





## WORKING FOR JUSTICE



Board member Marie Umarange, former Board member Maxwell Chikuta, ILAP Executive Director Sue Roche and Board member Leslie Silverstein.

For more information contact:  
207.699.4407  
[www.ilapmaine.org](http://www.ilapmaine.org)

### JULY CHARITY WITH SOUL IMMIGRANT LEGAL ADVOCACY PROJECT

We are honored to be your recipient of offering funds for July. Please share our thanks with the congregation. Because we don't qualify for most federal funding, we are reliant on community support like yours.

I am including here a photo from earlier this month when ILAP was honored with the Gerda Haas Award by the Holocaust and Human Rights Center of Maine for Outstanding Education in Human Rights. Often people think of us only as a legal service, but advocacy, education and outreach are important parts of our work as well. ILAP served almost 2,000 people total last year, many through our education and outreach events for other providers, immigrant groups, adult education classes, incarcerated individuals with an immigration issue and others. We help people understand immigrants' rights and the best ways to navigate the complicated immigration legal system in the US. Our Director, Sue Roche was on the front lines of the fight for General Assistance for asylum seekers last year and she is a tireless advocate at the state and national levels with our legislators for just and humane laws affecting immigrants. The battle wages on.

## PRIDE PARADE 2016



On June 18th **Jim Michaud** represented UUCB in the Portland Gay Pride Parade when he marched with MUUSAN and other UUs at the 2016 Pride.

The victims in the Orlando shootings were honored in the parade, but the massacre did not dampen the celebratory feel of the day. Varying estimates of 3,000 - 7,000 people attended the parade, which has been a regular summer event in Portland for nearly 40 years. This year 83 groups signed up to march, up from 72 last year.



**MUUSAN**

Maine Unitarian Universalist  
State Advocacy Network



## WORKING FOR JUSTICE

### ... Nurturing One Another and Working For Justice ...



Members of UUCB and greater Brunswick community vigil for Orlando



Members of greater Brunswick LGBT and allies - in Fellowship Hall UUCB June 15



Lynn Ellis & Pat Moore of Public Policy Focus Group



Members of WFJSG Year End gathering June 2016



Rep. Jay McCreight & Lynn Ellis - Public Policy Forum



UUCB supporting LGBT community at Orlando walk/vigil June 15, 2016



Jim Michaud represents UUCB at Pride Portland 2016



MUUSAN with dozens of UUS from Maine Congregations - Pride Portland 2016



## POP UP MUSEUM

An interesting idea was suggested to the Church Council, and the Council would like to see if anyone in the congregation would be willing to organize a Pop-up Museum event. A Pop Up Museum usually lasts for a few hours and focuses on bringing people together in conversation through stories, art, and objects.

The concept would be to create a temporary museum-like space where the church community (adults & children) could share objects and stories with other church people, and learn something about one another through conversation.

### To create a pop-up museum:

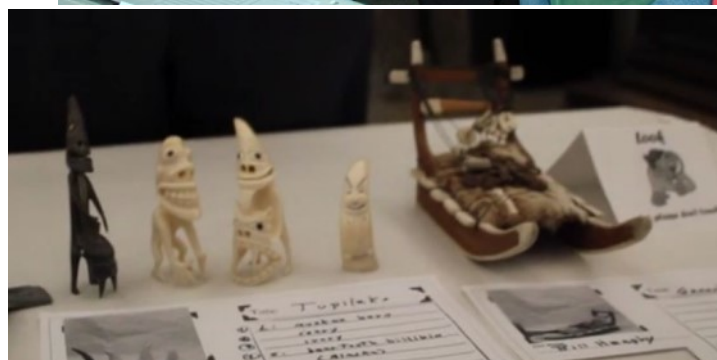
1. Choose a theme (Personal Collections, Passions, My Favorite Things, Home, Memories, Taking Risks, Revealing Secrets, Journeys, Life Recipes, Growth, Vacations. Etc.)
2. Invite people to bring an object that is meaningful to them, based on the theme
3. Invite them to write a label describing why their object is meaningful, or a story they want to tell about their object
4. At the pop-up, people mingle with others, view objects, have conversations.

FMI: <http://popupmuseum.org/>



### "My Favorite Things".

Below are pictures taken at a Pop-up event at Bowdoin College a couple years ago. People could bring anything they considered to be one of their "favorite things." Many interesting objects were shared and lots of connections were made.



If you'd be interested in being on a team to organize a Pop-Up Museum, contact Paul Schaffner, Parish Council Moderator, at 725-2225 or [pschaffn@bowdoin.edu](mailto:pschaffn@bowdoin.edu).

## MEMBERSHIP



We're happy to report that our annual New Member Recognition Sunday, June 5th, was a huge success. Thanks to the beautiful music by Derek and Glenn Williams and the hard work of all the membership committee members, we welcomed eight new members in style. It was especially wonderful that all eight of them attended the ceremony this year. So, thank you one and all!

And speaking of thanks, Vicki Simpson is stepping down from the membership committee this spring after a remarkable eight-year run, the last two of which she served as co-chair. Under Vicki's steady guidance the committee has become a vital part of our congregational life. She is always ready to try new things and to let go of old ones when they no longer seem to serve our congregation. On behalf of us all, thank you Vicki--you will be greatly missed!

Submitted by Betsy Williams

## END INEQUALITY FORUM, MAY 21

We continue working toward a vision for ending inequality by sorting through the PowerPoint presentations that were given at the forum on May 21<sup>st</sup>. They are available to you as well ([uubrunswick.org](http://uubrunswick.org)). Just click on the blue text under "Our Vision: Ending Inequality", then click on Ending Inequality Study Groups.

A list of hot ideas has been compiled and shared with group facilitators. Over the summer we will be compiling recommendations from the focus groups in the form of a guide for action: including advocacy, helping to plan local solutions, and providing direct service.

We also continue to discuss the possibility of a town hall forum with the candidates for various legislative posts. A tentative date, October 5<sup>th</sup> has been set for this to occur. We will be contacting candidates regarding their availability and willingness to meet with us to discuss their thoughts on Ending Inequality in Maine.



## NO SIDE DOOR COFFEEHOUSE IN JULY

The 2016-2017 will continue to offer an open mic at 7pm and the featured performer at 8:30. Please support the coffeehouse, a UUCB fundraiser, and the wonderful featured performers such as Jud Caswell, Castlebay, and Windy Ridge.



## FUNDRAISING EVENTS

### ARTS & ANTIQUES APPRAISAL FAIR... SUCCESS!

Seventy-three people (from UUCB, Highland Green, and the general public) brought items they wanted appraised to Highland Green on Saturday, June 11th. It was a long day for some who had to wait for their turn with one of the 4 Freeman's appraisers. But most people were excited to be part of the event and learn about their own and others' treasures. And they were happy to hear that the event would be benefitting local charities.

After a few expenses, UUCB earned **\$1,681.95** which will be part of the donations going to a few of our Charities with Soul (to be determined in July).

**A huge thanks** go out to all the people who helped make this event a success:

**Caroline Evans** had the wonderful idea for this event and organized the various jobs needed. She also helped with setup & cleanup and greeted and helped people at the door.

**Charlie and Carol Evans** were the Highland Green hosts, procuring the Community Center, sending out publicity to the Highland Green community, making coffee and serving refreshments, and being in charge of setup and cleanup.

**Mary Larsen and Cindy Parker** worked at the Admission table the entire day, a complicated job which they handled with expertise! Mary and Cindy also brought refreshments and helped with setup & cleanup.

**Sienna Dode** helped with Setup, Cleanup, and logistics (telling people where to go).

**Nan Hughes and Debbie Zorach** also helped with logistics. Debbie brought refreshments too.

**Norm Rich** welcomed attendees and helped lug heavy items.

**Penny Elwell, Gretchen Kamilewicz, and Monique Sondheim** brought goodies to eat.

And a pat on my own back: **Sue Michaud**, the contact with Freeman's Auction House, organizer, recruiter, publicity, scheduling, baking, setup, cleanup, logistics.

Special thanks to **Freeman's Auction House** for their four expert appraisers who traveled from out of state and worked hard for 5-1/2 hours, 1-1/2 hours longer than their original agreement. (They did this for us for free, but we paid for one meal for a couple of them.)

Submitted by *Sue Michaud* for the Fundraising Events Committee

### WE NEED YOU!

The Fundraising Events Committee needs to raise at least \$3,000 more than last year for the Church budget. So we need committee members, event organizers, and event workers. How can YOU help in this effort? It's more fun than you think!

- ☐ Chair the Fundraising Events Committee
- ☐ Join the Fundraising Events Committee
- ☐ Join the Concert Task Force
- ☐ Help organize an event
- ☐ Work at a fundraising event



Please talk to Sue Michaud or Mary Larson if you have any interest or questions. (No arm twisting, I promise!)

#### How will we make money this year?

- Hopefully, we will be having an All-Church Auction. \*
- Gretchen Kamilewicz is organizing the Holiday Fair.
- The Concert Task Force will be doing 4 concerts.
- Other event(s) decided upon by the Fundraising Committee or by a single event organizer.

#### \*ALL-CHURCH AUCTION

It's been a while since we had the All-Church Auction, and many people have said they miss it. SO, we're hoping that we can find some people to make it happen.

We have 3 veteran auction workers who are willing to help: Sue Ellen Damour, Gretchen Kamilewicz, and Maryli Tiemann. They will act as co-chairs for each major aspect of the auction with **three new folks** who would like to help plan and implement this year's event. And then the new folks would take over lead roles in the next UUCB auction.

**Tentative date for the auction is  
Saturday, November 5th.**

## FUNDRAISING EVENTS

# Concerts for a Cause



The UUCB Concert Series raises money for the Unitarian Universalist Church of Brunswick and local non-profits.



## State Street Traditional Jazz Band

Sat, September 24, 2016 @ 7:30 pm

Every member of the State Street Traditional Jazz Band is a highly skilled musician and has a passion to play and preserve *Traditional New Orleans Jazz*, the style of jazz that was popular in the early 1900's best exemplified by Louis Armstrong and Ella Fitzgerald. John Page, founder and leader of the group, has brought his love of traditional New Orleans Jazz to the forefront of the Maine music scene since 1987.

Tickets: \$12 in advance, \$15 at the door.

## Emma's Revolution

Sat, October 22, 2016 @ 7:30 pm

Smart, funny, informative -- like Rachel Maddow and Jon Stewart with guitars. Emma's Revolution is the, award-winning, activist musicians Pat Humphries & Sandy O. With hauntingly beautiful harmonies and powerful acoustic instrumentals that deliver the energy and strength of their convictions, Emma's Revolution creates new standards in the art and culture of social justice.

Tickets: \$20 in advance, \$22 at the door.



## Libana

Sat, March 11, 2017 @ 7:30 pm

Internationally renowned WORLD music & dance ensemble from Boston. Libana's global repertoire covers a vast musical spectrum expressed with stunning close a cappella vocals and an impressive palette of instruments. Interweaving music, dance and story from such divergent cultures as the Balkans, Africa, the Middle East, Asia, South America and Europe.

Tickets: \$15 in advance, \$20 at the door.

## Women in Harmony

Sat, April 8, 2017 @ 7:30 pm

Founded in 1993, Women in Harmony is a chorus of women's voices, singing for unity among women and advocating social, political and economic equality for all women, past, present and future. Under the direction of Dr. Catherine "Kitty" Beller-McKenna, the chorus sings a wide variety of inspiring and entertaining songs with exceptional musicianship.

Tickets: \$12 in advance, \$15 at the door.





## FIRST ANNUAL MULCH SPREAD AT UUCB



*Many hands made fast work!  
We spread 8 yards  
of beautiful mulch...  
on a perfect summer day!"*



Thank You!



For All  
Your  
Hard Work!



Kneeling (left to right):  
David & Peter Neufeld  
Standing (left to right):  
Carol Briggs, Gretchen  
Kamilewicz, Mary Larson,  
Cindy Parker, Steve Eagles,  
Ann & Ross Miller, and  
Cuffy Chase (organizer).

Not pictured:  
Debbie Zorach and Maryli  
Tiemann (photographer)



# JULY 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
SAN = Sanctuary FEL = Fellowship Hall WBR = Wendall Berry Rm MSR = May Sarton Room MBR = Merrymeeting Bay Room	RE = All RE Space HIL = Hildebrandt Room CAR = Carson Room MAN = Mandela Room CL = Curtis Library Seminar Room		Jun 29 <b>12 Noon Deadline:</b> <b>for July 3 &amp; 10</b> "This Week" & OOW	Jun 30	1 8-5 French Camp Rental: PEN <b>Tedford Shelter Meal</b> Office Closed – Church Admin Vacation	2 10 AA Rental: MBR Office Closed
3 <b>10 Church Service</b> <b>Nursery Unstaffed</b> <b>11 New Comers Chat:</b> WBR <b>12 Chalice Circle:</b> WBR Office Closed	4  Church Closed	5 10-4 Rental- Equality Maine Youth Leadership: PEN <b>4-6 Membership:</b> MSR <b>6:30 Worship :</b> MSR	6 <b>3 Security Task Force:</b> MSR <b>7 RE Committee</b>	7 No "This Week Email" 5:30 Brunswick Music Theater Rental: MBR	8 <b>10 Friday Chalice Circle:</b> WBR <b>3:30 End Inequality :</b> MSR <b>5-8 Art Walk: SAN</b> 6:30 Brunswick Music Theater Rental: MBR	9 10 AA Rental: MBR Office Closed
Office Closed – Church Administrator Vacation						
10 <b>10 Church Service</b> <b>Nursery Unstaffed</b> Office Closed	11 Church Closed	12 10-4 Rental- Equality Maine Youth Leadership: PEN <b>6:30 Stories:</b> WBR <b>7:30 Pastoral Care:</b> MSR	13 <b>12 Noon Deadline:</b> "This Week" email & Order of Worship <b>3 Writers Group:</b> MSR	14 <b>12:30 Chalice Circle:</b> WBR	15 <b>No Side Door Coffeehouse in July</b> Office Closed – Church Admin Vacation	16 10 AA Rental: MBR Office Closed
17 <b>10 Church Service</b> <b>Nursery Unstaffed</b> <b>12 Plant-Powered Potluck:</b> FEL Office Closed	18  Church Closed	19 10-4 Rental- Equality Maine Youth Leadership: PEN <b>3 Chalice Circle:</b> WBR <b>6:30 Board :</b> MSR	20 <b>12 Noon Deadline:</b> "This Week" email & Order of Worship	21 11 Wabanaki: WBR	22 <b>5 Parish Messenger Deadline</b> Office Closed – Church Admin Vacation	23 10 AA Rental: MBR Office Closed
24 <b>10 Church Service</b> <b>Nursery Unstaffed</b> Office Closed	25 Church Closed	26 10-4 Rental- Equality Maine Youth Leadership: PEN <b>6:30 Stories with Soul :</b> WBR <b>7 Concert Task Force:</b> MSR	27 <b>12 Noon Deadline:</b> "This Week" email & Order of Worship <b>12 Men's Luncheon</b> <b>3 Writers Group:</b> MSR	28 <b>9:30 Memoir Writing:</b> WBR <b>12:30 Chalice Circle Facilitators:</b> WBR 5-7 SAGE Rental: PEN	29 Office Closed – Church Admin Vacation	30 10 AA Rental: MBR 6-9 Rental–Spacious Vision Song Project: SAN Office Closed
31 <b>10 Church Service</b> <b>Nursery Unstaffed</b> Office Closed	<b>ANNOUNCEMENT SUBMISSIONS/DEADLINES</b> If you have items to be placed in the "This Week" email, Announcement Insert (The green sheet) or the Order of Worship, please submit it to Shirley, the office administrator, by <b>Thursday at 12:00 pm</b> If you want an announcement or article to appear in the monthly Parish Messenger, send it to the newsletter editor, Sue Michaud, on or before the <b>3rd Friday of each month (usually)</b> . The deadline for the August Parish Messenger is <b>Friday, July 22nd</b> . (michaud_susan@comcast.net)					