

# Parish Messenger

Unitarian Universalist Church  
of Brunswick



## May, 2016

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*Our Mission is  
To be a spiritual community  
To welcome all  
To nurture one another  
To work for justice  
And to care for the earth.*

### The Unitarian Universalist Church of Brunswick

Rev. Sylvia Stocker, Minister

Rev. J. Bradbury Mitchell,  
Minister Emeritus

Nicole Shanks,  
Director of Religious Education

Stephanie Bernier, Music Coordinator

Heidi Neufeld, Choir Director

Derek Herzer, Choir Accompanist

Shirley Bernier, Office Administrator

Tony Sulkoski, Sexton



### SUNDAY SERVICES AT 10 A.M.

#### May 1 **"Choose Something Like a Star"**

**Marylvi Tiemann\***

Back in '71, folks in Corinna shared May baskets, delivered on May 1st, filled with treats, and placed on doorsteps to celebrate the sweetness of spring and friendship after our long winter. I thought I'd always create and share this lovely custom. I haven't. In fact, many of my aspirations could use a reboot. So, this May Basket will be focused on the reality of aspirations, filled with the choir singing Pete Seeger lyrics, and a brilliant poem by Robert Frost to engage us to spring ahead. Music by Derek Herzer and the choir (under the direction of Heidi Neufeld).

#### May 8 **"The Young and the Restless"**

**Rev. Michael F. Hill \***

Considering the nature of lived Unitarian Universalist polity and our usual approach to religious education, it is very easy to unintentionally segregate the children from the larger congregational body, its activities and worship. When that happens we all lose so much. Today our guest minister, Rev. Michael Hill, reflects on how best to serve our youth, and learn from them, while tapping into our own latent youthfulness. Music by Derek Herzer.

#### May 15 **"Health Care"**

**Allen Ave UU Lay Leaders**

Music by Derek Herzer and the choir (under the direction of Heidi Neufeld).

#### May 22 **RE Sunday**

**Nicole Shanks**

Come join us to celebrate the end of the year and discover what's been going on in the RE area since September! Music by Jean Lay (piano), Zachary Lay (clarinet), and Nathaniel Lay (trumpet).

#### May 29 **Memorial Day, a Service of Comfort and Remembrance**

We will take a look at Memorial day, its meaning through poetry, music and the written word. **Sharon Brown** will lead the service with members of the Worship Committee. Music by Grace Lewis-McLaren.

\* Worship Leader Bios on page 3

## RELIGIOUS EDUCATION

Change is an inevitable part of life. There are changes that we purposefully work toward achieving which we typically embrace with excitement. Then there are changes that take place that may come as a surprise or that we work to avoid, but nonetheless happen. These latter changes are the difficult ones. We typically respond to them with shock, panic, and blame. A job loss, an unexpected move, the death of a friend or loved one, a divorce or breakup, or a serious medical diagnosis are all examples of changes that can be very difficult to deal with. We feel backed into a corner and helpless. Perhaps we go into defense mode and attack those around us associated with the change out of fear, or try to deflect the inevitable in order to avoid facing the change. It's ironic that these responses that come so naturally when faced with change actually

cause us more suffering and anxiety. One thing I have been working on when faced with change (and we're all faced with change on a pretty regular basis!) is to work toward focusing on what's happening next; spending my time and energy on making preparations for the consequences of the change instead of spending time and energy in a state of denial or anger. I have been trying to see change as an opportunity- in what ways will I learn or become stronger as a result of this change I would not have chosen for myself? I find that if I map out specific tasks to focus on to make the transition go as smoothly as possible, I have less time to focus on the aspects of the change that I fear or dread. I've seen quotes about death and taxes being the only things that are certain in life. Well, I'd like to add change to that list. Practice being mindful and proactive with small changes and gradually that mindset will come naturally when faced with bigger changes and challenges. One great aspect of being involved in church is the community. Our church community can offer us support during times of difficult change. I love this quote by Alan Watts and I try to practice this when change comes my way:

*The only way to make sense out of change is to plunge into it, move with it, and join the dance.*

### HOW TO REACH US

**The Unitarian Universalist Church  
of Brunswick**  
**PO Box 129, Brunswick ME 04011**

**Office Hours** at 1 Middle Street are  
Tuesday through Friday from 10-4.

The office administrator is  
Shirley Bernier.

As of April 15th, **the Minister,**  
Rev. Sylvia Stocker is on sabbatical and  
will resume office hours in mid August.

For information on how to reach  
a **Pastoral Care Associate**, call  
207-729-8515

**The Director of Religious Education,**  
Nicole Shanks, is available by  
appointment. You can call her  
at the church office or email her  
at [uubrunswickdre@gmail.com](mailto:uubrunswickdre@gmail.com).

Monday is the Sabbath for church staff.

**Telephone/Fax: 207 729-8515**

**E-mail:** [uubruns@gwi.net](mailto:uubruns@gwi.net)

**Website:** <http://www.uubrunswick.org>

Speaking of change, there will some changes taking place in Sunday RE programming this coming year. Hopefully this is one of those categories of change that do not cause anger, denial, and lashing out! We will still keep our three year rotation of themes: UU Identity and History, World Religions, and Community and Justice. However, we will be breaking these themes down into subthemes during the program year which will revolve around a story that we delve into for an entire month at a time. The RE Committee and I want to draw on the talents of the larger congregation to offer workshops during Sunday programming that help us explore our subthemes in deeper, more experiential ways. These workshops may focus on acting/drama, singing, songwriting, art in its variety of forms, cooking, movement/dance, and much more. More information will be forthcoming but in the meantime, consider your talents, interests, and hobbies- whatever they may be (don't feel limited by the list above)- and how you might enjoy sharing them with the young people in our church community.

*Nicole*



### IMPORTANT RE DATES

**May 01:** RE Classes, OWL

**May 08:** RE Classes, Youth Group at Evo

**May 15:** Last Sunday of RE Classes! Final OWL meeting!

**May 22:** RE Intergenerational Celebration Service

**May 29:** No RE Programs

## FROM THE BOARD CHAIR

The Board is busy planning for next year as the Finance Committee works with budget issues and coordinating this year's pledge drive. (A huge THANK YOU to Anne and Ross Miller for heading this up for the second year.) Although money isn't a fun thing to talk about, it is an essential task to sustain the life of the church we love.

I have never had the resources to financially support the way I want for any church I attended as there is nothing more important in my life besides my family than my church. How does one put that into any monetary amount? My spiritual world, greatly enhanced by church attendance and involvement, is my life force. I'm one of those people who has struggled with "life questions" always. Some of my earliest memories deal this mystery. I was a religion major in college because nothing else made sense to me to study. I have studied world religions since my teen years. I've had a long, varied history of church involvement with other denominations. And now I know I couldn't be anything other than part of the Unitarian Universalist Church. Not only does it encourage acceptance, openness and spiritual exploration, as an institution it is run based on the principles it teaches. (I remember during the years I tried Catholicism, parishioners were regularly reminded of the difference between a faithful spiritual life and the institutional church which struggled with corruption again and again.) No such difference exists with UUs that I know. In addition, the friendships I have made with other people from the UU church have been some of the most supportive and meaningful to me through the years.

And when I haven't been able to give what I want to financially, I give time. The list of what I have done in the churches I've been member of has been huge including worship committee, youth group advisor, board of trustees multiple terms, gardener, fund raising, cleaning, painting, flower arranging almost every Sunday for 5 years, and always the choir. I have no idea how many hours and hours I have spent, and always, I get more back than I give.

And UUCB? This is the strongest, most active, most impressive church I have had the privilege to join. However, none of this would be the same if we didn't have the finances to pay our extraordinary staff, heat, light and provide water in our building, buy materials to teach our children. When in the past we have had to reduce the budget because of low pledging, it is almost impossible to find places to cut costs. Each of us is needed to keep this going. Please, please think about what the church means to you, and how your life would be without it, and pledge as best you can. And if you find yourself, like me, unable to provide as much as you would like, join the huge myriad of possibilities and volunteer your time. We need you for both!

As always, board members are available for you to contact with any concerns while Sylvia is away.

*Mary Larson, Chair*



## WORSHIP LEADERS

### **Maryli Tiemann: May 1**

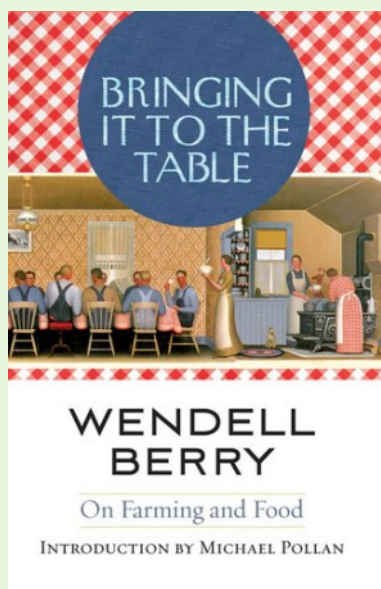
Maryli has been a member of our UUCB for over 25 years. During this time she has taught RE classes, sung in our choir and been active on many committees, especially our Fundraising Committee. Her community work with *Longfellow Days* each February in Brunswick was sparked from a desire to bring a more public face to our church. These days Maryli is also the Chair of our Building and Grounds Committee, a facilitator/educator, and a Maine tour guide.

### **Rev. Michael F. Hall, May 8**

Rev. Hall, a graduate of Andover Newton Theological School, has served as minister of the Keene Unitarian Universalist Church (Keene, NH) since 2012. He lives in Keene with his wife Jill, who is Director of Religious Exploration at the church, their three children---one of whom attends Simmons College---and one very scruffy dog appropriately named "Scruffy."



## COMMUNITY READ



The Green Sanctuary Committee and  
The Adult Education Task Force

*COMMUNITY READ AND DISCUSSION*

## Bringing It to the Table ON FARMING AND FOOD

by Wendell Berry

**Sunday, May 1,  
11:30 am —12:30 pm  
UUCB Sanctuary**

## NEWS FROM BUILDING AND GROUNDS

### UNIQUE OPPORTUNITIES

#### #1 Kitchen Maven

Are you a "GO, SEE, DO" person? Do you prefer doing what needs to be done when you want to do it? And do you enjoy immediate results from your efforts?

There's an immediate opening for a person to be the overseer of our kitchen. This position will be for one year, **beginning on May 1st.**

It's a perfect opportunity for anyone who would like to have an important role in our UU community yet would prefer to work within his/her own schedule and with no committee meetings.

The Kitchen Overseer works with the support of the Building and Grounds Committee and has the responsibility to check that our kitchen facility is neat, clean and running well. This includes: cleaning out the refrigerator and all counter surfaces as needed (about twice a month); laundering the table linens; and communicating any kitchen needs to Building and Grounds and the Rental Sub-Committee.

If this description captures your interest, yet you have some questions, please contact former Kitchen "Mavens," Maryli Tiemann or Cathy Meaney. Go ahead and contact Maryli at [tiemann@comcast.net](mailto:tiemann@comcast.net) if you're eager to accept/request this role.

And Thanks for all each of you does each week to keep the Kitchen Maven's job so enjoyable.

#### #2 Spring Cleanup

Want a "One Time" chance to do some hands-on work for our church? Would you enjoy meeting and working with others?

**UU CHURCH GARDEN PREP AND  
BUILDING FIX UP DAY**

**SATURDAY, MAY 7TH 9-NOON**

We'll gather by 9 a.m. to enjoy a muffin as we break into groups to awake, replant and trim our gardens or choose one of many small painting or cleaning projects in or outside our building.

If you're inspired by this chance to make our UU light shine a bit brighter, let us know so we'll have a sense of how many folks to plan on. You can sign up by the Building and Grounds sign after services today or email Maryli at [tiemann@comcast.net](mailto:tiemann@comcast.net)

And again, our thanks for all you do to care for our building each time you're here.

## HABITAT FOR HUMANITY

### VOLUNTEER OPPORTUNITIES

On **Saturday, June 18<sup>th</sup>**, UUCB volunteers will be working on Build 3 on Hope Lane. Don't know what we will be doing yet, but if you have a willingness to work, we would love to have you. We usually work from 8:30 until 3:30 with a break for lunch. Volunteers under seventy are most welcome!

We are also seeking a team of 3-4 volunteers to work on the **Habitat weatherization program** this coming fall and spring of 2017. This involves two Saturdays in fall and two in spring. The first Saturday the team will visit 3-4 homes to see what their needs are and then come back a month later to work on those needs. **Ashley Richards** has volunteered to be team leader and we have another volunteer so far. This is very worthwhile project which helps tighten up older homes, many of which are owned by elderly citizens.

More information, please contact, Gretchen Kamilewicz at 833-5125 or [gkamilewicz@gmail.com](mailto:gkamilewicz@gmail.com). Many thanks.

Thank you.

*Gretchen Kamilewicz and Catharine Chase.*



### END INEQUALITY

On Saturday morning, May 21, our church community (members and friends!) will gather to hear what our five study groups have learned and what they can tell us about what works and what we might undertake as a church community. Please put that date on the calendar so that you can be present to help us move this church-wide initiative forward.

### HELP!

#### Daphne Doesn't Drive

Having surrendered my driver's license due to "diminished driving ability," I find myself with no Sunday morning transportation. (I live in Phippsburg off Fiddler's Reach Road and can't afford the one-way taxi fare of \$18, plus tip).

*Need a Ride*



Are there a few of you who can help me in exchange for the driver's after church lunch? If so, please call me at 443-9628 anytime from 9am to 11pm. Many thanks!

### LOOKING FOR HOUSING

**I NEED A ROOM  
TO RENT**

UUCB member **Kathy Fritz** (middle-aged female business professional) seeks room to rent (or can house-sit) beginning early or mid-summer in cat-free (dogs are fine) home for several months or long term. References provided.

Please call (207) 841-0424 and leave message with your phone number and best time to call.

## WORKING FOR JUSTICE



### MAY CHARITY WITH SOUL MAINE HOSPICE COUNCIL

The Maine Hospice Council and Center for End of Life Care is a tireless advocate for quality, accessible end of life care for all people. Since 1984, the Council has provided technical, educational, and advocacy assistance regarding Hospice, Palliative Care and other issues related to end of life. One conference attendee remarked, "The Council makes things happen. When there is an identified need, especially for populations who are underserved or disenfranchised, the Council immediately seizes the opportunity to find partners and funding to address the issue."

The Council's budget is modest, their programming ambitious. The work plan is implemented by an Executive Director and one part-time Executive Assistant. Revenue sources are diverse which has helped sustain the organization through tight budget times. Staff and board members are resourceful and proud that over 80% of all revenue goes to program development.

Several of the Council's innovative programs have become models for other states. One example is the Prison/Hospice Program.

In 1999, after researching the status of end of life care in prisons, it was apparent that change was long overdue. A conversation with the Warden, Commissioner and core staff was just the beginning. Seven years, many in-services, state conferences, committee meetings and trainings later, the Department of Corrections granted permission for prisoners to take an inaugural Hospice training. Since 2008, three trainings have been offered, involving forty-two men. Not all men completed the program, and some only audited, but it's fair to say all gained valuable insight. The training involves a commitment of

150 hours in the classroom. Upon successful completion of the course work, there is a period of job shadowing and interviews that are required. Once that is successfully completed, the men participate in a formal graduation ceremony and receive their Hospice Volunteer certification. They also receive State certification as Personal Support Specialists once they pass their certification exams. However, the program does not stop there. Continuing education is provided on a weekly basis. Interns, media representatives, educators and health care professionals are routinely invited to class and the men are gracious hosts. This forum provides, not only an opportunity to engage in interesting dialogue; it is also an opportunity for the men to present themselves as individuals who are more than the crime that led to their incarceration. The discussions are reflective and thought-provoking. The sixteen Hospice Volunteers at the Maine State Prison are intelligent individuals with incredible capacity and potential to become productive members of society. Through service to others, they have plumbed the depths of their own humanity and are working hard, in hopes that society will one day offer them a second chance.

Please join us and meet these men at the Maine State Prison for our annual conference, June 28-29. For more information about the prison program or other programs of the Maine Hospice Council, please contact, Kandyce Powell, Executive Director at 207-626-0651; [sswift@mainehospicecouncil.org](mailto:sswift@mainehospicecouncil.org) or access the web site [www.mainehospicecouncil.org](http://www.mainehospicecouncil.org).

## PUBLIC POLICY FORUM

May 21 @ 11:30 in the May Sarton Room

### REPRESENTATIVE JOYCE MCCREIGHT

presents a wrap-up of the 127th Maine legislature.

I am a first-term State Representative, serving Harpswell, West Bath and East Brunswick. Unlike some of my colleagues who planned from an early age to enter the political world, I was drawn to a career in social work and worked for 30+ years in that field with a focus on children, adolescents and families. As I became involved in helping others run for office, the spark grew and the time was right for me to run to represent my district. I consider myself an advocate, whether it's as a social worker or as a legislator. I asked for and was assigned to two bipartisan committees: Marine Resources and Judiciary. Marine Resources focuses on all things ocean related, on preserving our fishing heritage and on protecting our environment. Judiciary focuses on human and civil rights, indigent legal services, protection of children and families.





## WORKING FOR JUSTICE

### MUUSAN



MUUSAN is a statewide advocacy and public policy network anchored in Unitarian Universalist faith and animated by its principles – giving voice to UU values in the public arena. Unitarian Universalism calls us to change oppressive policies and structures to those that promote human development, protect the environment, and support communities.



Left, front: Betty & Connie Wurtz join MUUSAN members at the State House in support of Clean Elections

Our mission is to educate and to organize for a more just society.

Photos of MUUSAN members, from many UU congregations, in April at the Maine State House.



- Democracy in Action, including clean elections, the right to vote, and reducing the importance of money in campaigns.
- Health Care for All, including access, implementation of the Affordable Care Act, and expansion of Maine Care coverage.



MUUSAN Solar Rally in process.

- Climate Change, including fossil energy conservation, development of solar and other renewable sources, and public education about the deleterious effects of a changing climate.



**MUUSAN**

Maine Unitarian Universalist  
State Advocacy Network

## WORKING FOR JUSTICE

### LEARNING THE TRUTH ABOUT THE WABANAKI HISTORY TWO FILMS—FIRST LIGHT AND DAWNLAND

Many of us were present on Sunday, April 17, to hear Penthea Burns, Co-Director of Maine Wabanaki REACH, speak poetically about how we who live with white privilege, have benefited from the destructive history of Maine's Native peoples. She invited us all to learn the truth about that history, to work for justice and to be part of the change and healing that are long overdue. Adam Mazo's 13 minute film, *First Light*, offered a brief but clear-sighted look at the work of the Maine-Wabanaki Truth and Reconciliation Commission that is leading the way towards that justice and healing.

On Monday evening, 4/18, over 50 people from the church and the community saw a second screening of *First Light* and heard Adam Mazo, Co-Director of the film and Director of Upstander Project ([upstanderproject.org](http://upstanderproject.org)) and Mishy Lesser, Learning Director of Upstander Project talk about the making of the film. Those attending participated in a discussion about the issues past and

present that continue to oppress Maine's Wabanaki tribes and to destroy their culture. Adam and Mishy travel widely to educate teachers and talk with community groups like ours about these issues. They are very excited about the potential power of the full length film, *Dawnland*, to enhance their work. *Dawnland* which will go into production as soon as the funding has been found.

Working for Justice Steering Group encourages you to go on line to **Dawnland.org** to learn more about *Dawnland* and the issues presented in the film, Look at the short videos and information that are so well presented there.

*Consider contributing to the  
Kickstarter Campaign that will end on May 8.*

We think you will agree that the film needs to be made!

### JOIN THE PARTY! A MULTICULTURAL/MULTIGENERATIONAL POTLUCK

**FRIDAY, MAY 6, 5-7PM, HERE AT UUCB**

UUCB members and friends of all ages are invited to a multicultural potluck presented by English Language Learners from Merrymeeting Adult Education and their teacher, Vincent Liu, in partnership with the UUCB Working for Justice Steering Group. Adult students and their families from Brazil, Cambodia, China, Congo, Greece and Japan are eager to practice their English language skills and to share their cultures with us to include food, music, games and languages. We will share with them our warm welcome and fellowship, our interest and our own favorite dishes. This is definitely a family friendly event! For all of us at UUCB this is a chance to reach out and welcome new Mainers to our community. We hope you will come!

**If you plan to be there, please RSVP to a member of the WFJ Steering Group by May 3**, so our guests can better plan their cooking, and WFJ can organize the space accordingly. If you would like to contribute to the Hannaford cards that will help support the students' food purchases, please see Cathey Cyrus.

Thank you!

*WFJ Steering Group:* Donna Chale, Cathey Cyrus, Lynn Ellis, Penny Elwell, Sue Kennedy, Marjorie MacNeille, Ed McCartan, Pat Moore, Margaret Northup, Jim Spicer, Faith Woodman, Betty and Connie Wurtz





## WORKING FOR JUSTICE

### 2016-2017 CHARITIES WITH SOUL BALLOT:

Please check off ten (10) organizations to become UUCB Charities with Soul for 2016 – 2017. Place your ballot in the box in the fellowship hall at the back of the sanctuary. The new year of charities begins July 1, 2016. Voting takes place on Sunday, May 1 & May 8. *You may also return this ballot to the church office by noon on Thursday, May 12, 2016.*

- |  |  |
|--|--|
| <p><input type="checkbox"/> <b>Addiction Resource Center (ARC)</b> – A program of MidCoast Hospital providing treatment for drug &amp; alcohol addiction.</p> <p><input type="checkbox"/> <b>A Well-Fed World</b> – A hunger relief and animal protection organization, working in the U.S. and internationally.</p> <p><input type="checkbox"/> <b>Boys to Men</b> – Seeks to reduce interpersonal violence, specifically male violence against women and girls, and supports the development of emotionally fluent, civically engaged boys.</p> <p><input type="checkbox"/> <b>Coastal Humane Society</b> – a “no-kill” animal shelter serving MidCoast Maine.</p> <p><input type="checkbox"/> <b>College Guild</b> - The Brunswick volunteer organization provides free correspondence courses to prisoners throughout the country – a population that is often overlooked.</p> <p><input type="checkbox"/> <b>Doctors’ Without Borders</b> – Provides health services in war-torn regions and developing countries.</p> <p><input type="checkbox"/> <b>Embrace A Vet</b> – Provides retreats &amp; Paws for Peace (placing trained companion dogs) for veterans with PTS and TBI.</p> <p><input type="checkbox"/> <b>Four Directions</b> – Improving the social and economic conditions of the four Native American tribes in Maine through education and investment in affordable housing, tribal business ventures, and native entrepreneurship.</p> <p><input type="checkbox"/> <b>Gathering Place</b> – Brunswick organization offering hospitality, respect, and support to those who come – a place for people with no place to go.</p> <p><input type="checkbox"/> <b>ILAP (Immigrant Legal Advocacy Project)</b> – Volunteer lawyers and others help immigrants throughout Maine through the difficult legal process of obtaining asylum status. (80% success rate).</p> <p><input type="checkbox"/> <b>Independence Association - Brunswick</b> – Serves children and adults with intellectual disabilities and autism.</p> | <p><input type="checkbox"/> <b>Maine Family Planning</b> – Provides access to high-quality, affordable reproductive healthcare and comprehensive sexual health education.</p> <p><input type="checkbox"/> <b>Maine-Wabanaki REACH</b> – A cross-cultural collaboration that promotes best child welfare practices between Wabanaki and Maine citizens, communities and governments through reconciliation, engagement, advocacy, change and healing activities.</p> <p><input type="checkbox"/> <b>Natural Resources Council of Maine</b> - Works to protect, restore, and conserve Maine’s environment, now and for future generations.</p> <p><input type="checkbox"/> <b>Nature Conservancy</b> in Maine – The leading conservation organization working around the world to protect ecologically important lands and waters for nature and people.</p> <p><input type="checkbox"/> <b>Partners in Health</b> - Establishes long-term relationships with sister organizations based in settings of poverty, striving to achieve two overarching goals: bring the benefits of modern medical science to those most in need of them and to serve as an antidote to despair.</p> <p><input type="checkbox"/> <b>Paul O’Neil Foundation</b> – Helps defray non-covered expenses such as hotels, meals, mileage for families with children who have life threatening and long term illnesses in Maine.</p> <p><input type="checkbox"/> <b>Oasis Free Clinic</b> - Providing health care and dental services to people who cannot pay for care and to those who do not have insurance available to them.</p> <p><input type="checkbox"/> <b>Spindleworks</b> – Provides artistic outlets for developmentally disabled adults in the Brunswick area.</p> <p><input type="checkbox"/> <b>Tedford Housing</b> - Works to end homelessness in MidCoast Maine by providing shelter, housing and services to those in need.</p> |
|--|--|

***Note:** Midcoast Hunger Prevention and Habitat for Humanity/7 Rivers are always in our roster of Charity with Soul organizations.*

### GUEST AT YOUR TABLE

Thank you to all who participated in the Unitarian Universalist Service Committee Guest At Your Table fundraising effort.  
Our congregation contributed \$1235.99 this year.



## FUNDRAISING EVENTS

### "WHAT'S IT WORTH?" APPRAISAL FAIR

**JUNE 11 @ 1-4PM**

**Highland Green Community Center**

**7 Evergreen Circle, Topsham**

Is that vase you bought at a flea market worth anything? Do you have some old maps or historical documents in your attic? How much is that jewelry you inherited from your grandmother worth?



Four appraisers from Freeman's Auction House will be appraising attendees' antiques, fine art, decorative arts, historical documents, or jewelry. Freeman's, based out of Philadelphia, is one of the oldest and most respected auction houses in the country. Two of the appraisers (Kelly Wright and Virginia Salem) are regulars on the PBS show "Antiques Roadshow."

Individuals are encouraged to bring their treasured items for valuation and will be asked to offer a donation of \$10 for each item appraised or 3 items for \$25. All items are welcome with the exception of coins, stamps, guns, or carpets. Although it is easier to put a value on items that can be seen in person, the appraisers are willing to do the appraisal from photos if items are too bulky or fragile.



Reservations are preferred, but walk-ins are welcome. To place a reservation and **avoid long waits**, register online at <http://uucbAppraisal.brownpapertickets.com> or contact Susan Michaud at 729-4857 or at [michaud\\_susan@comcast.net](mailto:michaud_susan@comcast.net).

To reach the Highland Green Community Center, turn in the entrance off Rte 196/Topsham Connector and drive past the golf club. The Community Center is just beyond on the right with ample parking and easy access with no steps.

### YSAYE BARNWELL WORKSHOP

**SATURDAY, 3/12/15**

Organizing team Heidi Neufeld, Sylvia Stocker, and Sue Michaud would like to thank all those who helped make Ysaye Barnwell's workshop "Singing in the African-American Tradition" a huge success.

The over-booked workshop brought in another **\$3480** for the church and local charities.

## FUNDRAISING EVENTS

### UUCB CONCERTS FOR A CAUSE

#### MAINE GAY MEN'S CHORUS

SUNDAY, MAY 15 AT 3 PM

Tickets: \$10 in advance (\$12 at the door)



The Maine Gay Men's Chorus will perform a repertoire of powerful and fun music in our sanctuary on Sunday, May 15 at 3 pm. Their program includes Broadway show tunes, pop and jazz standards, beautiful folk ballads, and comic numbers.

You will be thoroughly entertained and moved by this group of talented singers!

**Thanks to Monica Hamkins Chalice Group for providing the refreshments for this concert!!!**

**Tickets for both concerts** are available after church services at the fundraising table.

Or you can pick them up at the church office,  
Gulf of Maine Books,  
or ONLINE at [brownpapertickets.com](http://brownpapertickets.com).

#### CUL DE SAX

SATURDAY, MAY 21 AT 7:30 PM

Tickets: \$10

Local favorites Cul de Sax will be doing a benefit concert for UUCB on Saturday, May 21<sup>st</sup>. Cul de Sax is a Saxophone Quartet that features the major members of the saxophone family - soprano, alto, tenor and baritone - played with style by professional musicians who have been performing together for 20 years (Paul Aliapoulos, Jim Huebener, Chris Gutscher, and Susan Nourse).

The group has been featured in numerous concerts and resorts in Maine as well being invited to play at special events such as receptions at the Governor's Mansion, the U.S. Navy Saxophone Symposium in Washington, D.C. and the arrival of the "Tall Ships" in Boston.

The theme for the quartet's program is "Declamation and Dance," and they will play various dance forms from throughout the ages from the renaissance to modern times, including the Waltz and Rumba, etc.



### YOU CAN ALL JOIN IN THE FUN!

This has been a very good year for fundraising, even without a functioning fundraising committee! We have earned the \$5,000 that we were asked to raise for the church budget, and we have earned a good large chunk of money for outreach. And we still have 2 concerts and an Appraisal Fair to go!

I hope you can all **attend at least one of the upcoming fundraising events** to help us raise even more money for outreach. You too will feel pride in what we will have accomplished together for our own church and for our Charites with Soul.

**Calling all volunteers:** We need kitchen helpers and refreshments for the Cul de Sax concert and for the Appraisal Fair. Also needed for the Appraisal Fair are people for setup/cleanup, money takers, people to help attendees lug their items into the building and to the appraiser tables, and people to show people where to go. Sign-up sheets are available at the Fundraising Table in Fellowship Hall, or you can contact Sue Michaud at 720-4857..

Would you feel energized by bringing music to the community while making money for the church and outreach? You are invited to **Join the Concert Committee!** We will be holding meetings on the 4th Tuesday of every month and work at all the concerts (4 scheduled for next year). See Sue Michaud if interested.







THIRD FRIDAY OF THE MONTH  
UNITARIAN UNIVERSALIST CHURCH of BRUNSWICK  
1 MIDDLE STREET  
OPEN MIKE SIGNUP - 6:45 PM  
OPEN MIKE START - 7:00 PM  
FEATURED PERFORMER - 8:30 PM  
SUGGESTED DONATION: \$8

# Windy Ridge Band



Jim Chard, Mama Beth Revels, Steve Davis & Frank "Woody" Woodard The Windy Ridge Band has been playing bluegrass music at festivals, coffee houses, restaurants, parades, private parties and even a rodeo since the band was established in 1989. They play a variety of their favorite traditional bluegrass, folk and Americana songs and feature many songs written by Jim Chard. As a band comprised of U.S. Veterans, Windy Ridge has recently participated in the National Veterans Creative Arts Festival. They were honored to win first place for categories entered in both 2014 & 2015 which resulted in showcasing their talents in Milwaukee, WI and Durham, NC at the NVCAF annual show. Another of the band's highlights include their 2011 CD "Invitation" comprised entirely of Jim's original tunes.

Founding member and award winning songwriter Jim Chard sings lead and plays guitar and mandolin. Mama Beth Revels sings lead & harmony and plays mandolin and guitar. Frank "Woody" Woodard, an original member, sings and keeps a steady beat on the bass. Windy Ridge's newest member, Steve Davis, adds a great sound with his skillful touch on the banjo.

Jim Chard, Mama Beth Revels, Steve Davis, & Frank "Woody" Woodward

## Friday Evening, May 20, 2016

*Feature set preceded by the Open Mike*

The Side Door Coffeehouse has been a fundraiser for the Unitarian Universalist Church of Brunswick since 1993.  
It is entirely volunteer run.

### VEGAN SUNDAY-MAY 15

All are welcome to join the Vegan Sunday potluck for a delicious plant-based meal on Sunday, May 15, at noon in Fellowship Hall. We enjoy eating tasty, nutritious meals and the camaraderie of other vegans, and those who want to explore a plant-based diet as a pathway to better health for our bodies and our planet. Sorry, no drop-ins, but if you are planning to come, please RSVP to coordinator Jessica Tracy at [jtracy21@myfairpoint.net](mailto:jtracy21@myfairpoint.net) or 207-729-7294 and let her know by Thursday, May 12, what vegan dish you plan to bring.

### MEN'S LUNCHEON

Wed, May 25

These monthly fellowship luncheons, which are held on the last Wednesday of each month with the exception of holidays. All men of the church are welcome. For details, contact Brad Mitchell, [bmitch10@gmail.com](mailto:bmitch10@gmail.com), or Jim Michaud at [michaudjim33@gmail.com](mailto:michaudjim33@gmail.com).

## 2015-2016 ANNUAL REPORTS DUE

It's that time of year - Annual Report Time. If you are the Chairperson(s) or the person(s) in charge of a committee, group, task force or the like, it's time to think about your UUCB Annual Report for FY 2015-2016. If you need a copy of last year's report, please contact the Church Office.

***Please consider including the following in your Annual Report:***

- List committee members with year each person joined the committee/task force/group etc.
- Identify committee chair and indicate the year that person assumed leadership.
- State the charge to (purpose of) the committee.
- Describe the committee goals set for the past year.
- Summarize those goals accomplished and those still needing attention.
- Anticipate issue/changes that impact ongoing functioning of committee.
- Express appreciation when/where appropriate.

Once your report is completed you can.....

- ◆ E-mail your report to the church office (uubruns@gwi.net)
- ◆ Mail it to UUCB, PO Box 129, Brunswick ME 04011
- ◆ Hand Deliver it to the Church Office Tue – Fri 10am-4pm
- ◆ Leave it in the mail box outside the church office.

All reports are due by **Tuesday, May 17** to give office staff time to prepare the report for the Annual Congregational Meeting in June.

### WOMEN'S ALLIANCE

**Tuesday, May 10**

The May meeting of the UUCB's Women's Alliance will be held on the 10th, from 12 noon to 2 pm in the May Sarton Room. Bring lunch for yourself if you wish; beverages and dessert will be provided

Our speaker will be UUCB member Judith Chamberlain, MD, a graduate of Stanford University and Dartmouth Medical School. She has practiced Family Medicine for almost 40 years. For 16 years, she practiced in Dexter, ME, followed by a working in Brunswick. Developing clinical programs for patients on Medicaid in 16 states is her current work, for Aetna Insurance.

Dr. Chamberlain has a particular interest in women's health issues, and feels end of life care is part of the continuum of care given in a healthy partnership between patients and physicians. She will share her thoughts on any questions we may ask.

The Woman's Alliance welcomes all women of the congregation; bring a friend if you wish.



### SAVE THE DATE

#### Grace Lewis-McLaren and Larry Lemmel, Piano

Grand Rondo in A Major ..... Schubert  
 Four Preludes ..... Debussy  
 Petite Suite ..... Debussy

**Sunday, June 5, 2016 at 11:45 am**

UUCB Sanctuary

Admission Free – Please Invite Friends





## MEMBERSHIP

### WHO ARE THOSE PEOPLE BEHIND THE VISITOR'S TABLE?

Leigh Peranteau



A neighbor in Philadelphia invited me to attend one of the three UU churches in that city. What a profound discovery, a religion without dogma or a set of beliefs for all members! For someone raised and educated in the Catholic religion it was a revelation, one that seemed right for me.

In time, I joined the UU Church of the Restoration and was very active in every aspect of church life for over twenty years. I enjoy participating in community building on many levels. However, Membership has long been a favorite. Welcoming others and helping them find their way is so important for all of us.

My husband Paul and I began visiting UUCB in 2013 while we considered a move to Brunswick from our home in Philadelphia. A UU church in the community we lived in was a must. We were both impressed by the warmth and interest of the Membership Committee ("Memcom") here at UUCB from the start. Upon learning we were considering a move one of the members made herself available to us. We stayed in touch over the next two years.

Paul and I moved into our home in Meadowbrook last summer and I joined Memcom soon after.

I am retired from a Directors position in a social services agency providing treatment to individuals with mental illness and substance abuse disorders. Paul works part time as a consultant for an academic publishing company.

We both love living in Brunswick. The natural beauty, the climate, farmers market, Maine St, many hiking trails, restaurants and the many friendly, interesting people are just a few of the many pleasures we have found living here.

Nancy Meikle



I am a life long UU. I grew up in Minneapolis attending the First Universalist Church where John Cummins is now minister emeritus. After college I joined Arlington Street Church in Boston. Jack Mendelsohn had just become minister. I married Jim, a widower with four children in 1966. We lived in Westboro, MA and went to the Westboro and Northboro UU churches.

In 1992 we moved to Cundys Harbor and later we downsized to a condo in Yarmouth.

Soon after, we joined UUCB; however, we were not active members. After Jim died in 2011, UUCB seemed the perfect place for me to meet new friends and enjoy spiritual support. And I loved the new building. It hasn't disappointed. To begin, I participated in chalice circles, and then joined the Membership Committee two years ago. Besides working with wonderful people, MemCom gives me the opportunity to greet the many new visitors UUCB attracts each Sunday.

In Boston I did administrative work in the retail and art fields. After marriage, I did volunteer work for mental illness, craft and photography organizations. Later I received my master's in education. Jim and I pursued genealogy, and I am currently working on a book detailing my father's ancestors back to Rev. Thomas Carter in Woburn, MA in 1642.





## MEMBERSHIP

### HOW TO GET INVOLVED AT UUCB

We often hear people ask, "How can I get involved at UUCB?" Well, the answer depends on how involved one wants to become, and, fortunately, there's something for everyone.

If you're looking to work with others on a one-time event, consider signing up to be a greeter, or to make coffee Sunday morning. Read the Sunday bulletin and the weekly email, "This Week at UUCB," to see if there are any special activities, like weeding the gardens, or setting up an event in the coming week. If you are looking for greater commitment, you might consider joining a Chalice Circle (small discussion groups) formed each fall, or any of our many on-going interest groups like the Writer's Group, Men's Lunch Group, Stories with Soul, and Women's Alliance. Detailed information about these programs can be found on the church website, [uubrunswick.org](http://uubrunswick.org).

### HOW TO BECOME A MEMBER OF UUCB

We are always happy when people decide to make the commitment to join UUCB! Official membership requires signing the membership book in the presence of the minister, or a member of the Executive Committee of the Board when the minister is away. We strongly urge anyone considering membership to attend the You and UU class which is offered twice a year (April 30 this spring) to learn more about our governance and the responsibilities of membership. However, attendance at this class is not required for membership. Once you sign the book you will be asked to make a financial pledge in any amount you can. As a member you will be eligible to serve on the governing board of the church.

### NEW MEMBER RECOGNITION

Sunday, June 5th the Membership Committee will conduct the worship service and welcome new members to our congregation. Please be sure to join us for this important event in our church life.

## FRENCH DAY CAMP HERE AT THE UUCB

### ORGANIZED BY A UUCB TEEN!



Looking for something fun for your children to do once school is out? Announcing **Camp Coccinelle**, a full-day French camp in Brunswick for children ages 6-10.\* Your children will enjoy learning the French language in a fun, relaxed, and creative setting with native speakers of French. In each session, campers learn the basics of French, enjoy artistic projects, learn songs, hear stories, do role plays, explore Francophone cultures, prepare foods from French-speaking regions, and play indoor and outdoor games. Three one-week sessions, each exploring new things, run **June 13 through July 1**.

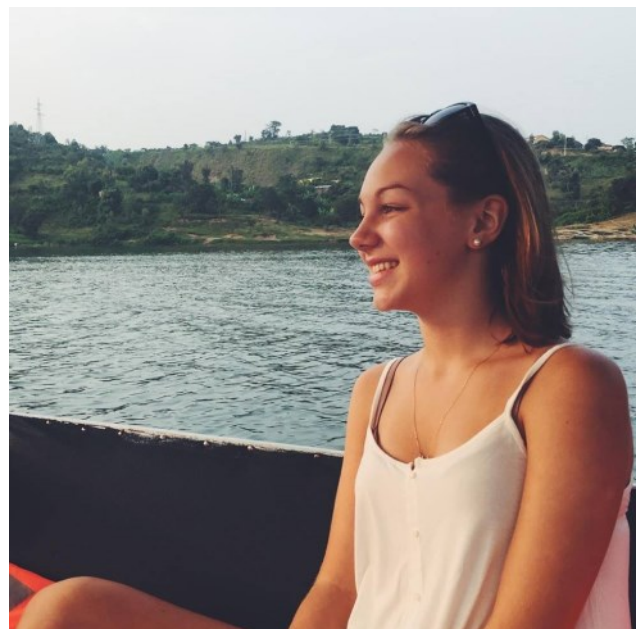
Camp is organized by UUCB bilingual teen **Claire Dauge-Roth** and local bilingual French teacher Esther Kary, who teaches French at Chewonki.

\*Several parents have expressed interest in French camp for their older children. If there is enough expressed interest from the middle school-age crowd, we will consider opening a program for ages 10-13, tailored to that age group. Please contact us!

For more information please visit:

<https://campcoccinelle.wordpress.com/>

Any questions? Please contact Claire Dauge-Roth at [campcoccinellemaine@gmail.com](mailto:campcoccinellemaine@gmail.com)



# MAY 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<div>1</div> <div>10 Church Service 10:15 RE Classes</div> <div>11 New Comers Chat: WBR</div> <div>11: Adult Ed Book Discussion: SAN</div> <div>12 Chalice Circle: WBR</div> <div>3 Abyssinian Event</div>	<div>2</div> <div>4 Working for Justice: MSR</div> <div>5pm-12am Cleaning Time: entire church</div> <div>Office Closed</div>	<div>3</div> <div>4:30 Membership: MSR</div> <div>5 Staff Mtg: WBR</div> <div>6:30 Worship : MSR</div>	<div>4</div> <div>10 Health Inequality Grp: MSR</div> <div>3 Writers Group: MSR</div> <div>3:30 Adult Educa- tion Task Force: WBR</div>	<div>5</div> <div>12 Noon Deadline: "This Week" email &amp; Order of Worship</div> <div>7 Choir: SAN</div>	<div>6</div> <div>Tedford Shelter Meal</div> <div>5 Cultural Festival Pot Luck</div>	<div>7</div> <div>9 Spring Cleanup at UUCB</div> <div>RENTAL (9:30-1:30am) 10 AA Rental: MBR</div> <div>12:30-4:30 College Guild Rental: Pennell</div>
<div>8</div> <div>10 Church Service 10:15 RE Classes</div> <div>12 Green Sanctuary: MSR</div> <div>Mother's Day</div>	<div>9</div> <div>5pm-12am Cleaning Time: entire church</div> <div>Office Closed</div>	<div>10</div> <div>12:30 Women's Alliance: MSR</div> <div>4:30 Membership: MBR</div> <div>4:30 Finance: MSR</div> <div>6:30 Stories: CL</div> <div>7 St. Mary's Schola Concert</div>	<div>11</div>	<div>12</div> <div>12 Noon Deadline: "This Week" email &amp; Order of Worship</div> <div>12:30 Chalice Circle: WBR</div> <div>1 Education Inequali- ty: MSR</div>	<div>13</div> <div>10 Friday Chalice Circle: WBR</div> <div>10:30 Buildings &amp; Grounds: MSR</div> <div>3:30 End Inequality : MSR</div> <div>3 Mt Ararat Senior Prom setup</div>	<div>14</div> <div>RENTAL (9:30-1:30am) 10 AA Rental: MBR</div> <div>5-12pm Mt. Ararat Senior Prom</div> <div>Office Closed</div>
<div>15</div> <div>10 Church Service 10:15 RE Classes</div> <div>12 Vegan Sunday: FEL</div> <div>2 Gay Men's Chorus Concert</div>	<div>16</div> <div>5pm-12am Cleaning Time: entire church</div> <div>Office Closed</div>	<div>17</div> <div>ANNUAL REPORTS DUE TODAY</div> <div>6:30 Tuesday Chalice Circle : WBR</div> <div>6:30 Board : MSR</div>	<div>18</div> <div>3 Writers Group: MSR</div>	<div>19</div> <div>10 Rental: MSR</div> <div>12 Noon Deadline: "This Week" email &amp; Order of Worship</div> <div>4 Judicial Inequality: MSR</div> <div>7 Choir: SAN</div>	<div>20</div> <div>5 Parish Messenger Deadline</div> <div>7 Side Door Coffehouse (Windy Ridge)</div>	<div>21</div> <div>RENTAL (9:30-1:30am) 10 AA Rental: MBR</div> <div>9 End Inequality Forum Groups: SAN</div> <div>1-5 Private Rental</div> <div>7:30 Cul de Sax Concert</div>
<div>22</div> <div>10 Church Service 10:15 RE Classes</div> <div>3 Daponte Concert</div> <div>Office Closed</div>	<div>23</div> <div>5pm-12am Cleaning Time: entire church</div> <div>Office Closed</div>	<div>24</div> <div>6:30 Stories with Soul : WBR</div> <div>7 Concert Task Force: MSR</div>	<div>25</div> <div>12 Men's Luncheon</div> <div>UUCB, Peaceworks, Boys to Men Movie Event</div>	<div>26</div> <div>12 Noon Deadline: "This Week" email &amp; Order of Worship</div> <div>12:30 Chalice Circle Facilitators: WBR</div> <div>7 Choir: SAN</div>	<div>27</div> <div>9:30 Angel Cleaners</div> <div>5-7 Private Rental</div>	<div>28</div> <div>RENTAL (9:30-1:30am) 10 AA Rental: MBR</div> <div>12-3 Private Rental</div> <div>Office Closed</div>
<div>29</div> <div>10 Church Service 10:15 RE Classes</div> <div>Office Closed</div>	<div>30</div> <div>5pm-12am Cleaning Time: entire church</div> <div>Office Closed</div>	<div>31</div>	<div>SAN = Sanctuary</div> <div>FEL = Fellowship Hall</div> <div>WBR = Wendall Berry Rm</div> <div>MSR = May Sarton Room</div> <div>MBR = Merrymeeting Bay Room</div> <div>RE = All RE Space</div> <div>HIL = Hildebrant Room</div> <div>CAR = Carson Room</div> <div>MAN= Mandela Room</div> <div>CL= Curtis Library Seminar Room</div>			

## ANNOUNCEMENT SUBMISSIONS/DEADLINES

If you have items to be placed in the "This Week" email, Announcement Insert (The green sheet) or the Order of Worship, please submit it to Shirley, the office administrator, by **Thursday at 12:00 pm**

If you want an announcement or article to appear in the monthly Parish Messenger, send it to the newsletter editor, Sue Michaud, on or before the **3rd Friday of each month** (usually). The deadline for the June Parish Messenger is **Friday, May 20th**. (michaud\_susan@comcast.net)