

Parish Messenger

Unitarian Universalist Church
of Brunswick



August, 2015

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SUNDAY SERVICES AT 10 A.M.

*Our Mission is
To be a spiritual community
To welcome all
To nurture one another
To work for justice
And to care for the earth.*

The Unitarian Universalist Church of Brunswick

Rev. Sylvia Stocker, Minister

Rev. J. Bradbury Mitchell,
Minister Emeritus

Nicole Shanks,
Director of Religious Education

Stephanie Bernier, Music Coordinator

Heidi Neufeld, Choir Director

TBA, Choir Accompanist

Shirley Bernier, Office Administrator

Tony Sulkoski, Sexton

August 2 “#Black Lives Mastter”

Rev. Stocker preaching. Music by harpist, Louise Gephart.

August 9 “Dog Days of Summer (Let’s Be Sirius)”.

Rev. Stocker preaching. Music by pianist, Jesse Feinberg.

August 16 “Making a World of Difference”

Rev. Stocker preaching. Piano and Vocal Music
by Shannon Chase.

August 23 “Buyer Beware”

Rev. Stocker preaching. Guitar & Vocals by Meteora
and Kat Logan.

August 31 “Tension Between Society’s Rules and Individual Code of Ethics”

Louise Hudson is the pulpit guest Music by pianist,
Larry Lemmel.

MINISTER'S MUSINGS



Rev. Stocker was taking vacation and study time in July when the newsletter was being produced. She will return to her regular "Minister's Musings" column next month. She reminds us a picture is worth a thousand words and shares this photo of her and her husband Steve Wellcome enjoying Jud Caswell sing during Bath Heritage Days. (Photo by Skip Brimlow.)

HOW TO REACH US

The Unitarian Universalist Church of Brunswick
PO Box 129, Brunswick ME 04011

Office Hours at 1 Middle Street are Tues through Friday from 10-4. The office administrator is Shirley Bernier.

The Minister, Rev. Sylvia Stocker works from home and her church office. Her regular office hours are on Tuesdays and Thursdays from 1-4 pm. She is also available by appointment. To guarantee an appointment, it's always best to call and schedule a meeting. In an emergency, do not hesitate to call her anywhere or any time. (Consult the church directory for her home number.) For routine church business, please call her at the church.

The Director of Religious Education, Nicole Shanks, is available by appointment. You can call her at the church office or email her at uubrunswickdre@gmail.com.

Monday is the Sabbath for the Minister, the DRE, and the office.

Telephone/Fax: 207 729-8515

E-mail: uubruns@zwi.net

Website: <http://www.uubrunswick.org>

OUR BEAUTIFUL NEW SANCTUARY



IMPORTANT RE ANNOUNCEMENTS AND DATES

Youth Info: We will be offering Our Whole Lives (OWL) for grades 7-9 and youth group for grades 7-12 in our upcoming program year. Stay tuned for more information!

Volunteers Needed: We are still seeking volunteers to be part of the teaching teams for PreK-K and the 4-6th grade classes. Expect to commit to between 7-12 Sundays during the year depending on your availability. Want more information? Please contact Nicole at uubrunswickdre@gmail.com

September 09: PreK-Grade 6 RE Volunteer Orientation (evening)

September 14: Intergenerational Homecoming Service

September 21: Start of RE classes

September 28: Parent orientation following the worship service/RE classes; childcare provided

October 3 - 4: Youth Group camping trip

Happy Summer!

nicole

UUCB CONCERT SERIES



In spite of no mention in the Times Record or Portland Press Herald, diehard Devonsquare fans from all over Maine came out for the concert that was held at our church on July 25. Concertgoers were treated to a variety of the group's favorite hits, a few new songs written by Tom Dean, and a beautiful rendition of John Lennon's "Beautiful Boy." The group that has been together for 30 years is just as talented and moving as ever. We raised a little over \$300 for the church. Thanks to Peter Alexander for his great article in the Coastal Journal!

SAVE THE DATE

Bill Staines
 Sat, September 26
 7:30 pm



One of the best-known and beloved singer-songwriters from the American folk music scene, Bill Staines has spent five decades on the road singing his songs and entertaining audiences, starting with the Boston folk scene in the early 1960s. With his heartfelt songs, his warm, smooth baritone, his prowess on guitar, his charm and his gentle humor, he is one of the most popular singers on the folk music circuit today.

Tickets: \$15 in advance, \$17 at the door.

See Sue Michaud or David Roundy after church.

Also available in church office, Gulf of Maine Books,
 or brownpaperticket.com

HABITAT FOR HUMANITY

SATURDAY, SEPTEMBER 12

On Saturday, September 12, UUCB volunteers will be working on the second Habitat home, the Faith Build. This home is for a single mother and her two children. Only ten volunteers are needed to make sure everyone is busy with a job and so far two slots have been taken. We work from **8:30 am to 3:30 pm**, taking a break for lunch. If you are interested in working, please contact Gretchen at 833-5125 or gkamilewicz@gmail.com. Thank you and p.s., those who have volunteered in the past have had a great time.

The Build is also going on this summer, and while we as a church are not scheduled for a date, you are free to contact Michele Ober at Habitat if you would like to work one of the following dates.

(Shifts run from 7-11:30 am or 12:30-5:00pm Saturdays and only afternoon shift on Sundays.)

August 1-both shifts
August 2-afternoon
August 9-afternoon shift
August 15-both shifts
(Dexter and I will be working the morning shift.)
August 16-afternoon shift
August 23-afternoon only
August 29-both shifts
August 30-afternoon only
September 5-both shifts

Michele can be reached at 504-9335 or Michele@habitat7rivers.org.

This is such a great cause, so get a friend to volunteer for a shift with you and know you will feel great doing so. Again, thanks.

Gretchen

AUGUST'S CHARITY WITH SOUL



Habitat for Humanity/7 Rivers Maine creates successful homeownership opportunities for families with limited incomes by building sustainable housing and repairing and weatherizing existing homes. Serving the 31 towns in Sagadahoc, Lincoln, and Northern Cumberland including Brunswick and Harpswell, Habitat for Humanity/7 Rivers is the local affiliate of Habitat for Humanity International (HFHI). Their mission is to coordinate donations of funds and materials with volunteer labor to build affordable new homes or weatherize/repair existing homes for qualifying families. The affiliate name, **7 Rivers Maine**, is a derivation of seven of our service area's rivers: Cathance, Androscoggin, Kennebec, Sheepscot, Damariscotta, New Meadows, and Medomak. To help support the mission the Restore sells donated building materials, fixtures, furniture, appliances, tools, and other surplus items. For more information go to the website www.habitat7rivers.org or call 386-5081

APPRAISAL FAIR

In October, the Fundraising Committee would like to have an Appraisal Fair to raise money for the church. **Caroline Evans** once worked at an organization that was very successful with such a fair, and she has agreed to organize the fair here at UUCB. Other UU Churches have done this as well and were happy with the results.

How does it work? Local people bring their treasured items/antiques for valuation by one or more expert appraisers (who WE hire). Funds are raised for the church by requesting a donation for each appraisal. Appraisal fairs are fun and informative events that are always salted with unexpected surprises. If you have watched "Antiques Roadshow" on PBS, you know how fun the process can be.

Please contact Caroline at 607-0962 if you would like to help organize this event or help out on the day of the fair with setup/cleanup, lugging items in and out of people's cars, or refreshments.



MUUSAN



MUUSAN

Maine Unitarian Universalist State Advocacy Network

SUMMER UPDATE

Adapted from the MUUSAN July newsletter and submitted by Lynn Ellis

At the July 11th MUUSAN meeting the three Focus areas reviewed commitments and made recommendations for ongoing action.

Climate Action:

A letter signed by MUUSAN members was sent to President Obama with concerns about the Trans-Pacific Partnership and its potential adverse impact on the environment. Climate Action Chair, Melanie Lanctot summarized the status of environment-related bills that were before the legislature. Developing a solar policy for Maine remains a priority that MUUSAN will continue to track. Dale McCormick is now part of a newly formed Maine group, the Climate Table. MUUSAN is the first faith group to be involved.

Restoring/Strengthening Democracy:

Our Fifth Principle calls on UUs to affirm and promote the right of conscience and the use of the democratic process within our congregations and in society at large. To strengthen the democratic process, MUUSAN supports the Maine Citizens for Clean Elections and

Ranked Choice Voting. The Clean Election Initiative will be on the ballot this November and Ranked Choice Voting Initiative has gathered the necessary signatures to appear on the 2016 ballot.

Healthcare:

Maine All-Care has presented a well received program at a number of congregations to promote single-payer healthcare. This year marks the 50th anniversary of Medicare. Mary Ann Larson, representing MUUSAN, will participate in a rally on the 30th of July to make a statement in support from the faith-based perspective.

Other News:

Mary Ann Larson and Lynn Ellis will be representing MUUSAN at the Brunswick Peace Fair on August 1st. Trudy Ferland and Lynn Ellis will lead the worship service at UUCB on January 10, 2016 and talk about MUUSAN.



The next MUUSAN meeting, focusing on Restoring Democracy, will be held on September 12th at the Augusta UU Church.

Apology to Betty Wurtz. In last month's newsletter, I mentioned that Betty Wurtz, had just celebrated her 80th birthday the week before she marched the entire parade route of the Gay Pride Parade. What made the feat much more amazing is that she had just celebrated her 90th birthday, not her 80th!

VEGAN SATURDAY—AUGUST 15

Instead of our usual Vegan Sunday potluck at church in August, the group will be dining out together on **Saturday, August 15** at The Green Elephant in Portland.

This event had been cancelled in July due to the arrival of the tall ships. The outing is taking place on Saturday because the Green Elephant is closed on Sundays.

For more information, please contact coordinator Larry Lemmel

**WOMEN'S ALLIANCE****NUGGETS FOR BETTER HEALTH**

The Women's Alliance will meet at the Church on **Tuesday, September 8, at 10:30 A.M.** The presenter will be **Jean Rice**, Health Kinesiologist, Certified Brain Gym Consultant, and Holistic Health Care Certified Practitioner. This program is an opportunity to learn or be reminded of ways to be healthy every day. Please be prepared to participate in this discussion! Jean practices out of Bath, Maine.

UUCB Adult Education Task Force Invites You to an
ALL-CHURCH COMMUNITY READ AND DISCUSSION

Being Mortal

Medicine and What Matters at the End

by Dr. Atul Gawande, Brigham and Women's Hospital, Boston

*"Gawande tackles the hardest challenge of his profession:
how medicine can not only improve life but also the process of its ending."*

—READ—

Being Mortal was published in 2014 and has been on the New York Times bestseller list for many weeks. It is available at local libraries and in hardcover and e-book editions.

—DISCUSS—

Sunday, August 16, 11:30 am —12:30 pm at UUCB.

Dr. Bill Clark and Dr. Judy Chamberlain, Facilitators

View a presentation on Being Mortal at <http://video.pbs.org/video/2365422384/>

TIME TO SIGN UP FOR CHALICE CIRCLES!

Chalice Circles are small groups that meet monthly for respectful listening and sharing on deep and meaningful topics—a wonderful way to get to know others in a deeper way than most social occasions allow. People often tell me that once they've been in such a group, when they come to church events they see people they now know and feel connected with them.

To quote Sylvia: "The groups help us to embrace our Mission Statement. Each meeting has a *spiritual* component. The groups *welcome all* who are interested; at the end of a year, the groups re-form to open the door for more newcomers to join them. Group members *nurture one another* during the year by creating an environment where deep listening can occur. And groups provide service to both church and wider community to help us engage in our commitment to *work for justice* and to *care for the earth*." each group performs two service projects, one for UUCB and one for the greater community.

In Chalice Circles we covenant to listen in silence and wait until a speaker is done speaking to begin speaking (some form of announcing our intention to speak is used, perhaps a gesture or a "talking stick"). Silence, when it occurs, is enriching and beneficial, allowing us to fully take in what the other says. This is very counter-cultural!

We covenant not to engage in cross-talk (direct response by one person to another), but to simply hold in respect and care what the other has said. When we speak we don't address our remarks to individuals but "speak into the circle." We may agree or disagree with the speaker, but we speak from our own perspective and our own experience rather than critique or argue a point of view. We do not offer advice unless it is asked for. All of this is counter-cultural too!

As you may be picking up here, Chalice Circles are not "discussions" or times to share our knowledge, not even a "conversation" in the usual way of conversation in our culture. They are an opportunity for intentional, deep sharing from our own perspectives and experiences, an opportunity to hear others in a way we don't usually get to—and to *be heard* in a way we don't usually get to be heard! It can be transformative to be heard with genuine respect and care.

The 2015-16 Chalice Circle season begins with sign-ups now until September 20. Circles will meet October through June. Chalice Circles are being offered at specific days and times when facilitators are available to lead them. To participate in one for the coming year, please fill out the form below and **return it to the church office no later than Sunday, September 20.**

Chalice Circles Signup Form

Name _____

Address _____

Phone _____ Email _____

I want to join a Chalice Circle. I am available for gatherings at the following times when they are being offered. (Circle all that apply.) *I understand I need to make attendance a commitment so that my Chalice Circle can succeed.*

_____ **Tuesday morning (9:30-11:30)**

_____ **Wednesday afternoon** (exact time to be determined)

_____ **Thursday afternoon (12:30-2:30)** (You may bring a brown bag lunch if you wish)

_____ **Friday morning** (exact time TBD)

_____ **Sunday afternoon** (exact time TBD)

Please return this form to the church office **no later than Sunday, September 20.**

Questions? Karen Foley, 725-1379, or Sylvia Stocker at the church office.

FUNDRAISING

After a very successful year of raising funds for the 2014-15 church budget, the Fundraising Events Committee was rewarded by the opportunity of donating the extra earned income to the charity of their choice. On July 23rd, members of the Fundraising Events Committee presented a check for \$1,400 to Midcoast Hunger Prevention.



Maryl Tiemann, Sue Ellen Damour, Karen Parker (Executive Director of MCHPP), Susan Michaud

FUNDRAISING EVENTS 2015-16

Fundraising Events Committee needs to raise a minimum of **\$5,000** to meet the budgetary needs of the church. Members of the committee: Sue Michaud, David Roundy and Caroline Evans.

NEEDED: Coordinator/Chair

Events on the Calendar:

Appraisal Fair, October 2:

Caroline Evans is taking the lead. **Refreshment leader needed.**

Please contact Caroline if you would like to volunteer at this event.

Holiday Fair, December 6:

Greens by Robin Hansen, Kitchen by Lynn Ellis, **Crafts by _____?**

All Church Auction, April 30:

Check out by the Kew's; Dick and Ren are the auctioneers; Kitchen by Gretchen Kamilevicz.

Live and silent auction organizers are _____?

Plant sale is on the calendar for May 7, but no plans are yet in the works.

IF YOU ARE INTERESTED IN TAKING A PART, please contact Mary Larsen, Board Chair





THIRD FRIDAY OF THE MONTH
UNITARIAN UNIVERSALIST CHURCH of BRUNSWICK
1 MIDDLE STREET

OPEN MIKE SIGNUP - 6:45 PM
OPEN MIKE START - 7:00 PM
FEATURED PERFORMER - 8:30 PM
SUGGESTED DONATION: \$8

Sweet Bitters



Sweet Bitters is the female acoustic duo of Portland, Maine-based Nina Schmir and New Jersey-based Sharon Goldman. They met while living in Brooklyn and combined their talents to serve up flavorful folk-pop on guitar and keyboards, highlighted by beautiful harmonies and sophisticated songwriting.

The Sweet Bitters self-titled debut album is a delight! With mesmerizing harmony, unique lyrics, and music that manages to incorporate a folk-pop jangle without dumbing-down the decidedly cerebral bent to the compositions, it has been a pleasure airing multiple tracks to share with my listeners. Sharon Goldman and Nina Schmir are powerful talents.

--Lilli Kuzma, host of Folk Festival on WDCB Public Radio in Chicago

Friday Evening, August 21

Feature set preceded by the Open Mike

The Side Door Coffeehouse has been a fundraiser for the Unitarian Universalist Church of Brunswick since 1993. It is entirely volunteer run.

PLEASE NOTE THE EARLIER STARTING TIMES

FROM THE BOARD CHAIR

As the new chair of the Trustees, and as a fairly new member of UUCB, I want to introduce myself to those who might not know who I am. I have also met many of you, but perhaps some don't know my background. I also want to welcome people to call, email or meet with me if you have concerns I should bring to the Board's attention.

I moved to Brunswick three years ago to live near family and my beloved ocean after having lived in Meadville, PA for about 40 years. Born and raised in Bristol, CT, I attended Allegheny College and remained in Meadville where I raised my two children and pursued my career. I am a PA Licensed Counselor where I spent the bulk of my working years as the Education Guidance Counselor in the Adult Education Department of a PA state prison for men. There were 2,300 inmates in the prison, and my job was to counsel them to obtain a GED and to get vocational training offered at the prison. Five full time academic teachers and seven vocational teachers helped many gain skills necessary to succeed upon their release. Both rewarding and frustrating, I am passionate about quality education for people of all ages. I also have done private counseling in part time positions.

I have previous board experience which I hope will help in this position. I served two terms on the board of the UU Church of Meadville, where I was a member for 18 years. I also was President of the school

board for four years of the private school my children attended, and President for three years of the board of the Meadville Community Theatre.

At UUCB, I sing in the choir, serve on the Pastoral Care Associates team, have attended Chalice Circles for three years, attended Working For Justice meetings, completed the Restorative Justice training, and have been a member of the board for the past year. Outside of church, I sing with the Brunswick Oratorio Chorale.

Our church, UUCB, is a more active, exciting place to be than any of my past experiences. I've been so impressed with the positive energy and cooperative atmosphere all of you provide. Cindy Parker (and others in the past before I moved here) was such a gift to our board and is a very tough act to follow. We are so fortunate for all she has given the church. She meets with me, answers many questions regularly and has promised to mentor me along the way. It is my goal to do my best to keep the momentum going, involving as many of you as will help us keep this such a happy, productive and meaningful church. In this coming year, with Sylvia's sabbatical for much of it, I will be counting on all of us to maintain all of our activities.

I may be reached by email at marniel@windstream.net, in person, or by phone 406-4266 (home) and 814-720-8526 (cell).

Mary Larsen

FIRST TUESDAY CONCERT SERIES

GRACE LEWIS-MCLAREN FEATURED AT AUGUST 4 CONCERT

UUCB's informal First Tuesday Concerts continue on Tuesday, August 4 at 12:15 pm in the church Sanctuary. Come just to listen, or bring your brown bag lunch to enjoy during the music.

Grace Lewis-McLaren will present thirty minutes of restful, relaxing piano music.

First Tuesday Concerts are presented free of charge, thanks to the generosity of UUCB musicians. They will continue through the summer and fall, with additional concerts scheduled for September 1 and October 6. Mark your calendar now!



AUGUST 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
ANNOUNCEMENT SUBMISSIONS/DEADLINES If you have items to be placed in the "This Week" email, Announcement Insert (The green sheet) or the Order of Worship, please submit it to Shirley, the office administrator, by Thursday at 12:00 pm If you want an announcement or article to appear in the monthly Parish Messenger, send it to the newsletter editor, Sue Michaud, on or before the 3rd Friday of each month (usually). This deadline for the September Parish Messenger is Friday, August 21st . (michaud_susan@comcast.net)						1 <i>Office Closed</i>
2 10 Church Service <i>Office Closed</i>	3 4:30 Working for Justice 7 Merry Meeting Singers : SAN <i>Office Closed</i>	4 12:15 First Tuesday Concert (Grace Lewis-McLaren) 4-6 Membership: MSR 6:30 Worship : MSR	5	6 12 Noon Deadline: "This Week" email & Order of Worship	7 Tedford Meal 11:00 Fellowship Gallery Committee: MSR 5 "Soldier Come Home" play	8 <i>Office Closed</i>
9 10 Church Service <i>Office Closed</i>	10 7 Merry Meeting Singers : SAN <i>Office Closed</i>	11 5:30 Finance: MSR 6:30 Stories : WBR 7:30 Pastoral Care: MSR	12 3:00 Writers: MSR 4:00 End Inequality Team Meeting	13 12 Noon Deadline: "This Week" email & Order of Worship	14 10:30 Buildings & Grounds: MSR 5-8 pm Art Walk	15 Vegan Lunch at Green Elephant <i>Office Closed</i>
16 10 Church Service 11:30 Community Read/Discussion "Being Mortal" <i>Office Closed</i>	17 7 Merry Meeting Singers : SAN <i>Office Closed</i>	18 1:30 Chalice Circle 3:00 Tuesday Afternoon Chalice Circle 6:30 Board: MSR	19	20 12 Noon Deadline: "This Week" email & Order of Worship	21 3 Wedding Rehearsal 5 Parish Messenger Deadline 7 Side Door Coffeehouse (Sweet Bitters)	22 RENTAL-Wedding (UUCB Member) <i>Office Closed</i>
23 10 Church Service 11:30 Adult Religious Education Presentation <i>Office Closed</i>	24 7 Merry Meeting Singers : SAN <i>Office Closed</i>	25 6:30 Stories w Soul: WBR	26 7:00 Concert Committee Meeting	27 12 Noon Deadline: "This Week" email & Order of Worship	28 ANGEL CLEANING <i>Office Closed</i>	29 <i>Office Closed</i>
30 10 Church Service 11:30 Adult Religious Education Presentation <i>Office Closed</i>	31 4 Working for Justice 7 Merry Meeting Singers : SAN <i>Office Closed</i>					