Parish Messenger

Unitarian Universalist Church of Brunswick

NOVEMBER 2026

UUA Certified Welcoming Congregation

OUR MISSION

To be a spiritual community,
To welcome all,
To nurture one another,
To work for justice,
And to care for the earth.

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Minister

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Minister Emerita

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Lifelong Spiritual Formation Director

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Services in November

THEME: HEALING

November 1st - Healing our Democracy
Led by Rev. Dr. Kharma Amos; Music by Will Bristol and the UUCB Choir
It is the Sunday before mid-term elections in the United States, and we at UUCB are shifting to a new theme of reflection -- Healing. The daunting question that first comes to mind given this context, is how will we work together to heal our democracy? If this question concerns you, please join us.

November 8th - You're Not Broken: On Healing a certain Concept of Healing
Led by Rev. Dr. Kharma Amos; Music by Will Bristol and the Pop-Up Choir
Healing can be a concept with some baggage, especially in religious contexts. For example, those who have been viewed as "different" (i.e. less than) by the majority (e.g., people with disabilities, LGBTQ+ people, etc.) have been subjected to forced "healing" rituals to change or control them. Let's bring some of that out into the open in the hopes that it might help heal some of the damage healing-talk has done. If that's possible, perhaps we could think more liberatively and meaningfully about healing some of what is broken in all of us.

November 15th - Moving Towards Wholeness
Led by Rev. Dr. Kharma Amos; Music by Will Bristol and the UUCB Choir
If we understand healing as something that includes our brokenness, scars, and adaptations, what does it look like to move towards a sense of wholeness that incorporates these things? Instead of covering up our scars or pretending our places of pain or struggle aren't there, could we find ways to think about healing -- individually -- that contribute to our overall well-being and integrity? Maybe so. Let's reflect on it.

November 22nd - When Healing is Communal
Led by Rev. Dr. Kharma Amos; Music by the UUCB band and Robin Jellis
Some of the deepest injuries are those that occur between us, in our interpersonal relationships and, on a grander scale, between neighbors and nations. Thanksgiving is one example of some of the larger, societal injuries that are still in need of healing today. Unfortunately, there are many more. Rather than retreat from these intimidating examples that last beyond a lifetime, how can we engage the practice of healing together?

November 29th - Art, History and Healing
Led by Stephen Black; Music by Clifford Cameron, guest
- a continuation of the service on 08/02/26 when Steve Black could not lead his service in person.
A personal story of recovery from the hidden injuries of class, homophobia and other indignities. Using art, educational travel, and peer counseling I continue to explore the possibilities of reclaiming one's authentic self. **Bio**: See page 2.

Minister's Message

What Needs Healing?

Rev. Dr. Kharma Amos, Minister

November arrives carrying a lot: a consequential election, Veterans Day, Transgender Day of Remembrance, and Thanksgiving, which for many Indigenous people and allies is a National Day of Mourning. We are a people in need of healing. Yet "healing" is a word with baggage, especially in religious circles. Many scriptural healing stories are tangled up with sin, judgment, and punishment, and some modern healing practices still treat difference as damage.

Years ago, as a student studying the Promise Keepers movement in a Women's Studies course at the University of Oregon, I watched a group of men approach a woman using a wheelchair. They assumed she needed healing, and that healing meant cure. They expected her to get up and start walking as a direct result of their faithful intervention with their God. Not so fast. She was already a whole human being. What if what needed healing that day wasn't her body, but their assumptions about it?

What if we could untangle our ideas of healing from dominant culture's relentless push toward perfection, the belief that anyone who moves, thinks, or loves differently from the majority is a problem to be fixed? Healing might look less like erasing difference and more like repairing relationship: with one another, with our history, and with our own tender, imperfect selves.

This month, let's explore healing together from many angles: personal, communal, political, spiritual. I suspect that whatever healing is, it is better resourced, better understood, and better practiced in community.

So come. Grieve with us, vote with us, give thanks with us. Bring your whole self, exactly as you are. We need each other, this month as always.

Blessings,
Kharma

Services in November - continued

***Bio – Stephen Black**

Steve grew up on Orr's Island with family roots going back many generations in Maine. His interest in all things German began as a AFSC exchange student from Brunswick High School in 1964/65. He is the father of two daughters, Annika and Lillian; taught German at the high school level for 22 years and later in semi-retirement for 12 years at the Boston Conservatory. He is a founding member of the Holocaust and Human Rights Center of Maine.

Steve's home on Orr's Island also serves as a community arts center. Sponsoring art shows, poetry readings, dance demos and occasionally informal music sessions give him great pleasure.

Say it with Flowers

A Note from the Music Director

Will Bristol
Music Director

Hi all,

During the month of November—with our worship month theme of *healing* at UUCB, I'd like to invite you to contemplate the shared theologies we ascribe to as UU's. There are at least seven that can easily be pinpointed and traced through our hymnals by delving into the texts of its songs. In looking into these, we also have an opportunity to see the multiple sources of inspiration for our UU faith—including some parts that might necessitate a certain amount of reconciliation or *healing* in order to be understood as being part of the same faith. Join Rev. Dr. Kharma Amos and me as we explore this on Saturday, November 14th, from 10am – 12 noon, in the Sanctuary. FMI: email music-director@uubrunswick.org.

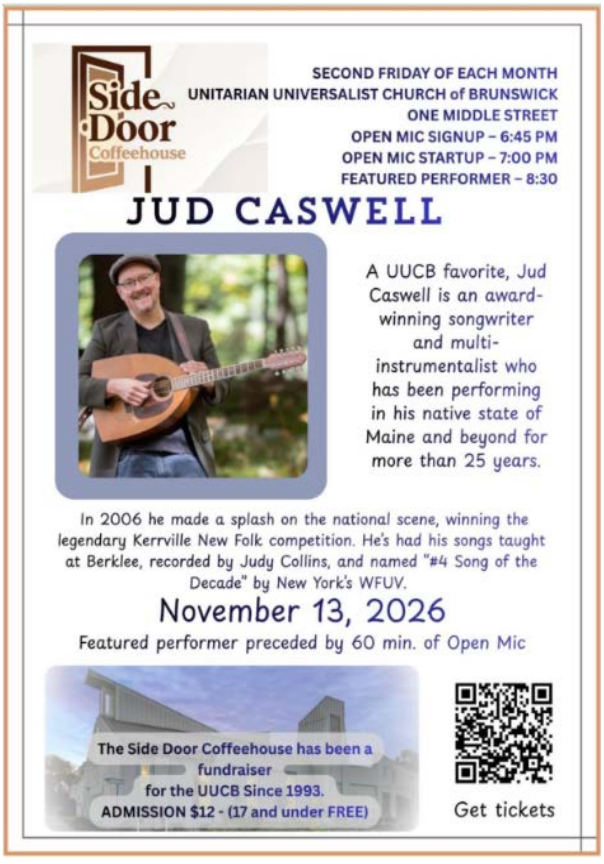
Side Door Coffeehouse

The Side Door Coffeehouse is a venue for local musicians and others (professional and amateur) to share their talents, and for residents and visitors of the Midcoast community to enjoy great entertainment and conversation in a relaxed setting. Organized by a group of volunteers from the Unitarian Universalist Church of Brunswick, the Side Door Coffeehouse operates on the second Friday of every month except August.

Admission is $12 for adults and free for children 17 and under.

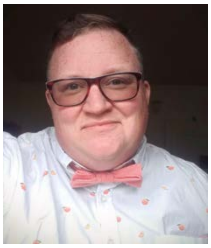
The Friday, November 13th installment will feature:
Open Mic signup at 6:45 pm
Open Mic at 7:00
Jud Caswell—at 8:30

Jud Caswell is an award-winning songwriter and multi-instrumentalist who has been performing in his native state of Maine and beyond for more than 25 years. In 2006 he made a splash on the national scene, winning the legendary Kerrville New Folk competition. He's had his songs taught at Berklee, recorded by Judy Collins, and named "#4 Song of the Decade" by New York's WFUV. His record "Live at the Seagull Shop" was the number 1 album on the Folk Alliance International radio charts in March of 2020. Jud is currently releasing a series of albums of music that he recorded during the early months of the pandemic. Check out https://www.judcaswell.com to listen to his music and more.



From the Lifelong Spiritual Formation Director

Adult Spiritual Formation



Toben Cooney-Callnan, LSF Director

Making Time for What Matters

It's a busy fall at UUCB, and I'm excited about the opportunities we have to learn, create, and spend time together. Looking at the offerings on the calendar, I'm also reminded that a full schedule isn't really the goal. What matters is what happens when we show up.

Spiritual formation can sound like something that requires a reading assignment or a particularly thoughtful answer. Sometimes there is reading. But it also happens when we try something unfamiliar, pay closer attention to the natural world, make art, or take time to notice how we're doing. These practices can help us understand ourselves and make room for questions that don't always get much attention in daily life.

Doing these things together adds something. We get to know people beyond the Sunday morning greeting. We hear a different perspective, discover a shared interest, or become comfortable enough to ask a question we thought everyone else already knew the answer to. Over time, those ordinary moments help us build relationships with more trust and understanding.

That's part of what being a spiritual community asks of us: to keep learning about ourselves and one another, and to consider how our values shape the way we live. Time spent nurturing our spirits can support our ability to care for others, engage with difficult questions, and stay connected to the things that matter—even when life is demanding. Tending to our joy belongs in that work, too. There is a lot in the world that needs our attention, and it can feel difficult to make time for something simply because it brings us pleasure or helps us feel more alive. But we need those experiences. Curiosity, laughter, creativity, and connection help sustain our capacity to care and imagine what could be different. If we hope to help heal the world, we need practices and relationships that sustain us for that work. Making room for joy is part of how we keep going.

I'm grateful to the folx helping organize and lead this fall's offerings. They bring thought, preparation, creativity, and plenty of practical work to making these opportunities available. I appreciate their willingness to share what they know and create space for others to explore.

My hope is that you'll find something here that meets a need or sparks your curiosity. There's no expectation to do it all. Being part of UUCB gives us opportunities to keep discovering what sustains us—and to get to know the people doing that discovering alongside us.

From the Lifelong Spiritual Formation Director

Children's Spiritual Formation

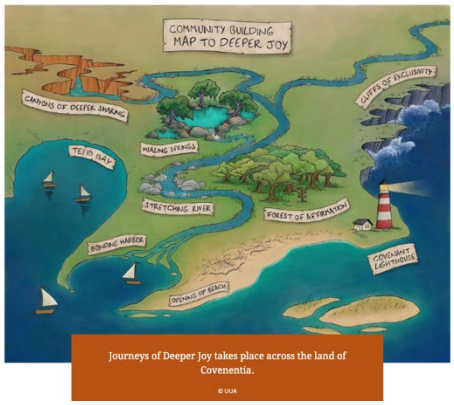
Our Kids are Pretty Cool. Come Find Out.

I get to spend a lot of time with our children and youth at UUCB, and I wish more folx could see what I see on Sunday mornings. They're curious, funny, thoughtful, and full of ideas. They ask questions worth sitting with and notice things adults miss. Working with them is fun—and it gives us plenty to think about.

One of our Children's Spiritual Formation volunteers put it this way:

> "*Spending time with our UU youth is one of the most enjoyable things I do at UUCB. They are smart and energetic, and they have the kind of imagination that most adults left behind long ago. They are perceptive, and sometimes they surprise me with their 60-years-younger-than-me perspective. We have had some very interesting conversations — not always related to the lesson plan (don't tell Toben), but sometimes those are the best ones. They make me optimistic about the future, and that is not easy to come by these days.*"

For the record, Toben knows. Some of the best questions don't arrive neatly within the lesson plan.



Last year, our Yellow Group helped try out the UUA's new role-playing game, *Journeys of Deeper Joy*. They created characters, worked through challenges, and explored what it takes to build a community—all while bringing their own considerable imagination to the adventure. There was a learning curve for kids and adults alike, and our group helped us figure things out as we went.

Now their experiences and feedback are featured in *UU World*! I'm proud that their voices are helping other congregations learn about this resource. You can read the article, **"Journeys of Deeper Joy: UU Roleplaying Game Brings Adventure to Religious Education," here**.

This year, every CSF group is trying out parts of the UUA's new *Woven Faith* curricula: **Red Nursery; Orange Pre-K, K, and grade 1; Yellow grades 2–4; Green grades 5–7; and Blue grades 8–12.** Through stories, games, art, conversation, and shared experiences, our children and youth are exploring UU values and what those values mean in their lives. They bring their own questions and perspectives to that work, and we have things to learn from them.

Of course, none of this happens without some very cool adults. I'm grateful to the helpers who prepare, show up, listen, make room for different needs, and stay open to wherever the conversation might go. Their care helps make CSF a place where our kids can build friendships, explore their beliefs, and be themselves.

We also need more helpers each Sunday this year than we've ever needed before: **five to six adults!** That means we need more folx willing to be part of this community with our children and youth. You don't need to have every answer or know how to run a role-playing game. Curiosity, the ability to listen, and a willingness to have fun go a long way. Meeting outlines and support are provided.

Tell me how you'd like to help this year: lsf-director@uubrunswick.com. There are some pretty great kids here at UUCB. I hope you'll get to know them!

From the Board of Trustees

Mary Kay Harrington fulfilling a delicious dream in Tuscany!

In September I had the opportunity to go to Tuscany with a friend to an Italian cooking school near the town of Poppi. This had been on my "bucket list" for a long time and to say the least the entire experience was a dream come true. The villa we stayed at, the chef and the meals, we all learned to cook together, was like being in a movie. Surprisingly, the highlight of the trip for me was a hike on the mountain right outside the Sanctuary of La Verna – a sacred place associated with St. Francis. The forest was filled with old, tall Beech trees and the many huge boulders everywhere, were covered by various green mosses that reflected the sunlight. It was the most beautiful spot on earth I have ever hiked. The experience was spiritually uplifting and healing, on so many levels.

As each of us goes through life – we often are in need of healing. The theme for November's services here at UUCB will all focus around the concept of Healing. We hope you will join the community as Kharma and the Worship Committee share their insights with us. The Board decided this year to have a youth representative from the community join us. At our meeting on Oct.21, we welcomed Meara Piampiano as our newest Board Member. She has already contributed new insights to our discussions, and we know this will help us hear perspectives from our ever-growing youth congregants.

The Committee Fair – held on Oct.11th – allowed our various committees the opportunity to explain their mission and welcome those interested. This invitation to explore opportunities to use the gifts you want to share is always ongoing. If you have specific ways you would like to contribute your skills and talents within the UUCB community, please talk with Kharma or any of the Board Members. We would love to hear your ideas.

Henry Wadsworth Longfellow has a long history with UUCB. Recently the artist Greg Wyatt approached the Board with a gift of donation of a "bas-relief portrait of Henry Wadsworth Longfellow". The Board has welcomed and approved this gift and is in the process of working with artist's team to have the bronze relief mounted above Longfellow's bible in the church hall. Greg Wyatt is an American representational sculptor who works primarily in cast bronze. His work can be seen in more than 20 public spaces in cities from New York to Beijing. We look forward to a formal "unveiling" of this significant and generous gift and hope that will be before the February 2027 Longfellow Days here in Brunswick.

The Christmas Fair preparations are in progress, and many volunteers are needed to make this significant community activity and fundraiser a success. Please consider signing up to help and join in the fun. Please see the Parish Messenger for more information. Stay hopeful, courageous and warm!!

Mary Cay Harrrington, on behalf of the Board of Trustees

Church and Community Happenings

Looking for someone to learn how to run the online auction site, Auctria. This person should have experience with using websites and graphics and be willing to put in a lot of time about one month before and during the auction. For this coming auction, you would just be shadowing or helping out Sue Michaud. The following year, you would hopefully be the lead person in charge of the auction site. "The next generation would be gratefully considered."

Church and Community Happenings

Membership Committee

Sharing photos and bios of our new members to celebrate our growing community. Contact Betsy Roper betsyroper1@gmail.com if you'd like to appear on this page in a future issue!

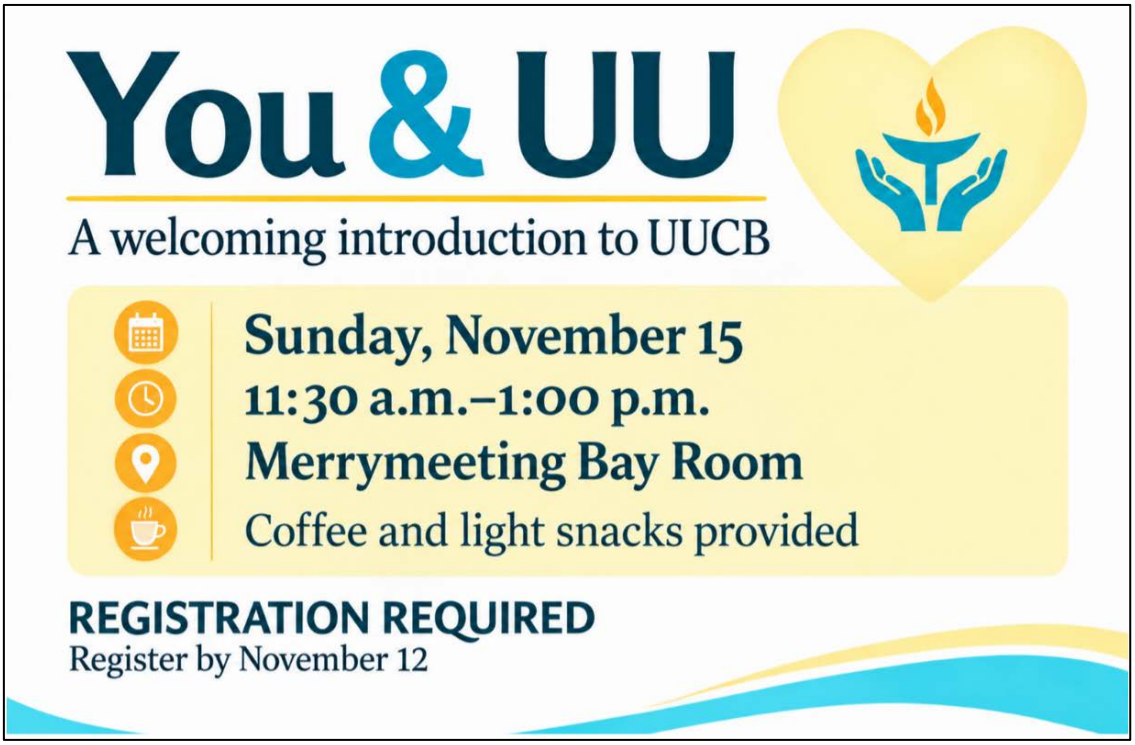
New Member Introduction – Carolyn and Jake Kulaw

Carolyn Tkach and Jake Kulaw have been UUs since 2018 at First Parish Portland, where they became members. We became UUs accidentally by giving someone a ride to a service. She invited us in and we never left. We were both recovering Catholics and Jake swore that he would never attend church but was sold after the first sermon. Jake grew up outside of Buffalo, New York, and Carolyn grew up in Worcester, MA. Jake is a teacher and an enthusiastic Buffalo Bills fan (Go Bills!). He likes to hike, spend time in nature, read and is passionate about social justice issues. Carolyn sings whenever she gets the chance. She works with people in recovery. We live with a sweet golden retriever named Cedar and a kitty cat named Sunshine who allows us to live here. We are delighted to have found the UUCB.

The Next You & UU Workshop is on Sunday, Nov 15 – 11:30-1:00 pm

The You & UU workshop is part of the pathway to becoming a member of UUCB. It offers an opportunity for newcomers to UUCB (and those who are not new but would like to know more) to learn more about who we are and what we believe. It provides opportunities for members of our congregation to share with newcomers what it means to them to be a Unitarian Universalist.

The You & UU workshop gives participants a chance to examine their own personal stories in the light of our Unitarian Universalist tradition and heritage. It offers a place to learn what it means to be a member of UUCB. Registration is available online under UUCB events and registration closes on Nov 12th. You can register at the Visitors Table on Sunday mornings. Questions about You & UU can be directed to UUCB-membership@gmail.com.



UUCB Holiday Fair

Holiday Fair Updates

We are in full action mode this month, gearing up for Dec 5! Sign-ups begin Nov 8 and continue for 4 weeks after that, in person before and after church. There are many ways to help!

Creating a successful fair is one way we can show up for each other. It creates fellowship with our community, supports the financial goals of the congregation, uses our creativity and making skills, expands our social networks, and we get to have a good time together!

A highlight is the Jewelry Department! The team, with leader Lisa Durrell, has worked most of the year diligently, collecting, sorting, cleaning, and carding gently loved used costume jewelry donated by the UUCB congregation. Along the way, there is always lots of fun and laughter!

These photos show how much work and love go into carefully making each piece shine for its new owner. During the week before the fair, the team is busy setting up hundreds of items in anticipation of December 5, the day of the Holiday Fair! Their efforts pay off with masses of enthusiastic customers and multiple dealers who come to the fair just for the jewelry department. The team handles scores of sales and eager shoppers of all ages. Their amazing success is truly a product of the yearlong care and hard work that they put into this project. Give them a “well done” next time you see one of the team in person!

Jewelry Sorting Team

Lisa Durrell, Leader
Adair DeLamater
Diane Deci
Brownie Siegler
Susan Snow
Sue Barker
Sue Stableford
Peggy Mast
Nancy Kurtz
Karen Rienert
Marty Lawrence
Beth Ring
Kathleen Cyr
Ann Gardner

Please share our event info with all the people you know. Invite folks to the event on social media and make a date with friends to “see you at the Fair for lunch and shopping!” https://www.facebook.com/uuchurchbrunswickme and https://www.uubrunswick.org/events/annual-holiday-fair-2026/

We are grateful and appreciate all of you who carve out time in busy lives to make, create, bake, sort, organize, spread the word, volunteer, or just come and shop, shop, shop!

UUCB Holiday Fair

HOLIDAY FAIR 2026 – SATURDAY, DECEMBER 5TH

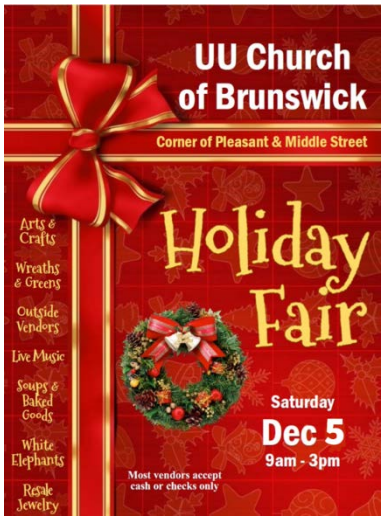
VOLUNTEER OPPORTUNITIES AND INFO

Sign-up sheets will be available in person Sunday, November 8, 15, 22 and 29
Grab your coffee and come on over to the table to sign up! If you have questions we will be happy to answer them!

For online sign-ups, please email your interest, name, and contact info to:
KatherineLF@gmail.com or uucbholidayfair@gmail.com

DEC 1-4 Pre-Fair and DEC 5 Day-of Fair
opportunities to help include:

1. **Fair Helpers, Dec 5,** Set Up, Greeters, Music, and Clean Up
2. **Handmade by UUs**, Kits, Donations and Sales
3. **Jewelry**, Set up, Sales and Pack up
4. **Bake, Make and Create - Donations and sales**
5. **White Elephant** - Set up, sales, and breakdown
6. **Wreaths** - Wreathmaking, clean up and sales
7. **In the Wings** - Available to help where needed
8. **Cafe Kitchen and Cashier Sign-ups** - Soup-making recipes and cafe sign-ups will be in-person, Sundays, beginning Nov 8
9. **Lawn Signs** - Previous year's volunteers will be contacted



WREATHMAKING! SUNDAY, NOV 29, AFTER CHURCH (11AM-UNTIL DONE)

Contact: Robin Hansen robinoh@comcast.net or Penny Elwell pennyelwell@yahoo.com

Make holiday wreaths with natural materials and pre-made bows. Don't know how? We'll teach you! Bring your own clippers or use ours. Then join us for free pizza around 3 pm!

EATS AND TREATS NEEDS YOU!

As you enter UUCB on the day of the Holiday Fair, you are welcomed by the magical fragrance of Balsam wreathes.... And THEN NEXT.... The tantalizing aromas of the Eats and Treats display! You will see brownies, fudge, pickles, cookies, granola, bread, jams, and on and on! Do you have a favorite treat that you like to make or create? You have the pleasure of donating, we have the pleasure of setting it out, and our holiday patrons have the joy of taking it home! And if this isn't enough, it all turns into support for UUCB! Please be thinking of what you might like to contribute, and when the sign-up sheets come out after the Sunday services, please add your name and your treat to the list! And know that we thank you!

Penny Elwell 373-0730 pennyelwell@yahoo.com - Gretchen Kamilewicz 653-0770 gkamilewicz@gmail.com - Leigh Peranteau 725-4874 leigh763@yahoo.com - Donna Tompkins 798-4638 donnatompkins@comcast.net

Church and Community Happenings

SANTA PROJECT – DONATIONS ACCEPTED STARTING NOV 1st

Greetings friends!

UUCB will begin taking donations for the 2026 Christmas Santa Project on November 1st . Santa Project donations are used to purchase non- alcohol/non-tobacco Hannaford Gift Cards in $5 and $10 increments. All of the gift cards are given to The Gathering Place for use by their 100 plus unhoused folks and people living on the street.

These gift cards can be used for food, prescriptions and other necessities at Hannaford's only. Santa's helpers will be in the back of the sanctuary to accept your cash or check donations each Sunday starting November 1st through November 29th. Thank you in advance for your most generous donations. For more information, please see Sharon Brown or Kathy Jacques.

MONTHLY COMMUNITY SING – SUNDAY, NOV 22 AND EVERY 4TH SUNDAY

Starting this month, UUCB will be hosting a community sing once a month. The first of these will be on 11/22 at 1pm-2:30pm. The group will be facilitated by several song leaders and is also open to those wanting to share songs that can be learned by rote. This is just as much a spiritual and contemplative time as it is musical. All are welcome!

COMMUNITY SING: *WE THE PEOPLE SING. EVERY VOICE MATTERS.* SUNDAY, NOV 1

November 1, 3:30pm at the Brunswick gazebo on the mall. Sponsored by the Brunswick Area Interfaith Council.

Several song leaders, including Rev Kharma and Will Bristol will lead songs and hot chocolate will be provided. Bring a light or candle, as it will get dark while we sing.

Church and Community Happenings

Brunswick Area Interfaith Council

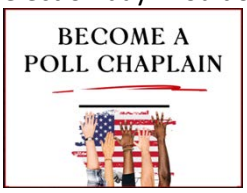
The Council spent most of the meeting on 10/13 discussing the updates on the Warming Center and the need this year to support our homeless population between 4-6 pm weekdays and both Saturdays and Sundays when the Warming Center and Gathering Place are closed. Originally, BAIC was asked to provide food each night for those in need, but now the ask has become more focused on providing the heated spaces folks need from 11/15 – 4/30 during the hours identified above. First Parish UCC is providing space and food on Monday evenings and St.Paul's Episcopal is now providing the same on Thursday evenings.

Peoples Plus has stepped up to offer its space to groups willing to cook and serve food provided by the Midcoast Hunger Prevention Program (MHPP) and UUCB is considering covering one Wednesday evening per month. Our building is too booked up for more. We'll need volunteers for that one Wednesday 3:30-6, willing to prep, serve, and clean up the food, as well as welcome people coming into the Peoples Plus (PP) space. PP is also going to make its space available to others willing to host and/or provide programming there over the weekends. The details of this are yet to be confirmed and there are variables that will determine exactly how food is served. UUCB (and other faith communities or agencies) could also offer to staff one weekend day per month if we have the volunteers to do so. A common set of behavioral standards will be promoted at all spaces providing services to the homeless. We agreed that BAIC will take responsibility for Wednesday night meals at People Plus with food supplied by MCHPP. We need to work out the details.

Monday 10/19, Tedford will be making a presentation about the needs of the homeless to the Brunswick Town Council to see whether they can do more to help fill all these needs. More information to come!

Meanwhile, BAIC is hosting a community sing "We the People Sing. Every Voice Matters" the Sunday prior to election day. November 1st we will meet at the Brunswick Gazebo at 3:30 pm. Several song leaders including Rev. Kharma and Will will lead songs and hot chocolate will be provided. Bring a light or candle, as it will get dark while we sing.

Poll Chaplains are being recruited by Multifaith Justice Maine to be present at various polling places on election day. You don't have to be clergy to volunteer. One or two folks will serve as a positive presence welcoming people to the poll for a shift of whatever length you can volunteer. There will be Zoom training and chaplains will be connected by Signal during their shift. Contact Jodi Hayashida at MJM jodi@mainepeoplesalliance.org to sign up.



Thanks, Betty Robinson

THE CARING NETWORK AT UUCB

Do you know what the Caring Network does? Through the Caring Network, members and friends at UUCB build relationships with others in our church community by giving and also by receiving help. Our new email address, caring@uubrunswick.org is how to reach us.

The mission of the Caring Network is to facilitate concrete assistance and support for members and friends of our church community with specific short-term needs. This assistance and support is provided by volunteers within our church community. It might be preparing and delivering a meal or providing limited local transportation for shopping, errands or medical appointments.

When family or close friends aren't available to help, the Caring Network is here for those needing assistance. Please contact caring@uubrunswick.org if you would like temporary assistance or if you would like to help in some way. We can fill in the gaps for meals or rides to appointments or other places when other help is not available. Please let us know your circumstances and what might help the most. We also have a list of resources in our area to help meet more complicated or long-term needs.

The Caring Network is now a subgroup of the Pastoral Care Associates. Beth Schuller and Mary Larson are now replacing Penny Elwell, Adair Delamater, Sharon Brown and Kathy Jacques, who gave years of help and kindness to UUCB members.

Concerts for a Cause

The mission of Concerts for a Cause is to hold a series of concerts to raise money for the church and local charities while sharing a variety of quality music with the Brunswick area community. This season's charities are Tedford Housing and Midcoast New Mainers. *The entire 2026-27 Season can be viewed online at https://www.uubrunswick.org/upcoming-events/concerts-for-a-cause/*

Yard Sauce

Yet another great concert on Saturday, October 24th. In spite of many other events happening at the same time, Yard Sauce played to a full house of people. The audience was wowed by the talents of each musician and the variety of styles.

Concerts for a Cause presents PORTLAND JAZZ ORCHESTRA November 21st

UUCB Concerts for a Cause presents the Portland Jazz Orchestra at the UU Church on November 21st to benefit Midcoast New Mainers Group and Tedford Housing.

The Portland Jazz Orchestra is Maine's premier concert jazz ensemble. Under the direction of Dr. Chris Oberholtzer, this 18-piece jazz ensemble performs a variety of instrumental and vocal big band literature. PJO enjoys playing works written by members and area musicians such as Craig Skeffington, Mike Sakash, Brad Ciechomski, Jake Sturtevent, and Terry White. In addition to performing original literature, PJO often performs music from the libraries of Duke Ellington, Count Basie, Stan Kenton, Bill Holman, Patrick Williams, Woody Herman and Maria Schneider, to name a few.

PJO is made up of professional musicians, many of whom are both performers and educators in New England. Collectively, PJO members have recorded, toured, and shared stages with artists such as Natalie Cole, Tony Bennett, Wayne Bergeron, The New York Voices, Barry Manilow, Roberta Flack, The Temptations, the Artie Shaw Orchestra, the Smithsonian Jazz Masterworks Orchestra, and the Glenn Miller Orchestra.

Tickets

Adults: In advance $25, at the door $20. Students/Children: $10. Available after church services, during the week at the church office or Gulf of Maine Books, and online at **https://ticketstripe.com/pjojazz**

Church and Community Happenings

Come enjoy a liberating morning of art making with church family and friends. On Saturday, November 7, from 9:45 a.m.–12:00 p.m. you are invited to explore a variety of activities, including acrylic painting, collage, mandala making, a community Earth Loom, and perspective photography (using your smart phone or tablet). No artistic talent or experience is expected—just a playful, curious spirit. We'll provide all the materials, and artists will be on hand to lend support. Refreshments will be provided. Participation is free. Adults only. Please leave the littles ones at home. Registration details to follow.

Charity With Soul

NOVEMBER CHARITY WITH SOUL: Tedford Housing

Contact: Stephen Wood, swood88@outlook.com

Every month half of the non-pledge Sunday collection goes to a local charity. During UUCB's last fiscal year, July 2025 through June 2026, the church donated ***$23,134*** *to charities. As we pass the plate this month, please consider the following statement from Tedford Housing.*

Tedford Housing is best known in the community for its emergency shelter, but that is just one part of a broader continuum of care supporting individuals and families at every stage of a housing crisis. As the sole provider of homelessness services along Maine's coast between Portland and Rockland, Tedford serves more than 200,000 residents across 40 towns—working with those experiencing homelessness, those who have previously been unhoused, and those at imminent risk of losing their housing. In December 2025, Tedford opened a new emergency shelter facility in Cook's Corner, expanding capacity by 60% and now offering 24 adult beds and 10 family apartment units. Each guest partners with a case manager to create a personalized Housing Stability Plan.

Beyond shelter, Tedford's homelessness prevention and outreach services provide rental assistance, security deposits, and heating support to help households remain safely housed. Permanent supportive housing offers safe, affordable apartments with ongoing case management for individuals and families who have previously experienced homelessness and face ongoing disabilities. During the winter months, Tedford also operates a low-barrier warming center, ensuring no one is left outside in Maine's harsh conditions. Together, these programs reflect Tedford's mission of helping people move from homelessness to home.

Charity With Soul

NOVEMBER CHARITY WITH SOUL: Tedford Housing

Working for Justice

WABANAKI AWARENESS FOCUS GROUP

Contact: Cathey Cyrus, sweetfernwfield@gmail.com

The Wabanaki Awareness Focus Group will meet this year on the 3rd Wednesday of each month, from 4:00pm to 5:30pm in the May Sarton Room. Our next meeting will be **November 18th** at 4:00pm We warmly welcome all those interested in helping raise awareness of Wabanaki presence and concerts at UUCB and in the wider community.

Musicians performing at Mainely Palestine: Teaching In and Reaching Out hosted at UUCB on Saturday, October 3, 9am – 6pm.

EARTH JUSTICE FOCUS GROUP

Contact: Jackie Cressy rivendellhousebnb@mac.com
Please join us after church Sunday, November 22nd to make your own recyclable gift wrap, one small step that can help reduce the waste we generate during the holiday season–25% more trash each week between Thanksgiving and New Year's! For more great ideas to keep the joy but shed the guilt this holiday season, pick up the paper insert on the Harvest Table or click here.

IMMIGRANT JUSTICE FOCUS GROUP

Contact: Bonnie Wood bonnie.s.wood@maine.edu
Volunteer operators are needed for the Maine Immigrant Defense Hotline. Contact Hunter Cropsey (hcropsey@maineimmigrantrights.org) at the Maine Immigrant Rights Coalition for information and to register for training.

UUCB Art Gallery

November Art Show: Barbara and Craig Snapp

About the Artists

Our featured artists for the next two months are Barbara and Craig Snapp, beloved church members who have so kindly shared their art with us many times in the past. The Snapps, married and explorers of Maine for over 50 years, began to truly focus on capturing Maine's beauty through their art upon permanently moving to Brunswick in 2003. Barbara works with paint and soft pastels, and Craig is a photographer. Please enjoy a selection of their extensive works in the Fellowship Hall and the May Sarton room.

R: Artwork by Barbara Snapp

Below:: Artwork by Craig Snapp

Call for Art

The December Art Exhibit is entitled 'Art for a Cause' and is comprised of donated original art pieces that will be for sale. If you have a piece of art that you'd like to contribute, please contact the Art Gallery Committee Chair, Anne Merrifield via email at amerri39@yahoo.com. Please include a photograph of the piece(s) along with size, medium and any reserve amount for the sale. The proceeds will be donated to the church for all its' good works.

Please take some time to enjoy the artwork in Fellowship Hall. Each month the Gallery Committee installs a new exhibit.
FMI: contact Anne Merrifield (amerri39@yahoo.com).

Meetings and Activities Calendar – November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Congregational Singing 9:45am Worship 10am Children's Spiritual Formation 10:15am New Comers Chat 11:15am Working For Justice 11:15am Recorder Ensemble 11:15am	2 Church Closed	3 ELECTION DAY Worship Committee 7pm	4 Meditation 4pm Chalice Circle 6pm Worship Band 6pm	5 Chalice Circle 10am Membership Committee 12:30pm Chalice Circle 1:30pm Communication Committee 4pm Choir 7pm	6	7 Play Date With Your Inner Artist 9:30am
8 Congregational Singing 9:45am Worship 10am Children's Spiritual Formation 10:15am Worship Retreat 11:30am Rental VentiCordi 12:15pm	9 Church Closed	10 Pastoral Care 4:30pm Finance 6pm Stories with Soul 6:30pm	11 QiGong 3pm Earth Justice 1:30pm Worship Band 6pm	12 Art Gallery Committee 10am Committee on Ministry 5pm Choir 7pm	13 Side Door Coffeehouse — Jud Caswell 7pm	14 Singing Our Theology 10am Holiday Fair Committee Meeting 10:30am A Closer Look: Nature Journaling 1pm
15 Congregational Singing 9:45am Worship 10am Children's Spiritual Formation 10:15am You and UU Class 11:30am	16 Church Closed	17 Chalice Circle 2pm Justice In The Ring Of Love 6pm	18 Wabanaki Awareness Group 4pm Chalice Circle 6pm Worship Band 6pm Board 6:30pm	19 Chalice Circle 10am Building & Grounds Committee 10:30am Chalice Circle 1:30pm Choir 7pm	20 Drum Circle 5pm Trans Day Of Remembrance Service 6pm	21 Holiday Fair Committee Meeting 10:30am Concert for a Cause Portland Jazz Orchestra- 7:30pm Parish Messenger Deadline
22 Congregational Singing 9:45am Worship 10am Children's Spiritual Formation 10:15am Holiday Crafting 11am	23 Church Closed	24 Stories with Soul 6:30pm	25 QiGong 3pm Worship Band 6pm	26 Office Closed 	27 Office Closed 	28
29 Congregational Singing 9:45am Worship 10am Children's Spiritual Formation 10:15am Holiday Fair Wreath Making 11:30am	30 Church Closed	December 1 Holiday Fair Set Up Chalice Circle 2pm Worship Committee 7pm	2 Holiday Fair Set Up	3 Holiday Fair Set Up Chalice Circle 10am Chalice Circle 1:30pm Communication Committee 4pm Choir 7pm	4 Holiday Fair Set Up	5 HOLIDAY FAIR 9am-3pm Holiday Fair Clean up 3pm until finished

OFFICE HOURS - Tuesday-Friday 10am-4pm Sunday, Monday & Saturday - Close

The Parish Messenger Deadline for the December issue is Saturday, November 21st. Please send your content to: parish-messenger-editor@uubrunswick.org.