

# Parish Messenger

Unitarian Universalist Church  
of Brunswick



## November, 2015

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*Our Mission is  
To be a spiritual community  
To welcome all  
To nurture one another  
To work for justice  
And to care for the earth.*

### The Unitarian Universalist Church of Brunswick

Rev. Sylvia Stocker, Minister

Rev. J. Bradbury Mitchell,  
Minister Emeritus

Nicole Shanks,  
Director of Religious Education

Stephanie Bernier, Music Coordinator

Heidi Neufeld, Choir Director

Derek Herzer, Choir Accompanist

Shirley Bernier, Office Administrator

Tony Sulkoski, Sexton

## SUNDAY SERVICES AT 10 A.M.

### Nov 1 "Day of the Dead"

### The Pastoral Care Committee

This will be a service of remembrance to honor our loved ones who have passed on. The service is based on traditions borrowed from the Mexican Day of the Dead. Members, friends and children are asked to bring in photos of their loved ones to share and display during the service. Music by harpist Louise Gephart and hymns accompanied by Grace Lewis-McLaren.

*(Don't forget to turn your clock back.)*

### Nov 8 "Spacious Enough"

### Rev. Carie Johnsen

How are your belief systems of God hijacking your relationships with others? Do you judge or celebrate those who have let go of God? Has your letting go of God led you to honor or look down upon those who hang on to God? And likewise, do you judge or celebrate those who walk with God? Has your embrace of God led you to honor or look down on those who have let go of God? Music by Derek Herzer.

*Rev. Carie Johnsen has served as the minister of Unitarian Universalist Community Church of Augusta since 2009. She serves on the steering committee for the Maine Unitarian Universalist Community Church.*

### Nov 15 "Universal Love Means Everyone"

### Rev. Nancee Campbell

The Universalist side of our religious tradition has a proud heritage, but how often do we find it practical in our lives today? It goes beyond tolerance and deeper than forgiveness, and in this service we will examine the startling implications universalism (with a small 'u') could have on our 21<sup>st</sup> Century world. Music by Derek Herzer and the choir under the direction of Heide Neufeld.

*Rev. Nancee Campbell is a 5<sup>th</sup> generation Unitarian and Universalist originally from Aroostook County. She worked for the State of Maine in the substance abuse prevention field prior to attending Starr King School for the Ministry in Berkeley, Ca. She served churches as a minister on Cape Cod, in Rockland, Maine and Stockton, California. Since retiring, she works as a Chaplain at MaineGeneral Medical Center and as a project developer/ grant writer for AdCare Educational Institute in Augusta.*

### Nov 22 "Thanksgiving Intergenerational Service"

The Religious Education Committee and Director of Religious Education, Nicole Shanks, will lead this service on thankfulness and community. Music will be provided by accompanist Derek Herzer and the Children's Choir, conducted by Heidi Neufeld. Non-perishable food items for Mid-Coast Hunger Prevention Program will be collected at the service. Please bring a non-perishable food item to share with neighbors in need. Music by Derek Herzer and the children's choir under the direction of Heidi Neufeld.

### Nov 29 "Honesty"

### Rev. Christina Sillari

The Rev. Sillari will lead the worship service. Music by Jesse Feinberg.

*Reverend Christina Sillari joyfully serves First Parish Unitarian Universalist Church in Portland, Maine. She is passionate about justice and truth seeking. Practitioner of yoga, shamanism, and Buddhism, Christina is currently exploring communication with star beings. She lives in Portland with her husband, daughter, and yellow lab.*

## RELIGIOUS EDUCATION

With the month of November comes the beginning of the winter holiday season- Thanksgiving, Hannukah, Christmas, and the New Year being among the most frequently celebrated winter holidays on our part of the planet. These holidays are closely tied to food, especially Thanksgiving. Coming from a situation in which I have plenty of access to food, it is easy for me to anticipate these holidays with excitement. Stuffing, buttercup squash, and cranberry sauce are on my mind starting in mid-October. I am fortunate enough, at least at the moment, not to have to worry about whether or not I will be able to have these items at my Thanksgiving meal, much less worry about whether or not I'll have any items for any sort of meal at all. It's easy to take that for granted though. Walking through the supermarket, aisle after aisle stuffed with every possible food item one can imagine, it is hard to believe that there are people in our midst who go without. Once upon a time I worked for the Salvation Army. Although my official title was 'Youth Pastor', I was really a jack of all trades- leading worship music, fundraising, planning children's programs, staffing the food pantry when no else was available, and picking up donated food items, among other things. The amount of expired (but still perfectly edible) food I picked up was just astounding at times. Loaves of bread, buckets of soup, pastries, and other items that were about to be thrown out that I picked up and brought to be used for the soup kitchen program and youth programs.

According to Good Shepherd Food Bank of Maine, 16.2% of households in our state are food insecure. This means that about 208,000 individuals in Maine lack access to enough food to ensure adequate nutrition. Maine ranks 12<sup>th</sup> in the nation and 1<sup>st</sup> in New England for food insecurity. Not exactly a statistic to be proud of. Based on the quantity of food in our state and the amount of food waste that is produced because of expired and unused food, the problem isn't one of quantity, but rather access. So what can be done? Well, first of all, though it isn't a remedy to the problem, those of us lucky enough to be experiencing food security can donate food to food banks that serve our communities. In fact, we will be holding a food drive for Midcoast Hunger Prevention Program as part of the Thanksgiving Intergenerational service this month. Be sure to bring along some food to share with your neighbors. Secondly, we need to address access issues. You might be interested to know that 35% of those households that are food insecure make too much to qualify for food stamps. By advocating for such things as a higher minimum wage, we might be able to make it so that some of those folks working full time jobs have the money they need to feed their families. I encourage you to do some research and find out what you can do to help address hunger in our state. Write some letters, participate in a demonstration, donate food...do something to make a difference this holiday season.

### HOW TO REACH US

**The Unitarian Universalist Church of Brunswick**  
PO Box 129, Brunswick ME 04011

**Office Hours** at 1 Middle Street are  
Tuesday through Friday from 10-4.  
The office administrator is Shirley Bernier.

**The Minister**, Rev. Sylvia Stocker is on sabbatical and will resume office hours in February.

For information on how to reach  
a **Pastoral Care Associate**, call 207-729-8515

**The Director of Religious Education**, Nicole Shanks, is available by appointment. You can call her at the church office or email her at [uubrunswickdre@gmail.com](mailto:uubrunswickdre@gmail.com).

Monday is the Sabbath for church staff.

**Telephone/Fax: 207 729-8515**  
**E-mail:** [uubrun@zwi.net](mailto:uubrun@zwi.net)  
**Website:** <http://www.uubrunswick.org>



*nicole*

### IMPORTANT RE DATES

**Nov 01:** RE Classes, All Youth

**Nov 08:** RE Classes, OWL

**Nov 15:** RE Classes, Youth Group

**Nov 22:** Intergenerational Thanksgiving & Food Drive

**Nov 29:** Multi-Age Activity– Holiday Crafts

**Dec 06:** Multi-Age Activity– Holiday Crafts

## RELIGIOUS EDUCATION

### YOU ARE INVITED...

...to get to know our UUCB children - just for fun and to enrich our church community.

Consider *assisting* the RE volunteer teachers on one or more Sunday mornings during the church year. The teacher assistant role is simple and fun. While the teachers plan the lesson and oversee the morning, the assistants offer support by providing a second

friendly adult presence and another pair of willing hands. Give it a try! Your help is needed.



For more information contact Nicole Shanks, Director of Religious Education.

The RE program is also looking for *Arts and Crafts-y individuals* who have an idea for a simple craft to lead with small groups of children during RE on either *November 29<sup>th</sup>* or *December 6<sup>th</sup>*. These crafts will be sold in our annual RE Holiday Craft Fundraiser to raise money for local charities. Please contact the DRE if you are interested in helping out the RE program in this way. (uubrunswickdre@gmail.com). Thanks!

### SYLVIA'S SABBATICAL, VACATION AND STUDY SCHEDULE

October 1 through December 31 sabbatical  
 The month of January, combined vacation and study time  
 April 15 to July 15 sabbatical  
 July 15 to August 15 combined vacation and study time.

## WORKING FOR JUSTICE

### NOVEMBER CHARITY WITH SOUL

#### Immigrant Legal Advocacy Project (ILAP)

started as a pro bono effort in 1993 and incorporated as a nonprofit in 2000. Since that time it has grown from a 2-attorney operation to a thriving statewide organization with a dedicated 9-person staff, 130 pro bono attorneys who worked tirelessly for our clients and 60 other volunteers who are trained to work with our clients.

In 2014, these are the numbers that represent human lives changed forever by immigration legal aid provided by our organization:

- ILAP clients originated from 16 counties in Maine
- 2,721 Mainers received direct help from ILAP
- ILAP's *Immigration Clinic* served 1,805 individuals
- 1,578 people attended education and outreach events
- ILAP staff and *pro bono* attorneys provided full legal representation to 457 individuals

Here is the story of one of ILAP's former clients, Tabin Tangila mesu Kamba, from the Democratic Republic of Congo:

While living in the Democratic Republic of Congo with his family, Tabin worked as a human rights activist and educator. In 2011, the presidential elec-

tion generated a great deal of chaos and violence, which caused Tabin to fear for his safety. He knew that if he remained in his native country, the lives of those closest to him, including his pregnant wife and three young children, would be in danger. Tabin made the difficult decision to leave everything he knew behind him and seek refuge in the United States.

A few months after arriving in Maine, Tabin learned about ILAP's services and spoke with a lawyer here. In December, Tabin received word that a lawyer from ILAP's *pro bono* panel would help him with his case. Although it would be a lengthy process, Tabin knew that he had finally found a pathway to stability – personally, financially, and socially. Tabin worked with his lawyer for seven months before he was fully prepared for his scheduled asylum interview in August. After a grueling waiting period, and nearly four months after his interview, Tabin received word that he had been granted asylum. He was overwhelmed with emotion when his lawyer told him the news.

He has enrolled in several classes and he works tirelessly to improve his English language skills. Today he works at a local nonprofit, serving Portland's community members, which he loves.

For more information contact: Loretta Prescott, Development Director at 207-699-4407 or on their website [www.ilapmaine.org](http://www.ilapmaine.org)



ILAP participating in a Spring 2015 General Assistance rally in Portland.

## WORKING FOR JUSTICE

### CHARITIES WITH SOUL 2015-2016

In May & June 2015, nominations were received from the congregation, tallied and then 92 ballots were cast by the congregation to select the 10\* Charities with Soul for the 2015-2016 year. The list was printed in the Annual Report but many have asked for the list, by month. Here they are:

Coastal Humane Society - July 2015  
 Habitat for Humanity/7 Rivers - August 2015  
 Natural Resources Council of Maine - September 2015  
 Boys to Men - October 2015  
 Immigrant Legal Advocacy Project - November 2015  
 The Gathering Place - December 2015  
 Independence Association - January 2016  
 Doctors Without Borders - February 2016  
 Spindleworks - March 2016  
 Tedford Housing - April 2016  
 Maine Hospice Council & Center for End of Life Care - May 2016  
 Midcoast Hunger Prevention - June 2016

\*(Please note that Habitat for Humanity/7 Rivers and Midcoast Hunger Prevention are *always* Charity with Soul recipients)



### MUUSAN

The next meeting of Maine Unitarian Universalist State Advocacy Network will be on **Saturday, November 14 at the Augusta UU from 10am-12pm.**

Here is a bit of history on how state advocacy networks began.

In the work of the Coalition of Unitarian Universalist State Action Networks (CUUSAN) and the State Networks, we acknowledge the importance and value of religious voice in the public debate. The U.S.A. stands proud of its commitment to the separation of church and state. However, separation does not mean silence. And churches have rarely been silent during the history of this country. Religious groups have been at the forefront of many of the major political debates of this country. For UUs, the natural voice of religious leaders combined with our own Principles requires us to be an active voice in the public arena. This is reflected in our history of leadership in many of these debates including the abolition of slavery, work for suffrage rights and civil rights and most recently in the work for marriage equality.

State Networks focus on increasing the power of our voice and making those voices an effective tool for change. The voice of a single church can be very strong, but the building of a network around the state enables us to strengthen the voice of our individual churches and expand our reach, build on-going relationships with legislative leaders, and develop political skills needed to enact the changes we are seeking. But even more importantly, State Networks give visibility to Unitarian Universalists. Through the small acts of many we have the opportunity to become a respected voice in our State Houses for the oppressed, the needy and the poor.

## WORKING FOR JUSTICE

### JOIN THE THIRD SUNDAY FORUM ON PUBLIC POLICY NOVEMBER 15 @ 11:15AM, MAY SARTON ROOM

## MAINE MOMS DEMAND ACTION

Maine Moms Demand Action for Gun Sense is a coalition of Maine moms, survivors of gun violence, law enforcement, faith leaders, domestic violence prevention advocates, and other concerned Mainers that mobilizes to reduce gun violence, improve public safety, and protect our communities.

Currently in Maine, criminal background checks are only required for gun sales at licensed dealers. That means that felons, domestic abusers, and other dangerous people can easily buy guns anonymously from unlicensed sellers—including at gun shows and from strangers they meet online or through classified ads—with no background check required, no questions asked.

**The Maine Background Check Initiative** would close this loophole in Maine by requiring a criminal background check for **every** gun sale in the state, with reasonable exceptions for family, hunting, and self-defense.

**Debbie Atwood** is the Regional Field Organizer for Maine Moms Demand Action for the greater Portland area. A long-time community organizer in Maine and a former Vice Chair of the Brunswick Town Council, Debbie has worked on issues including peace and justice, climate change, and conservation. Debbie was Chair of the Social Action Committee at Allen Avenue UU Church in 2003 and 2004.



Join this informative gathering that begins directly after service.

Grab your coffee and come on in to the May Sarton Room.

If you have questions or want to collaborate on an upcoming third Sunday forum please contact Lynn Ellis at [lynnsellis@yahoo.com](mailto:lynnsellis@yahoo.com) or 207-479-5208.



### VEGAN SUNDAY-NOVEMBER 15

Come join the Vegan Sunday group for a delicious Thanksgiving-themed, plant-based meal on Sunday, November 15, at **noon** in Fellowship Hall. All are welcome. We enjoy eating tasty, nutritious meals and the camaraderie of other vegans and those who want to explore a plant-based diet as a pathway to better health for our bodies and our planet. Sorry, no drop-ins, but if you are planning to come, please RSVP to coordinator Esther Mechler at [brunswick64@gmail.com](mailto:brunswick64@gmail.com) or 798-7955 by Thursday, November 12, and let her know what vegan dish you wish to bring.



## END INEQUALITY LEADERSHIP TEAM

Since its inception in March of this year, the End Inequality Leadership Team has been actively working on its mission to guide a compassionate, respectful process with the congregation to create a focused approach to ending inequality. Our first major task was to gather information in order to determine which inequality issues were the most concerning to our members and friends. The following six categories were mentioned most often in response to our survey: Income; Food/clothing/shelter; Education; Health Care; Gender; and Judicial. These priorities will be reflected in the formation of Focus Groups, which will study the issues and make recommendations to the congregation in the spring of 2016. See below for more information about the Focus Groups.

The topic of inequality has been receiving a great deal of media attention recently. Increased awareness is a necessary first step toward progress, and another ongoing task for the Team is our process of learning and sharing information. We have established a section of the church library devoted to books on the subject of inequality, and the church website now includes *Our Vision: Ending Inequality* under *Church Activities*. Information on the site is organized in several categories: UUA Resources; Causes of Inequality; Homelessness; Public Opinion Polls; Multiple Issues; Income Inequality. Members of the congregation have been helpful in gathering this information, and we encourage communication with the Team via our email address: [end.inequality123@gmail.com](mailto:end.inequality123@gmail.com).

Part of our effort to shepherd the work of the End Inequality initiative in a coordinated way includes staying in contact with other groups in the church. We met initially with the Nominating Committee and Reverend

Stocker to discuss our charge and expectations for the Team. We have since met with representatives of the Long Range Planning, Religious Education, Budget, Working for Justice, Adult Education, and Worship Committees. A representative from our Team attends each Church Council meeting. Another of our goals is to connect with groups outside of UUCB, and we expect that to be one outcome of the Focus Group project. Two people from the congregation have committed to creating a data base of programs already underway within and outside of UUCB.

Many people attended the worship service led by our Team on October 4. Responses from those present were very positive, and we were pleased to have an opportunity for sharing in this way. The goal of ending inequality is, of course, a challenge of major proportions. It may be helpful to keep in mind the quotation from T.H. White in *The Once and Future King* that was shared at the end of the sermon:

*“The best thing for being sad,” replied Merlin, “is to learn something. That’s the only thing that never fails. You may grow old and tremble in your anatomies, you may lie awake at night listening to the disorder of your veins, you may miss your only love, you may see the world about you devastated by evil lunatics, or know your honour trampled in the sinews of baser minds. There is only one thing which the mind can never exhaust, never alienate, never be tortured by, never fear or distrust and never dream of regretting. Learning is the thing for you.”*

**Focus groups** will likely be made up of 4 to 8 members who choose a topic they wish to learn more about. Each group will decide on meeting times and locations, as they are meant to be self-sustaining. We hope each group will commit to studying their focus issue by reading articles, a book, and/or doing online research focusing on each issue and on various solutions that the church might work towards. The process of study and action ideally will be cyclical, with study informing action and *vice versa*. Results of this work will be shared with the congregation in the spring.

Each group will have a facilitator who will go through facilitator training on November 7. It will be the facilitator’s role to create open discussion, inclusion and a positive learning experience for all focus group members.

To volunteer for a focus group, send an email to the End Inequality Leadership Team at [end.inequality123@gmail.com](mailto:end.inequality123@gmail.com). The End Inequality Leadership Team or a facilitator will then contact you to coordinate your initial focus group meeting.

You may email questions to [end.inequality123@gmail.com](mailto:end.inequality123@gmail.com) or talk to any of the End Inequality Leadership Team members: Carol Evans, Glenn Williams, Jim Spicer, Hadley Horch, or Ross Miller.

Thank you. We are looking forward to an engaging year as we begin to pursue UUCB’s exciting vision of ending inequality!

*The End Inequality Leadership Team*

## FUNDRAISING EVENTS

### COMING SOON: HOLIDAY ARTS FAIR!

**SATURDAY, DECEMBER 5**

Yes! It was such fun and such a good fundraiser last year that we're doing it again!

UUCB's annual Holiday Arts Fair will take over most of our church on **Saturday, December 5, 9 to 2 pm**. There will be a café with morning snacks and lunch in the RE room, an art show in the Mae Sarton room, in-house and professional handcrafters and other sales tables and live music in the Sanctuary, handmade wreaths for sale in the entryway.

BUT! There's lots to do to make that happen! **Gretchen Kamilewicz** has agreed to chair the event; **Robin Hansen** will work with the craft area; **Lynn Ellis** volunteered to organize the kitchen/café.

All of us (who want to) pitch in. Jobs range from making items for the UUCB handmade table, cutting tips for wreaths (and making wreaths), baking delicious holiday treats to quick one- to two-hour jobs on the day of the fair — setting up, greeting, serving food, playing music — and on and on.

**Sign up sheets** for myriad "opportunities" —jobs— will be displayed Sundays at hospitality hour. Check them out and see what appeals to you. We need coordinators for each set of jobs too. Hungry for power? Sign up to coordinate the clean-up or the UUCB Handmade table. Or the selling of wreaths. Be in charge of getting the pizzas for the wreathmaking session.

*Join the fun!*

#### UPCOMING FUNDRAISING EVENTS

So far Fundraising events have earned about \$2000 of the \$5,000 that is required for our annual budget. If we earn more than the required amount, we can use the money for outreach!

Sat, Dec 05, 2015 – Holiday Fair

Sat, Mar 12, 2016 – Ellis Paul Concert

Sat, Apr 02, 2016 – Ysaye Barnwell Workshop

\* Sat, Apr 30, 2016 – Church Auction

\* Sat, May 07, 2016 — Outdoor Plant Sale

Sun, May 15, 2016 – Maine Gay Men's Chorus Concert

Sat, June 11, 2015 – Appraisal Fair (Antiques Roadshow)

**\* These events (and dates) are tentative and contingent upon volunteers stepping up as organizers or co-organizers.**

#### POSTPONED

Because of a competing antiques and appraisal event being held at the same time as our original November date, the "What's It Worth" Appraisal Fair has been postponed until

**June 11th.**



THIRD FRIDAY OF THE MONTH  
UNITARIAN UNIVERSALIST CHURCH of BRUNSWICK  
1 MIDDLE STREET

OPEN MIKE SIGNUP - 6:45 PM  
OPEN MIKE START - 7:00 PM  
FEATURED PERFORMER - 8:30 PM  
SUGGESTED DONATION: \$8

# Shipmates

**Alison Lee Freeman** is a 21st century chantey singer with an extraordinary voice easily heard over gale force winds. She specializes in sea chanteys, American folk songs, and popular music from the 1800s. Join in on the chorus for a journey back in time and enjoy history the old-fashioned way through entertaining songs and stories.

For more info: [www.alisonleefreeman.com](http://www.alisonleefreeman.com)



**Charlie Ipcar** has been singing songs of the sea and other folk songs for more than 50 years, has been featured repeatedly at the Mystic Sea Music Festival with his band Roll & Go and as a solo performer. He is also co-editor of a recently published book titled *The Complete Poetry of Cicely Fox Smith*, and has adapted many of her nautical poems for singing.

For more info: [www.charlieipcar.com](http://www.charlieipcar.com)

## Friday Evening, November 20

**Feature set preceded by the Open Mike**

The Side Door Coffeehouse has been a fundraiser for the Unitarian Universalist Church of Brunswick since 1993.  
It is entirely volunteer run.

## MEMBERSHIP

### NEWCOMER'S CHAT

The visitor's table has been humming every Sunday! Since May we have sent personal notes of welcome to over 20 visitors, and added even more to our electronic mailing list. This month we are re-instituting a practice of helping newcomers connect with the congregation through casual conversation after church. Each first Sunday of the month, two members of the Membership Committee will host a "Newcomer's Chat" in the Wendell Berry Room after church. This will be an opportunity for new folks to meet each other, ask questions, and talk about their experience at UUCB and with Unitarian Universalism. If you are new to UUCB (and you can define that however you want!) please join us Sunday, November 1 in the Wendell Berry Room for our first Newcomer's Chat of the year.

### MEMBERS AND FRIENDS DIRECTORY

On November 8th Linda Mallard will be taking photographs for our church directory. If you missed the chance to have your photo taken last year, or you are new to UUCB, stop by the May Sarton Room after church on November 8th if you would like your photo in the directory. If you are a member of UUCB (have signed our Membership Book) or a friend (a person who is actively involved in our church community and/or contributing financially) we invite you to contact Shirley Bernier, UUCB Office Administrator, to obtain the latest version of the Directory. Her preferred method of contact is via email at [uubruns@gwi.net](mailto:uubruns@gwi.net). Shirley will email you an electronic copy of the directory as a PDF document that you can print at home or just file and use electronically. If you don't use a computer, please call Shirley at 729-8515 Tuesday through Friday between 10:00 a.m. and 4:00 p.m. She will mail you a hard copy of the Directory. Please contact Shirley, or drop a note in the "Inbox" outside the UUCB office when you need to make a change to your contact information.

### REMINDER: YOU AND UU CLASS, NOV 7

It's not too late to attend this fall's You and UU class on Saturday November 7 from 9 to 1. This class is designed to introduce people to UUCB and the underlying theology of Unitarian Universalism. In Sylvia's absence, the Reverend Brad Mitchell has agreed to lead the discussion of UU theology. We hope all newcomers to UUCB will join us. Please call Shirley Bernier at the church office, 729-8515, to sign up.

## WOMEN'S ALLIANCE

The Women's Alliance will meet on  
**Tuesday, November 10th,**  
**at 10:00 A.M.**  
 at the church.

Beverages and treats will be provided.

**Nancy Dorian** will present the following program:

### *Doing fieldwork overseas: Volunteering for a second adolescence*



Most of us spend a lot of our adolescence not being sure how to behave. Things gradually get a little clearer for us as we get older and figure out more about how we're expected to behave in our particular corners of our own society. But if you choose to go and do field work in another country where you're a stranger and a different language is spoken, you're immediately back in a situation where you don't know the norms for many behaviors. Why would a young linguist do that, and how would she go about it? What are some of the pitfalls and some of the rewards?

*Please join us; all are welcome.*

### "LIKE" OUR CHURCH ON FACEBOOK!

Please "LIKE" us on Facebook.. The more "likes" we get, the more we can spread our "word." It's also a way for members and friends to keep up with what's going on at the church and see pictures of church activities.

Just go to Facebook.com and search for "UU Church of Brunswick Maine"



## FROM THE BOARD CHAIR

**A**t the Board and Council meetings I attend, I am always struck with what a wonderful, busy church this is, and how many people are involved making things happen. Some of the highlights in November in addition to our regular activities are the new UU Orientation on November 7, the facilitators training for the End Inequality Initiative also on November 7, the Working For Justice policy information session on November 15, the Adult Education Committee program on writing advance directives on November 22! I'm sure there are more! Please notice the inserts in the order of service each week or check out our web site. And all through the month Gretchen Kamilewicz and her great committee of Robin Hansen and Lynn Ellis are gearing up for the Christmas Fair on December 6. I know they would love anyone's help on this project, so know you are needed and appreciated. Even if you can't help, please attend the fair and support their efforts and our church. I understand the soups and other food at the lunch are great!

The Board is also busy working on our goals. As the first step in implementing an integrated church information system, a much-needed new computer is being purchased for the office to help Shirley be able to do many more things efficiently. Our newly formed Personnel Committee is working on assuring that we are compliant with our newly approved Safety Policy in terms of staff needs. In

addition, in an effort for visibility, especially while Sylvia is on sabbatical, board members will be doing the welcome and announcements at the beginning of some Sunday services. (Committee heads will be sharing in this.) We will also be putting a ribbon on our name tags so you may be able to identify us during coffee hour. Please introduce yourselves to us, or speak to us about any issues that might need our attention. We are on the board to represent you, and want to make sure your time at UUCB is pleasant and interesting.

You will notice another change. At long last, the lettering on the outside sign announcing our name on Middle Street will be repainted this month to increase visibility. The gold lettering, although beautiful, was hard to read, especially if the light hit it wrong. If we are happy with the results, we will be investigating the possibility of also repainting the lettering on the signs with the quotes on both Pleasant and Middle Street.

As we wind into cooler weather, UUCB activities will go into full swing. If you would like to be involved in any way, you are most welcome. There is a listing of committees and their contacts on the Membership Committee table in each service. Joining a committee for even a short term task is a sure way to get to know people better at UUCB.

*Mary Larson, Chair*



## ADULT EDUCATION

The Adult Education Task Force  
invites you to an all-church workshop on

# Developing Our Own Wishes for End-of-Life Care

**Sunday, November 22, 2015**  
**11:30 am – 12:30 pm**  
**in the Sanctuary**

Facilitated by **Andy Sokoloff**, LMSW,  
Grief and Bereavement Coordinator, CHANS Hospice Care Program

In a follow-up to our August 16 and October 4 discussions  
we will address these five key end-of-life questions:

- ◆ Whom do I want to make care decisions for me when I cannot?
- ◆ What kinds of medical treatment do I want/do not want?
- ◆ How comfortable do I want to be?
- ◆ How do I want people to treat me?
- ◆ What do I want my loved ones to know?

Workshop participants will receive a copy of “Five Wishes”  
which meets the state of Maine’s official requirements for living wills.

ADMISSION IS FREE – PLEASE INVITE FRIENDS

## SOLAR UPDATE



It has been a good Summer for the UUCB solar Power.

This summer, we have generated a little more than 11000 Kwatthrs and of that amount we have banked about 3400 Kwatthrs with CMP to be used this coming winter.

Our best solar day was May 23 when we produced 101 Kwatthrs.

The total amount of power generated by our system from the installation at the end of February of last year is about 29300 Kwatthrs.

That is a value of more than \$ 3000.

*Solar greetings from Erik*

SAN =  
Sanctuar  
FEL =  
Fellow-  
ship Ho

# NOVEMBER 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>1</b></p>  <p><b>10 Church Service</b> <b>10:15 RE Classes</b> <b>11:00 Newcomers Chat:</b> WBR</p>	<p><b>2</b></p> <p><i>Office Closed</i></p>	<p><b>3</b></p>  <p><b>4-6 Membership :</b> MSR <b>6 RE Committee :</b> MBR <b>6:30 Worship:</b> MSR <b>6:30 Worship:</b> MSR</p>	<p><b>4</b></p> <p>9-2 UU Ministers Association: SAN <b>3 Writers Group:</b> MSR <b>7 Council:</b> MSR</p>	<p><b>5</b></p> <p><b>12 Noon Deadline:</b> "This Week" email &amp; Order of Worship <b>7 Choir:</b> SAN</p>	<p><b>6</b></p> <p><b>11:00 Fellowship Gallery Committee:</b> MSR Tedford Shelter Meal 5:30-10 RENTAL</p>	<p><b>7</b></p> <p><b>9-1 You and UU Class:</b> SAN <b>9-4 End Inequality Facilitator Training:</b> MBR</p>
<p><b>8</b></p> <p><b>10 Church Service</b> <b>10:15 RE Classes</b> <b>11 Photos:</b> MSR <b>12 Green Sanctuary:</b> MSR 3 RENTAL (Daponte Concert)</p>	<p><b>9</b></p> <p><b>5:30 Concert Committee:</b> WBR <i>Office Closed</i></p>	<p><b>10</b></p> <p><b>12 Women's Alliance:</b> MSR &amp; FEL <b>5 Finance:</b> MSR <b>6:30 Stories :</b> WBR <b>7:30 Pastoral Care:</b> MSR</p>	<p><b>11</b></p>  <p><b>Veterans Day</b></p>	<p><b>12</b></p> <p><b>12 Noon Deadline:</b> "This Week" email &amp; Order of Worship <b>12:30 Thursday Chalice Circle:</b> MSR <b>7 Choir:</b> SAN</p>	<p><b>13</b></p> <p><b>10:30 Buildings &amp; Grounds:</b> MSR <b>10:30 Friday Chalice Circle:</b> WBR <b>3:30 End Inequality:</b> MSR</p>	<p><b>14</b></p> <p>10-12 MUUSAN: Augusta UU Church</p>
<p><b>15</b></p> <p><b>10 Church Service</b> <b>10:15 RE Classes</b> <b>11:30 3rd Sunday Public Forum</b> <b>12:00 Vegan Lunch:</b> FEL</p>	<p><b>16</b></p> <p><i>Office Closed</i></p>	<p><b>17</b></p> <p><b>3 Tuesday Afternoon Chalice Circle</b> <b>6:30 Board:</b> MSR</p>	<p><b>18</b></p> <p><b>3 Writers Group:</b> MSR</p>	<p><b>19</b></p> <p><b>12 Noon Deadline:</b> "This Week" email &amp; Order of Worship <b>7 Choir:</b> SAN</p>	<p><b>20</b></p> <p><b>7 Side Door Coffeehouse (Shipmates)</b> <b>5 Parish Messenger Deadline</b></p>	<p><b>21</b></p> <p>RENTAL 5:30-10: SAN <i>Office Closed</i></p>
<p><b>22</b></p> <p><b>10 Thanksgiving Intergen Service</b> <b>New Member Recognition</b> <b>11:30 Adult RE:</b> SAN <b>12 Sunday Chalice Circle:</b> WBR</p>	<p><b>23</b></p> <p><b>12 Noon Deadline:</b> "This Week" email &amp; Order of Worship <i>Office Closed</i></p>	<p><b>24</b></p> <p><b>6:30 Stories :</b> WBR</p>	<p><b>25</b></p> <p><b>12 Office Closing</b> Men's Luncheon Off Site</p>	<p><b>26</b></p> 	<p><b>27</b></p> <p><i>Office Closed</i></p>	<p><b>28</b></p> <p><i>Office Closed</i></p>
<p><b>29</b></p> <p><b>10 Church Service RE: Holiday Crafts</b> <b>11:00 Newcomers Chat:</b> WBR <b>12 Sunday Chalice Circle:</b> WBR</p>	<p><b>30</b></p> <p><i>Office Closed</i></p>	<p><b>Dec 1</b></p> <p><b>4-6 Membership :</b> MSR <b>5 Internal</b> <b>6 RE Committee :</b> MBR <b>6:30 Worship:</b> MSR</p>	<p><b>Dec 2</b></p> <p><b>3 Writers Group:</b> MSR</p>	<p><b>Dec 3</b></p> <p><b>12 Noon Deadline:</b> "This Week" email &amp; Order of Worship <b>7 Choir:</b> SAN</p>	<p><b>Dec 4</b></p> <p><b>11:00 Fellowship Gallery Committee:</b> MSR</p>	<p><b>Dec 5</b></p> <p><b>9-2 UUCB Holiday Fair</b> <i>Office Closed</i></p>

## ANNOUNCEMENT SUBMISSIONS/DEADLINES

If you have items to be placed in the "This Week" email, Announcement Insert (The green sheet) or the Order of Worship, please submit it to Shirley, the office administrator, by **Thursday at 12:00 pm (except Thanksgiving week)**.

If you want an announcement or article to appear in the monthly Parish Messenger, send it to the newsletter editor, Sue Michaud, on or before the **3rd Friday of each month** (usually). The deadline for the December Parish Messenger is **Friday, November 20th**. (michaud\_susan@comcast.net)